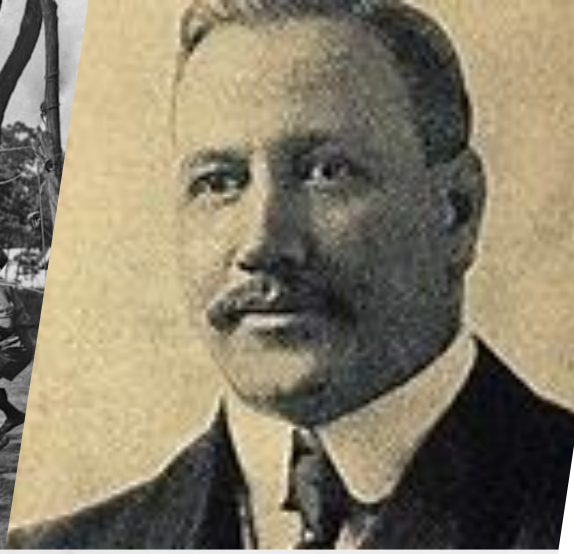


Volleyball Unit - L.A. Ainger

Coach Stier





William G. Morgan

▶ History of volleyball: From humble beginnings to a global sport.

▶ Originally called mintonette, the origin of volleyball can be traced back to 1895 in Massachusetts.



Early History of Volleyball

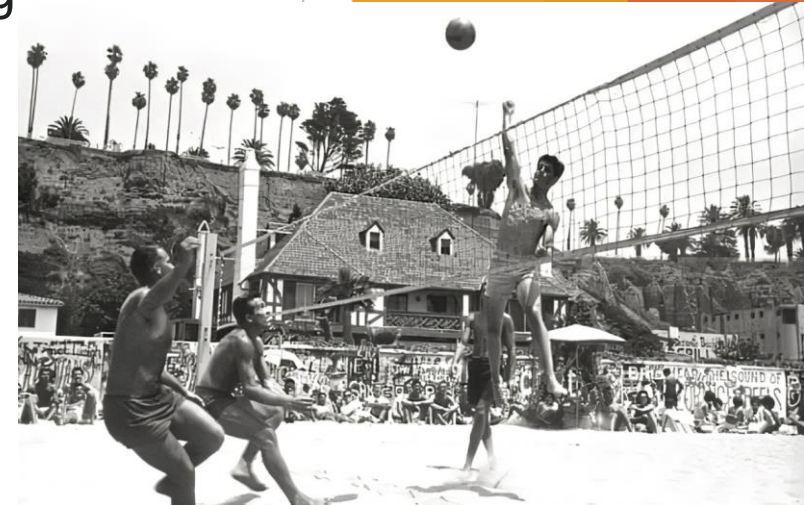


- ▶ The ball came from basketball,
 - ▶ The net from tennis
 - ▶ The use of hands from handball.
-
- ▶ While this made up a game of volleyball, it was lent some competitive tone with the introduction of innings - later to be called sets - that was borrowed from baseball.

Volleyball - Filipino Influence (1916)



American military servicemen encouraged the Filipinos to join them in playing during their time- off from military duties



The Filipinos
contributed
two items to
Modern
Volleyball:

- Inspiration for the three-hit limit
- Setting and Spiking the ball
 - “Set and Spike”
 - “Filipino Bomb”
 - “Spiking the ball
 - “Hit”
 - “Kill” the ball - hitting the ball in a high trajectory





▶ <https://www.bing.com/videos/search?q=william+morgan+volleyball&docid=603483608530821693&mid=A981D034F3476D2CDC3EA981D034F3476D2CDC3E&view=detail&FORM=VIRE>