



Happy August, Panther Families! It is hard to believe we have been in school several weeks already! Our students have been working on routines, getting to know their "teammates" and coaches, and making new friends. We are already off to a great start, and need your help by ensuring that your child arrives to school on time, and stays in school all day. We look forward to seeing our families at our scheduled Family Engagement events, Spirit Nights, and other events this year.

 Kindergarten Corner 

Our Kindergarten Panthers have spent the first few weeks of school learning routines, making new friends, and having fun! We have completed circle maps about ourselves, read Chicka, Chicka Boom Boom and created our own Chicka trees. We are learning to write our letters properly, and have completed the first entry in our Name Journals. It will be so exciting to track our progress throughout the year. The students are always amazed at the way they wrote their names at the beginning of the year, compared to the way they will write their names at the end of the year. In math, we are learning that math is everywhere-home, school, stores, playground, etc. We are concentrating on the numbers 0-5, learning to count out that amount of objects, write the numbers correctly, and sequence the numbers in order. In Science, we are learning that we are all scientists, using our five senses to explore and discover new things. In Social Studies, we are learning that it is important to follow rules because they keep us safe. We thank you for all of your support! Expect great things from our littlest Panthers as the year progresses!

Your Kindergarten Team

 Music Notes 

Third Grade Panthers: There will be a recorder order information sheet and order form coming your way soon! Recorders are \$4 each, including a cloth bag and a cleaning rod. They come in six different colors and are in preparation for our field trip to see the Punta Gorda Symphony in the Spring of 2024. During this event, 3rd grade students from across the county play their recorders along with the Punta Gorda Symphony on a couple of pieces after being taught by, and practiced with their individual school music teacher.

Panther Chorus: There will be a Panther Chorus this school year! Panther Chorus is made up of students in grades 3-5, and will be coached by Ms. Navarro (music teacher) and Ms. Hirschy (paraprofessional). We are looking forward to rehearsals happening on Tuesdays after school from 3:10-4:15pm in the music room.

There is NO CHARGE to participate, however we do require that chorus students have a performance outfit consisting of long black pants/slacks, black shoes and socks, and a white collared shirt (no logo or writing). All students MUST have permission to be photographed, especially out in public. Be on the lookout for a permission slip and information sheet with start dates and concert details.

Angela Navarro  
Music Teacher, PRES

Wellness with Wally

Exercise and healthy eating habits are important to maintaining a healthy lifestyle. I encourage our Panthers to get at least 30 minutes of exercise each day, making sure to stay hydrated during this extra-hot summer! Along with exercise, eating healthy snacks is important. Each month, I will share a favorite healthy snack recipe for families to try at home. My family loves this Tropical Fruit Salad, and I hope you enjoy!



Tropical Fruit Salad

Ingredients:

- 2 oranges peeled and halved
- 12 oz. fresh strawberries, quartered
- 2 mangoes, chopped
- 4 kiwis, peeled and chopped or sliced

Dressing:

- 3 tablespoons lime juice
- 1 tablespoon maple syrup

Preparation:

1. Combine all ingredients in a large bowl.
2. Mix the dressing ingredients together and spread over fruit, mix well.
3. Enjoy!

August 2023

- August 1st: Family Center open 8:00-8:35am, AR Monthly Challenge activity
- August 4th: NO SCHOOL FOR STUDENTS, Professional Development Day for teachers
- August 8th: Family Center open 8:00-8:35am, paw print pencil bag give-away, SPIRIT NIGHT at McDonald's (Peachland location)
- August 11th: Family Center open 8:00-8:35am AND 3:10-3:45pm
- August 15th: Family Center open 8:00-8:35am, SAC Meeting in the Media Center at 4:00pm, PTO immediately following
- August 16th: Family Math Night @ Winn Dixie (Promenades location) 6:00-7:00pm
- August 18th: Family Center open 8:00-8:35am AND 3:10-3:45pm
- August 22nd: Family Center open 8:00-8:35am, taco bookmark give-away
- August 23rd: SPIRIT NIGHT at Rita's!
- August 25th: Family Center open 8:00-8:35am AND 3:10-3:45pm.
- August 29th: Family Center open 8:00-8:35am, AR Monthly Challenge activity

Panther Pics

