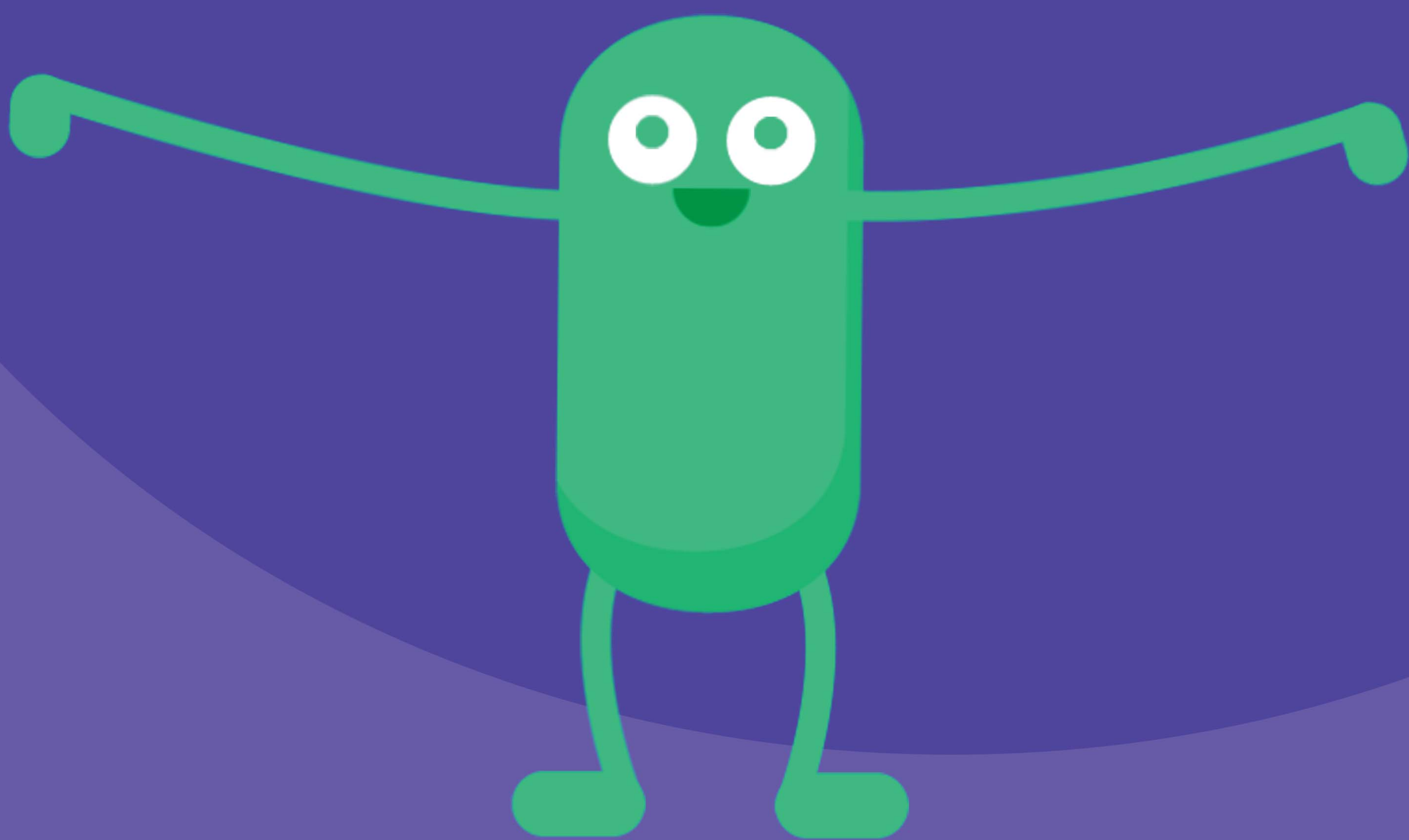Use your **ARMS** to hug a pet
And to keep your clothes from getting wet
And to wear your favorite sleeves
And to help you fly in make believe.

Use your arms when you're online
To take a break and balance time
And to leave your tech behind
And to find yourself a tree to climb.

common
sense