Champ's Café May Menu Charlotte County Public Schools 2024

Middle School

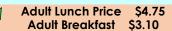
Champ's Café is inviting all students to participate in the free meals program.

Participation for free meals is not mandatory.

Students can still bring a lunch from home.

If bringing a lunch from home, the meal can still be supplemented by obtaining 3 food items, one of which must be a one-half cup of fruit or yeaetables.

Extra food and USDA "Smart Snack" approved items are available to purchase. Champs Café Accepts Cash & Checks payable to Champ's Café.



Track your meals and account balance for FREE at www.PayPams.com

	Weekly	Breakf	ast	Menu	
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Monday FRUIT & 100% JUICE DAILY

Cereal w/ Muffin or Waffles, Raisins, Low-Fat Milk

Tuesday FRUIT & 100% JUICE DAILY

Sausage Biscuit or Choice of Cereal w/ WGR Pop Tart, Low-Fat Milk

Wednesday FRUIT & 100% JUICE DAILY

Bagel Breakfast Sandwich or Choice of Cereal

& Bagel Half, Low-Fat Milk

Thursday FRUIT & 100% JUICE DAILY French Togst Sticks or Choice of Cornel W/

French Toast Sticks or Choice of Cereal w/ WGR Muffin, Low-Fat Milk

Friday FRUIT & 100% JUICE DAILY

Yogurt, Choice of Cereal,

Cinnamon Roll, Low-Fat Milk

Alternate Lunch Entrees: Chef Salad, Deli Sandwich, Wraps, Chicken Fillet,

Cheeseburger, Hamburger, Spicy Chicken,

"Grab & Go" options daily - check your

menu board in the Café for daily selections

Our ala carte offerings meet the guidelines of The Alliance for a Healthier Generation and are USDA "Smart Snacks"



Week Five:

Happy Summer Break!

This institution is an equal opportunity provider and employer.