



BEE WELL!



MENTAL HEALTH AWARENESS MONTH CAMPUS COMMUNITY EVENTS

WEEK THEME

FRIDAY MAY 3, 2024

GRATITUDE

GRATITUDE CHAINS

Gratitude helps us feel more positive emotions, remember good experiences, improve our health, deal with adversity, and build strong relationships. Practice gratitude today by writing what you are thankful for, adding to the chain!

FRIDAY MAY 10, 2024

SELF-CARE

DISTRICT DIGITAL DETOX.

Take a break from the tech-takeover! This Mental Health Awareness Month, our district is having a Digital Detox Day. It's a chance to ditch the devices, play games, collaborate, hold class discussions and be more present in our day.

FRIDAY MAY 17, 2024

NATURE

CHALK THE WALK

Spread love and positive energy! Write positive messages/ draw illustrations for your peers and other community members in front of the school building. Read positive messages from other schools.

THURSDAY MAY 23, 2024

EXPRESS YOURSELF

HIVE HYPE BANNERS

Spread love and positive energy! Come into school today to find positive messages from your peers in other buildings. Banners will be hanging in main entrances when students arrive in the morning! Who will your school's banner be from?

FRIDAY MAY 31, 2024

BVILLE SPIRIT WEEK

GREEN OUT

WEAR GREEN TODAY! Did you know that green is the color for Mental Health Awareness? Green signifies new life, new growth, and new beginnings. Find your favorite green and wear it to show support on this day!

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