### 2024-25

# Middle School Interscholastic Athletics Program Overview (grades 6-8)

### Season #1

### Basketball (B/G)

August 19 - October 5, 2024

One boys and one girls team from each school.

7 week season

Week of August 19 – Try-outs/Practice (August 20th No School)

Week of August 26 – First full week of Practice and first game of the season.

### Games: 6 game regular season, all games played on Thursdays

August 29th, September 5th, 12th, 19th, 26th, October 3rd

Game time: 5:30/6:30 pm

\*Game times will rotate between boys and girls

Playoffs at PCHS on October 5th (Saturday). Detailed playoff schedule forthcoming.

### Season #2

#### Volleyball (G)

October 14th- December 9th, 2024

7 week season

Week of October 14th – (The 14th is a Teacher Work Day) Try-outs/Practice

Week of October 21st – First full week of practice and first game of the season.

# Games: 6 game season, all games played on Thursdays.

October 24th, 30th (Wed.) November 7th, 14th, 21st December 5th

Game time(s): 5:30pm

Playoffs at LBHS on December 7th (Saturday). Detailed playoff schedule forthcoming.

# \*\*No practices or games during Thanksgiving Break

### Season #3

### **Track and Field**

Jan 27th - Feb 8, 2024

One boys and one girls team form each school.

Team Rosters are final on Friday, January 31st.

Event Rosters are due by Wednesday February 5th.

County meet: Feb 8th (Saturday) at CHS

Time: 9am

Events: 100, 200, 400, 800, 1600, 4X100 Relay, 4x400 Relay, and Long Jump

#### Season #4

### Soccer (B/G)

February 10th- April 5, 2025

One boys and one girls team from each school (20 players total per team).

7 week season

Week of February 10th – Try-outs/Practice

Week of February 17th – (17th is President's Day) First full week of practice and first game of the season.

### Games: 6 game regular season, all games played on Thursdays at Centennial Park

February 20th, 27th March 6th, 13th, 27th April 3rd

Game time(s): 5:30/6:30 pm

Playoffs at Centennial Park on April 5th (Saturday). Detailed playoff schedule forthcoming.

### Season #5

### Wrestling

April 7th- May 4th, 2025

6 week season

Week of April 17th - First week of Practice

Week of March 31st –Practice Unannounced weigh-in on April 4th

Dual matches: April 17, 24, May 1

Match time(s): 5:30pm

County Tournament: May 3 (Saturday) @ CHS

Time: 10am