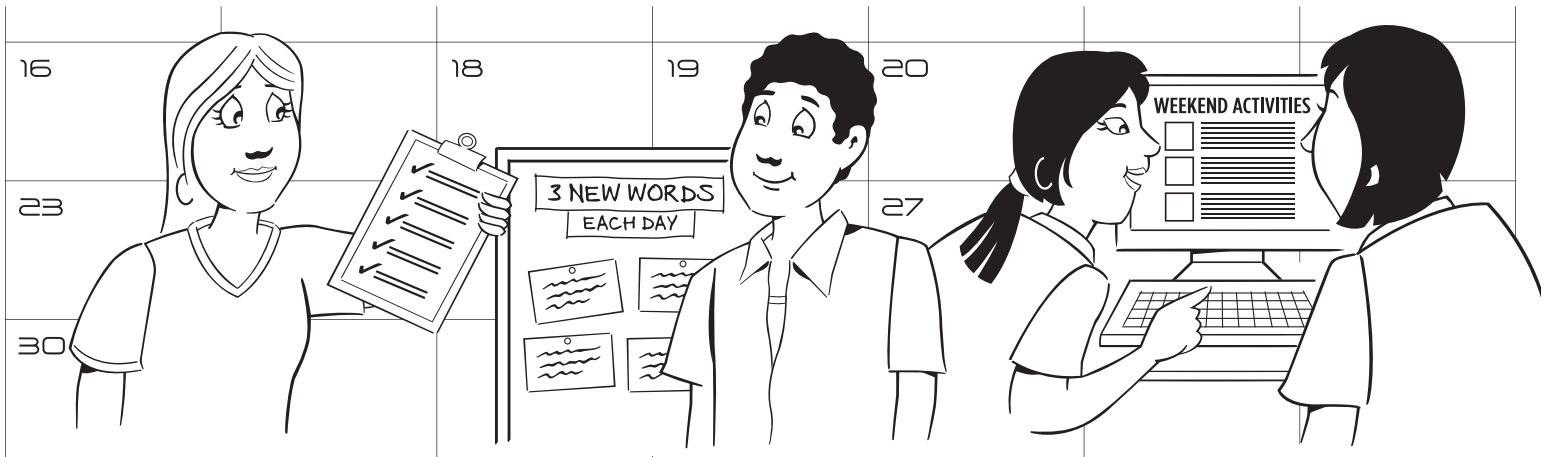


# Parent Pointers

## Calendar

Wellsville Central School District  
Title I Parent Engagement Program



THE PARENT INSTITUTE®

March • April • May 2016

Parent Pointers Calendar							High School <b>Parents</b> <i>still make the difference!</i>
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>March</b>		<b>1</b> Cut out a cartoon your teen will enjoy. Leave it by his place at breakfast.	<b>2</b> Be an attentive listener! This will improve communication with your teen.	<b>3</b> Call out words from the dictionary during breakfast. See who can spell them.	<b>4</b> Do an annual allowance review. You may give more, but expect more responsibility in return.	<b>5</b> Encourage your teen to volunteer. She can help her community while learning about others.	
<b>6</b> Host a team or club party. Seeing your teen's peers will give you new insights into his character.	<b>7</b> Don't label your teen (Alex is the shy one). Kids tend to live up to the labels parents create for them.	<b>8</b> Talk to your teen about the importance of school attendance. Attendance is also important in the working world.	<b>9</b> Encourage your teen to spend a few minutes listening to music she doesn't normally listen to.	<b>10</b> Is your teen studying a foreign language? Have him look online for publications and websites in that language.	<b>11</b> Schedule regular trips to the library. Have a box or basket where you keep library books so fines don't accumulate.	<b>12</b> Test observation skills. Challenge each other to describe someone you just passed on the street.	
<b>13</b> Take a walk with your teen and use all five senses to observe the world around you.	<b>14</b> Talk to your teen about why honesty is so important. Point out people who demonstrate honesty.	<b>15</b> Watch the news together. Have your teen locate on a world map one place mentioned.	<b>16</b> Limit interruptions during your teen's homework time. Snack and stretch breaks are OK, though.	<b>17</b> At your teen's next checkup, offer to leave the room so she can talk to the doctor privately.	<b>18</b> Has it been a hard week at school for your teen? Go out together for a treat this evening.	<b>19</b> Keep your teen's math skills sharp. Have him estimate the tax on a purchase.	
<b>20</b> Take your teen out for breakfast or fix her favorite at home. Enjoy spending time together.	<b>21</b> If your teen wants a job, limit it to 10 hours a week. Don't let your teen work on school nights.	<b>22</b> Challenge family members to learn and use three new words a day. That's over 1,000 words a year!	<b>23</b> Don't allow drinks with caffeine at night. They can deprive your teen of needed sleep.	<b>24</b> Teach your teen the difference between goals and dreams. A goal is a dream with a deadline.	<b>25</b> Make plans to do something together with the family of one of your teen's friends.	<b>26</b> Talk with your teen about dating. Share your values and standards.	
<b>27</b> Enjoy a physical activity with your teen. You'll both get exercise—and it may lead to interesting conversation.	<b>28</b> Watch the news with your teen. Have him choose one story and compare it with a news article on the same topic.	<b>29</b> Girls who play sports have more self-esteem and score higher on college entrance exams than those who don't.	<b>30</b> Take turns making statements with your teen and identifying each one as either <i>fact</i> or <i>opinion</i> .	<b>31</b> Start a conversation with your teen by noticing nonverbal messages. If you see him smile, say, "You seem happy."	<b>2016</b>		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>April 2016</h2>					<b>1</b> Be aware of graduation requirements. Don't wait to get the facts!	<b>2</b> Help your teen prepare a résumé. It will help him when he applies for a summer job.
<b>3</b> Is your teen getting enough exercise? Take a brisk walk together today.	<b>4</b> Discuss an international news event with your teen. How is it affecting your country?	<b>5</b> Skim over your teen's homework assignment and ask her questions to help her review.	<b>6</b> Help your teen make a to-do list. Organization is a stepping stone to independence.	<b>7</b> Ask your teen who his role models are. You may learn something new about him.	<b>8</b> At bedtime tonight, tell your teen a story about yourself at her age.	<b>9</b> What are your teen's special interests? Help him find books in the library about them.
<b>10</b> Challenge your teen to figure out the perimeter and area of her bedroom.	<b>11</b> Ask your teen if he's thought about education or career plans after high school. What is he considering?	<b>12</b> If your teen has an Instagram account, ask to see it. Talk about the pictures she posts.	<b>13</b> Talk with your teen about mistakes. How can people learn from their mistakes?	<b>14</b> Do you have to drive your teen to activities? Use car time to talk.	<b>15</b> Make it a no-TV night tonight. Have everyone read instead.	<b>16</b> If your teen is an athlete, leave coaching to the coach. Sideline coaching distracts players and will embarrass your teen.
