



The Cougar Paw Print

Kingsway Elementary School
April 2024
Letter from your Principals



Cougar Leaders~

Wowzers! We can NOT believe we are in the fourth quarter of an amazing school year being champions and carrying the banner of excellence. We have really worked hard this year and have overcome so many difficulties that were not anticipated. However, we have forged ahead with passion, purpose, and positivity! We are so proud of our Cougar Leaders who have stayed rooted in the foundation of being a CHAMPION here at Kingsway!

Florida Assessments of Student Thinking (FAST) starts in the first week of April and will continue into May for students in Kindergarten through 5th grade. We have and are steadily preparing for those assessments. Keep in mind, that preparing for FAST at home is just as important as preparing for them here at school. In this edition of our monthly newsletter, you'll find a Special Testing information page. Please take the time to read this page over and make sure your student is as prepared for any and all assessments as we close out the school year. We want all students to perform at their best!


As we prepare for FAST, keep in mind the April Active Calendar! The active calendar is a great way to encourage moving and getting outdoors as much as possible. This is important for our cougar leaders! Being active and moving makes us feel good and perform our best. In addition, this month the active calendar is focusing on boosting our mental wellbeing as well! This is just what is needed as we prepare for FAST! Remember, we don't need to run marathons - there are simple things we can all do to take care of our bodies, like unplugging from technology, reconnecting with nature, and getting more sleep! All of these tips and positive attitudes will help us end the year strong!

Good Luck, Cougar Leaders!

Mrs. Kelch and Ms. Joiner

Cougar Leaders FAST Testing

The Florida Assessment of Student Thinking (FAST) is our Cougar Leaders' opportunity to "show what they know!" Our Kingsway students and teachers have worked so hard this year to be a CHAMPION by spreading passion, purpose, and positivity the KES way! Please note that students will only be scheduled to take the FAST in one block of the scheduled time for each subject *per the letter sent home to your student*. Please contact your child's teacher if you are unsure of what days your student will be testing.

Kinder		1 st & 2 nd grade		3 rd grade	
April 16 TH OR 17 TH	STAR Early Literacy	April 23 RD OR 24 TH	STAR Reading	May 1 ST OR 2 ND	Reading
April 18 TH OR 19 TH	STAR Math	April 25 TH OR 26 TH	STAR Math	May 9 TH OR 10 TH	Math
4 th grade		5 th Graders			
April 4 TH OR 5 TH	Writing	April 4 TH OR 5 TH	Writing		
May 7 TH OR 8 TH	Reading	May 7 TH OR 8 TH	Reading		
May 9 TH OR 10 TH	Math	May 9 TH OR 10 TH	Math		
#theKEScougarway		May 14 TH OR 15 TH	Science		

Your child's prompt attendance is critical on testing dates! Testing begins at the start of the school day. Encourage your child to get a good night's sleep & a healthy breakfast!

STUDENTS

Students, you must also remember your testing days and which tests you will be taking on that day. If you are not sure, talk to your teacher.

- First be sure that you have studied properly and followed all your teacher's instructions on your test preparation. It sounds like a no-brainer, but if you are sure of the information, you'll have less reason to be worried.
- Get enough sleep the night before the test. Your memory recall will be much better if you've had enough rest. In a scientific study, it was found that people who get enough sleep before doing a math test did better than those who stayed up all night studying.
- Listen closely to any instructions. As the teacher hands out the test, be sure you know what's expected of you.
- Focus on addressing each question individually. As you take the test, if you don't know the answer, do the best that you can and make the best selection.
- Relax. If you are too nervous you will blank out. During a test, if you blank out on something and start to get tense, it suddenly becomes much more difficult to remember.

PARENTS

As you know, FAST Testing for grades K-5 are quickly approaching. Parents, please pay attention to the dates when your child will be testing. Below you will find a general list of dates for each test. Specific dates for each test will be sent home closer to the testing day. Although these tests are important, there are ways to help your student minimize stress and maximize performance throughout the testing process.

