

RESOURCES FOR PARENTS AND STUDENTS:

Scan below for a list of community counseling agencies as well as some helpful tips!



CCPS MENTAL HEALTH + WELLNESS WEBSITE:

<https://www.yourcharlotteschools.net/Page/23347>

CCPS SCHOOL BASED MENTAL HEALTH SERVICES + PROCEDURES:

<https://www.yourcharlotteschools.net/Page/28552>



STATEMENT OF NON-DISCRIMINATION

The School Board of Charlotte County does not discriminate (including anti-Semitism [as defined in Bylaw 0100]) on the basis of race, ethnicity, color, national origin, sex (including sexual orientation, transgender status, or gender identity), recognized disability, pregnancy, marital status, age (except as authorized by law), religion, military status, ancestry, or genetic information which are classes protected by State and/or Federal law (collectively, "protected classes") in its programs and activities, including employment. The School Board also ensures equal access for Boy Scouts of America and other identified patriotic youth groups, as required by 34 C.F.R. §108 (Boy Scouts Act). (School Board Policy 1122, 3122, 4122)

The District Title IX Coordinators and Equity Compliance Officers for the District are Adrienne McElroy (Director of Human Resources), available at (941) 255-0808 Ext 3090, Patrick Keegan (Assistant Superintendent for Human Resources and Employee Relations), available at (941) 255-0808 Ext 3122, and Michael Desjardins (Assistant Superintendent for School Support), available at (941) 255-0808 Ext 3073. The District Section 504 Compliance Coordinator and ADA Coordinator is Rebecca Marazon (Coordinator of Psychological Services), available at (941) 255-0808 Ext 2151. (School Board Policy 2260)



MENTAL HEALTH + WELLNESS

Charlotte County Public Schools has a team dedicated to addressing the mental health needs of our students. The school social worker, school psychologist, and school counselor work in collaboration with school administration and staff to address the needs of each individual student. Our school-based mental health team members also collaborate with the FLDOE to acquire the most up-to-date information and resources to share with students, staff, and families.

WE ARE HERE TO HELP.



Mental health is important at every stage of life. Addressing mental health needs in school is critically important because 1 in 5 children and youth have a diagnosable emotional, behavioral, or mental health disorder. Furthermore, 1 in 10 young people have a mental health challenge that is severe enough to impair how they function at home, school, or the community.

POSSIBLE SIGNS AND SYMPTOMS OF MENTAL HEALTH CHALLENGES:

- Persistent sadness
- Avoiding social interactions
- Feelings or acts of self harm
- Talk of death or suicide
- Extreme irritability
- Out of control behavior
- Change in eating habits
- Extreme weight changes
- Difficulty sleeping
- Frequent stomach or headaches
- Difficulty concentrating
- Changes in academic performance
- Avoiding or missing school

(Mayo Foundation for Medical Education and Research. (2022, March 2). *Worried about your child's mental health?* Mayo Clinic. Retrieved June 7, 2022, from <https://www.mayoclinic.org/healthy-lifestyle/childrens-health/in-depth/mental-illness-in-children/art-20046577>)

CCPS SCHOOL-BASED MENTAL HEALTH TEAM:



School-based mental health professionals are here to support the social, emotional, and behavioral needs of students and families in Charlotte County Public Schools consistent with Florida's *Heath & Character Education Standards*.

In addition to supporting health and character education for all students, school-based mental health staff members are available to provide services to students that are requiring a higher level of support. Parent contact will be made if school-based mental health services are recommended. Parents have the right to consent to or decline any of the following services.

- Individual Counseling
- Group Counseling
- On-going Mentoring

ADDITIONAL RESOURCES AVAILABLE

- Community/financial resources
- Services for families in transition
- 504 implementation & planning
- Psycho-educational assessment information
- ELL planning & support
- Hospital homebound instruction
- College or post secondary planning
- Career planning
- Academic advising

SCAN BELOW FOR A LIST OF SCHOOL-BASED MENTAL HEALTH STAFF