<b>17</b> Start a project with your teen, such as repairing or building something.	<b>18</b> Ask your teen to suggest nutritious snacks to have on hand.	<b>19</b> Set a technology curfew. TVs, computers, tablets and phones must be turned off for the night at a certain time.	<b>20</b> Encourage your teen to give a gift anonymously to a student in need.	<b>21</b> Admit and apologize to your teen when you're wrong.	<b>22</b> Teens often feel peer pressure to try alcohol. Talk to your teen about ways to say <i>no</i> .	<b>23</b> Is your teen's room messy? Set the timer for a 15-minute pick-up blitz before he gets together with friends.
<b>24</b> Enjoy some physical activity with your teen today.	<b>25</b> Notice whether your teen is completing homework on time. Praise her responsibility.	<b>26</b> Remind your teen that there are no stupid questions. If he wants to learn, he should ask questions in class.	<b>27</b> Give your teen love and attention without making her the center of attention all of the time.	<b>28</b> Tell your teen that effort is more important than ability when it comes to success.	<b>29</b> Remind your teen to choose his friends carefully. People will judge him in part by who his friends are.	<b>30</b> When your teen studies for a test, have her start at a different place in her notes every time.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Respect your teen's growing need for privacy. Don't snoop or pry unless you are genuinely concerned about her safety.	<b>2</b> Teens are very busy at this time of year. Make sure your teen gets plenty of sleep.	<b>3</b> Does your teen have final exams coming up? Talk to him about his study schedule.	<b>4</b> Will your teen apply for a summer job? Have her ask teachers and others now for permission to list them as references.	<b>5</b> Talk with your teen about how you appreciate your education. Or talk about why you wish you'd learned more.	<b>6</b> Talk to your teen about credit cards. Irresponsible credit card use can negatively affect a person's financial future.	<b>7</b> Many colleges offer summer programs for high schoolers. Help your teen start gathering information now.
<b>8</b> When you watch TV, ask your teen questions: "Did that person make a good decision?" "What would you have done?"	<b>9</b> See if you can find someone in a job that interests your teen. Could she visit this person at work?	<b>10</b> Remind your teen how important it is to turn in work. Just one zero can bring down a grade an entire letter.	<b>11</b> Talk about stereotypes with your teen. Discuss why they're unfair.	<b>12</b> What's the best way to prepare for college entrance tests? Turn off the TV and read every day.	<b>13</b> Don't use technology time as a reward or punishment. It will make it seem even more important to your teen.	<b>14</b> Let your teen help you make a family chore chart. Everyone can check off jobs as they are finished.
<b>15</b> Peer pressure can be positive. Encourage group activities like sports and volunteering.	<b>16</b> Now is the time to start thinking about what your teen will do during the summer. A job? Volunteering? Camp?	<b>17</b> Teens remember more from two 20-minute study sessions than from one 40-minute session.	<b>18</b> Ask your teen to draw a diagram of something he is learning in school.	<b>19</b> Make up trivia questions about your family. Quiz one another at the dinner table.	<b>20</b> How many times a day does your teen check social media? Challenge her to keep track.	<b>21</b> Take your teen to the library. Check out two copies of the same book so you can read together.
<b>22</b> Ask your teen to plan and schedule a fun family night.	<b>23</b> Ask your teen which assignments from this past school year he thinks he'll remember five years from today.	<b>24</b> Avoid criticizing your teen unnecessarily.	<b>25</b> Think of a location anywhere in the world. Take turns telling one thing you would like to see there.	<b>26</b> Talk about the advertisements when you're watching TV with your teen. How are they trying to persuade viewers?	<b>27</b> Plan a special activity to celebrate the end of the school year. Take your teen out for ice cream or fix a favorite meal.	<b>28</b> Let your teen invite friends to stay for a family dinner. It's a great way to learn more about her peer group.
<b>29</b> Teens need time alone with their thoughts and feelings. Suggest activities your teen can do alone.	<b>30</b> In many schools, teens pull year-end pranks. Talk about what's acceptable and what isn't.	<b>31</b> Help your teen set some specific learning goals for the summer.	<h2>May 2016</h2>			

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