



SCHOOL ENVIRONMENT BEST PRACTICES

- ◆ Create walking paths on campus.
- ◆ Allow time for hand washing before lunch.
- ◆ Have a wellness resource area at school.
- ◆ Work to make the campus “green.”
- ◆ Provide daily health and wellness announcements.
- ◆ Give monthly wellness focus for entire school.
- ◆ Explore internet sites for ideas to implement.
- ◆ Teach students proper mealtime manners for dining out.
- ◆ Ask teachers to volunteer to eat with the children occasionally.
- ◆ Begin a fly-fishing club.
- ◆ Increase awareness of disease prevention with handouts and posters.
- ◆ Encourage recycling of paper and aluminum cans
- ◆ Create a campus clean up promotion.
- ◆ Encourage staff/students to use Wii programs