- Talk about the test at home. Encourage your child to do his or her best but not to stress about them.
- Give words of encouragement. Remind your child that he or she has been preparing for this all year. They are ready!
- Have your child get a good night's rest. Rest is important in having people feel their best.
- Eat a good breakfast. Students who are full can focus easier and longer than students who are hungry.
- Get your child to school on time. Students, who feel rushed to get to school, start their day with anxiety and anxiety leads to frustration and poorer test performance.
- Make sure that students have everything they need and please follow all instructions. Students should only be allowed to bring what they are asked to.



SUNCOAST CAMPAIGN FOR GRADE-LEVEL READING 2024 Suncoast Summer Reading Challenge

This Book is Cool!

FREE FUN READING

For students who will be
in **PreK - 3rd GRADE**
in August

REGISTER NOW!

THIS BOOK IS COOL! (TBIC!) is a series of 100 books and webisodes to encourage a love of reading. To encourage summer reading, children signed up for **THIS BOOK IS COOL!** will receive 20 FREE books, activity guides, and word puzzles thanks to the generosity of The Patterson Foundation.

SCGLR will distribute books, activity packets, and rewards to children (who will attend PreK-3rd grade in August) who are registered and fully participating in **THIS BOOK IS COOL!** To maintain an active status in **THIS BOOK IS COOL!**, parents must have weekly contact with the Suncoast Campaign for Grade-Level Reading, indicating the number of books their child has read that week.



To qualify for **THIS BOOK IS COOL!**, you must be:

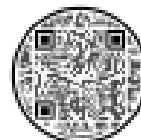
- A resident of Charlotte, DeSoto, Manatee, or Sarasota counties.
- Entering PreK-3rd grade in the fall of 2024.
- Enrolled at a Title I school or eligible for free/reduced lunches.

TBIC!
English Registration Form



Open the camera app on your phone and focus on the QR code. Follow the instructions on your screen.

TBIC!
Spanish Registration Form



Entering PreK-3rd grade

What you provide:

- Complete registration for each child
- Weekly updates of how many books each child has read

What we provide:

- 20 books to each registered child
- **TBIC!** activity book with engaging projects
- Access to **TBIC!** online webisodes
- Family Engagement events
- Reward bracelets and brag tags to celebrate reading
- Ongoing communication with your assigned Family Connections team member

CAMPAÑA PARA LA LECTURA DE NIVEL DE GRADO DE SUNCOAST DESAFÍO DE LECTURA DE VERANO 2024

**This Book
is Cool!**

**LECTURA
DIVERTIDA GRATIS**

Para estudiantes que
ingresen en agosto a
Prekínder hasta 3er grado

¡Registros ahora!

¡ESTE LIBRO ES GENIAL! (¡ELEG!) es una serie de 100 libros y webisodios para fomentar el amor por la lectura. Para fomentar la lectura en verano, los niños inscritos en **¡ESTE LIBRO ES GENIAL!** recibirán 20 libros GRATIS, guías de actividades y crucigrama gracias a la generosidad de The Patterson Foundation.

SCGLR distribuirá libros, paquetes de actividades y recompensas a los niños (que asistirán a prekínder-3er grado en agosto) que estén registrados y participen plenamente en **¡ESTE LIBRO ES GENIAL!**. Para mantener un estado activo en **¡ESTE LIBRO ES GENIAL!**, los padres deben comunicarse con la Campaña para la lectura de nivel de grado de e Suncoast, indicando la cantidad de libros que su hijo ha leído esa semana.

Para calificar para **¡ESTE LIBRO ES GENIAL!**, los niños deben:

- Ser residentes de los condados de Charlotte, DeSoto, Manatee o Sarasota
- Estar ingresando a PreK-3er grado en el otoño de 2024
- Estar inscritos en una escuela de Título I o ser elegibles para almuerzo gratis/reducidos.



Formato de registro en inglés



Para acceder al código QR abra la aplicación de cámara en su teléfono y siga las instrucciones.

