

Mexico Academy and Central Schools

Learn to Swim Program

Mexico High School

Mexico, NY 13114

Mexico Central School is offering swim lessons for children **6 months and older** (including adults) beginning June 10th through August 16th, 2024. The fees are as follows:

- \$35.00 for 1 child, per session
- \$50.00 for 2 children in the same family, per session
- \$70.00 for 3 or more children in the same family, per session

****Please check out our In-School Session #2 this year. ****

Class Sessions Offered (Be sure to look in the boxes on right for the Class Times)

Session #1 June 10th-June 14th **Parent and Me Class (6mo- 3yrs)**

****Parents must enter the water with their Child****

Please sign up for the appropriate AGE time slot.

**Parent and Me Class
Time Offerings**

A. 4:00- 4:25
6 mon-1yr ONLY

B. 4:30-4:55
2- 3yr olds

Children Must be 4 years old to Participate in #2-#5

Session #2: June 17- June 28th **Monday- Wednesday ONLY**

*** No Class June 19th***

In School Session #2 Mon-Wed

1. 4-4:25
2. 4:35-5
3. 5:10-5:35

Session #3: July 8th – July 19th Monday- Friday

Session #4: July 22nd - Aug 2nd Monday- Friday

Session #5: Aug 5th - Aug 16th Monday- Friday

Sessions 3-5 Time Slots ONLY

1. 9-9:25
2. 9:35-10
3. 10:10- 10:35
4. 10:45-11:10
5. 11:20- 11:45
6. 11:55- 12:20

Classes will be offered in the following Skill Levels:

-Introduction to Water Skills (Non-Swimmer-Beginner/Level 1)

MUST BE 4 YEARS OLD for Level 1

-Fundamental Aquatics (Beginner Swimmer -Level 2)

-Stroke Development (Building Skills- Level 3)

-Stroke Improvement (Strengthening Skills- Level 4)

-Stroke Refinement (Coordination of Strokes- Level 5)

-Fundamentals of swimming (Level 6)

Questions? Please email Lindsay Rodas, Learn to Swim Coordinator, at

lrodas@mexicocsd.org OR 315-963-8400 ext 3305

Learn to Swim Program Registration Form 2024

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Name of Swimmer _____ Age: _____

Parent/Guardian _____ Telephone: _____

Address _____

Briefly describe your child's swimming ability or indicate completed Red Cross Level

List any medical conditions that we should be aware of (i.e.; seizures, hearing, visual, etc.)

Register for your session(s) below, according to the schedule listed. You can assume your first choice will be accepted unless notified otherwise.

Session(s) I am registering for:

Session Date _____ and Time _____

Session Date _____ and Time _____

Please note the following fees:

- \$35.00 for 1 child, per session
- \$50.00 for 2 children in the same family, per session
- \$70.00 for 3 or more children in the same family, per session

Please send your completed form and check or money order, payable to **MACS Treasurer**, to:

MACS Learn to Swim Program
Mexico High School—Athletic Dept
3338 Main Street Mexico, NY 13114