

Family Engagement

July & August 2019

Get to Know your School

Helping at Home

Each family member can help and support academic success. Students need different support as they progress through school—and just because they've made it to middle school or high school doesn't mean they don't need you any more, they just need you differently.

Kindergarteners, sixth, and ninth graders are all in BIG transition years. They will need courage, support, encouragement and the opportunity to share with you what is happening in their world.

All grades: Ask specific questions...not what did you learn to day? You know what they will say!

- What kind action did you see today? Do today?
- What was the hardest thing you had to do today?
- Who did you play with today?

Talk to your child's teacher(s). Let them know what your child's interests and strengths are. Teachers and families are the team that works together for the best education for your child.

Backpacks—check them daily in elementary, and weekly in middle and high school! Many flyers and notices come home by way of the backpack only to be left crumpled at the bottom of a bag. It also helps lighten the backpack of clutter and distractions.

READ! Read with and to your child. Let them see you reading. Remember: **YOU are the biggest influence on your child's academic success.**

- School Name:
- School phone number:
- Who is the principal?
- Who is the nurse?
- Who is the guidance counselor?
- Who is the cafeteria manager?
- When does school start and end?
- Who are my children's teachers?
- When does the Title I Parent & Family Engagement Team meet?
- When does the PTO and SAC meet?



Early bedtimes

Sleep is the building block for healthy brain development. It helps us process the day's events and learn from them. Kids' brains are constantly developing and creating new neural connections. They absolutely must get sleep to nurture these connections.

Between kid activities, school, and always squeezing in tech time, kids are going to bed later and having a difficult time settling before sleep. One of the most basic things you can do for your kids' behavior, health, and well-being is to help them get the sleep they need.

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CCPS Title I Resource &
Family Engagement Liaison

http://www.lovethefamily.com/boundaries-routines-and-early-bedtimes-13-habits-that-raise-well-adjusted-kids/?utm_source=lwm&utm_medium=share&utm_campaign=email