Formato de registro en español



Para niños ingresando de prekínder a 3er grado

Su compromiso:

- Completar el registro para cada niño
- Actualizar periódicamente de cuántos libros cada niño ha leído

Nuestro compromiso:

- 20 libros para cada niño registrado
- ¡ELEG! libro de actividades con proyectos divertidos
- Acceso a los webisodios en línea de TBIC!
- Eventos de participación familiar
- Pulseras de recompensa y etiquetas para celebrar la lectura
- Comunicación permanente con un miembro de nuestro equipo de Conexión Familiar

Stay Connected with Kingsway

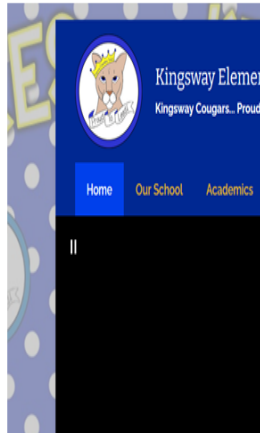


Staying connected with Kingsway helps build our school family. :)

Connect with Kingsway

Website

www.yourcharlotteschools.net/kes



Facebook

[@KESCougars](https://www.facebook.com/KESCougars)



Twitter

[@KingswayCougars](https://twitter.com/KingswayCougars)



Remind

[@7df8eg9](https://www.remind101.com/@7df8eg9)



KINDERGARTEN

Dear Kindergarten families,

In ELA students are finishing up unit 7 which is all about holidays and ways to celebrate. Students are also working on facts and opinions. They continue to write sentences using the correct conventions and punctuation. They are also working on decoding words. In math, kindergarten continues to focus on addition and subtraction within 10. There is a big focus on decomposing, representing, and identifying numbers. Students are also counting and identifying numbers up to 100.

Things you can do at home with your child to help them be successful here at school:

Read to them daily, and have them read to you

Identify letters and letter sounds

Read sight words

Practice addition and subtraction problems

Count objects to 20

Yours Truly,

The Kindergarten Team

Mrs. Hahn, Miss McKaye, Mrs. Spitalieri,

Mrs. O'Connor, Miss Ulrich



FIRST GRADE



Dear First Grade Families!

In ELA, we will be taking our unit assessment on Unit 7. This unit is all about why the past is important. Starting at unit 7 and continuing through the rest of the school year, this assessment will no longer be read to our students, and they will need to read and comprehend the passages and the questions independently. This is a difficult transition for most of our students, but we are working daily to learn new strategies to help make these assessments easier to complete. We will begin Unit 8 as well. The essential question for Unit 8 is, "Why do the sun and moon capture our imagination?" We will read fiction stories as well as informational texts to help us answer this question. We will also work on R-controlled vowels in phonics and spelling, as well as identifying main story elements in a text and identifying similarities and differences between 2 texts on the same topic.

In math, we will be completing Unit 12, measurement, and beginning Unit 13, data. In Unit 12, the students will use rulers to measure objects in both inches and centimeters, learn how to tell time on a clock (o'clock and half past), and learn to identify and count coins and dollars. In Unit 13, the students will learn how to collect, display, and interpret different types of data.

In science, we will finish learning about Topic 3: Matter and Movement. In Topic 3, the students will learn to sort objects and describe how objects move. We will then spend the rest of the school year reviewing previously taught science concepts.

There are many things you can do at home to help support your child academically:

- Read at home daily
- Practice the sight word books
- Complete weekly spelling homework
- Practice number recognition and addition/subtraction equations

The First Grade Team!

-Ms. Roberts, Mrs. Moore, Mrs. Vaccaro, Ms. Wilks, and Mrs. Johnson

SECOND GRADE

Hello 2nd grade families!

We are currently in Unit 7 of Benchmark (Investigating the Past: How does understanding the past shape the future)? We have been discussing central idea and details, looking at how text features contribute to meaning, applying meta-cognitive and fix-up strategies to learn about understanding the past, and retelling. We have discussed compound words, silent letters, and words with inflectional endings. We were also introduced to writing narrative nonfiction letters.

In math, we have been working on Unit 11 in Reveal - Data. We have learned how to represent and interpret data with bar graphs, pictographs, and tables and tally marks. We had fun with this unit and even were able to use jelly beans and fruit snacks to complete some graphs! This month, we will begin Unit 12 (Geometry)!

In science, we are discussing energy, force, and motion.

To support your child's learning at home, encourage them to read at least 15 minutes/night and complete math and spelling homework. Students can always access our programs that we use in class too- My Math Academy, RedBird, and Lalilo. These programs are designed to take your child on their own individualized pathway for learning and focus on certain skills in both math and reading.

Please continue to check Remind, and if you have any questions you can reach us by calling our extension or through Remind. We appreciate your ongoing support!

~2nd grade team

Ms. Luhcs, Ms. A Jones, Ms. O Jones
Ms. Johnson, Mr. Yoder





THIRD GRADE



Dear KES 3rd Grade Families,

We hope this newsletter finds you well and full of the joy that comes with the changing seasons! As we embark on a new phase of our academic journey, we are thrilled to share some exciting updates about what your child is learning in 3rd grade at KES.

English Language Arts (ELA): Exploring Weather and Climate

In ELA, our young scholars are diving into the fascinating world of weather and climate. From understanding the difference between sunny and stormy days to exploring the impact of climate on our planet, your child is developing language skills through engaging activities and discussions. We encourage you to ask your child about the exciting discoveries they're making in class!

Science: Reviewing and Reinforcing Standards

In science, we're taking a moment to review previously taught standards. This reinforces key concepts and ensures a strong foundation for future scientific exploration. Your child is actively participating in hands-on experiments and discussions to deepen their understanding of the world around them.

Mathematics: Analyzing Data and 2-Dimensional Figures

Mathematics is all about exploration, and this month, our focus is on analyzing data and understanding 2-dimensional figures. From graphing weather patterns to identifying shapes in the environment, your child is honing their math skills through interactive and creative activities. Feel free to explore these concepts further at home through fun math games and real-world applications!

As always, we encourage open communication between home and school. If you have any questions or if there's anything specific you'd like to support your child with at home, please don't hesitate to reach out.

Thank you for your ongoing support in making this academic year a fantastic learning adventure for our 3rd graders at KES. We look forward to many more exciting discoveries together!

Best regards,
The 3rd Grade Team

FOURTH GRADE



Hello our Fantastic Fourth Grade Families,

We are hitting the ground running in our 4th quarter of our 23-24 school year! Students have worked so hard to learn new skills and complete their FAST State Testing practice! We are so proud of the growth our students have made since the beginning of the year, and cannot wait to see how much they grow in the coming months! We have already accomplished so much this year in 2024! We are working towards improving growth in their upcoming FAST Writing, ELA and Math.

This far in ELA, we are continuing to work on the author's perspective and using context clues to support their response! All of this is being done through the topic of Earth which has been super exciting to connect to science! We have been reading about earthquakes and different places around the world! It has been so much fun. For practice at home, have your student work on reading informational texts and asking them questions like "What is the author's claim?", "What reasons do they state to support their claim?", and "What evidence do they provide to support that reason? (Examples)" Thank you for all of your continued support at home! It really does make a difference! This month we will be taking the Fast Writing test.

In Social Studies, we will be learning about Civics, Men and Women of Florida, and Florida's Heritage. This aligns with our language arts lessons and we even have vocabulary words that align with both subjects! We will also learn about different counties in Florida and how they got their name. We look forward to fun discussions and sharing ideas!

In Math, we have started our unit on Geometry! Students are exploring real-world problems with area and perimeter. Soon, students will be exploring different types of angles! In April, we will also be starting our last Reveal unit of the school year on Measurement! During the month of April, we are doing our Final Push to get ready for our FAST assessment in May. Students have been working hard on reviewing these previously learned skills, as well as focusing on newly learned content! We are looking forward to seeing what students will accomplish at the beginning of the fourth quarter!

Thank you all so much for your continuous support! We look forward to ending the year off strong with our 4th graders!

Your 4th grade team,
Ms. Gomez, Ms. Mitchell, Ms. Pelham (Mrs. Warner), and Ms. Milligan  



FIFTH GRADE



April

The month of April is both busy and exciting for fifth grade! We will stay busy by continuing to practice previously taught skills in preparation for the upcoming state assessments. We are working hard in all subjects so we will be fully prepared. As a reminder, students should continue reading for at least 30 minutes each day. Multiplication facts through 12 should be memorized by now so keep practicing with flash cards if needed.

In ELA, we will continue to work hard practicing all the reading strategies we've been taught. We will be reading myths about how water is an essential resource that supports all life on Earth.

In social studies, we are still studying the American Revolution and the Constitution. In science, students are learning about plants and animals, their habitats, and their adaptations.

In math, students are wrapping up the unit on measurement and data. They will begin the unit on algebraic thinking next.

Future events:

Formal Farewell Dance – May 10 from 6-8 pm

Field trip to Tampa Zoo – May 13

5th Grade Luncheon – May 21

Field Trip to North Port Aquatic Center – May 22

Promotion – May 23



EXCEPTIONAL STUDENT EDUCATION



Kindergarten and Third Grade

Hello Kingsway families! I hope everyone had a great spring break. It's hard to believe we are already in the 4th quarter! In ELA, third grade is working on explaining how text features contribute to meaning, explaining characters' perspectives and identifying text structures. In writing, the students are practicing expository writing. In math, students are learning how to analyze data and will begin geometry. Our kindergarteners are still expanding their word knowledge with word families and practicing how to blend letter sounds into words. They are also learning to describe characters, setting and important events in a story. In math, they are practicing counting to 100, and how to compare and compose shapes. Please continue reading with your child every night! Third grade families, please continue to work with your child on learning their multiplication facts. Thank you for your continued support!

Second and Fourth Grade

Can you believe we are in the 4th quarter already?! Our cougar leaders are working so hard! In second grade math, students will be focusing on data and geometry. In ELA, students will be reading informational texts and opinion pieces about different Earth structures and about changes brought about by events in nature. In 4th grade math, students will also be learning about geometric figures! In ELA, students will be reading informational texts, including first hand accounts of writers' experiences with natural processes, such as volcanic eruptions and earthquakes. As the end of the year approaches, please reiterate to your child the importance of their time at school. We want to finish off the year strong!



EXCEPTIONAL STUDENT EDUCATION Continued



First and Fifth Grade

In Mrs. Jurowicz's first grade classes, students are working on learning their long e vowel teams such as ee and ea. Students are also continuing to practice their sight word recognition skills. They are learning about using text features such as timelines to help locate information to answer comprehension questions. In math, students are working on various measuring skills such as measuring length, time and counting money. Keep reading daily and practicing your sight words. We are in the final stretch. Keep up the good work, Cougar Leaders!

In Mrs. Jurowicz's fifth grade classes, students are reading historical texts. In ELA, students are working on identifying the central idea and supporting details of a text. Students have been using text features such as timeline to better understand a text. Students have been busy working on their writing skills in preparation for the upcoming writing assessment. In math, students are working on their geometric unit learning about planes, points and figures. We continue to review previous skills to keep them fresh. We are in the final stretch. Keep reading for 30 minutes daily and practicing your multiplication facts. Testing will be quickly approaching. We know you are going to rock this final quarter, Fifth Graders!



Spectacular Specials Spotlight

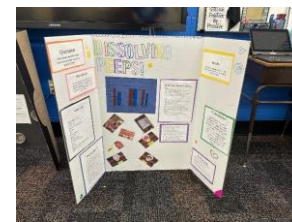
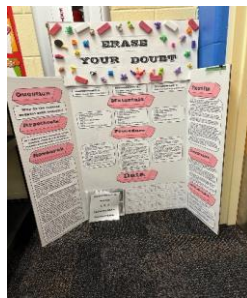
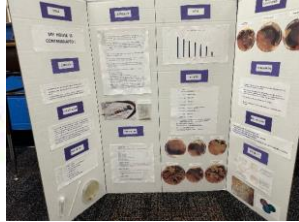
The special area team is unique, as we each do our best to enrich each child's educational experience by providing lessons in our field of expertise. We have briefly highlighted what students are working on while attending their special area classes.

STEM:

We've been full of energy in STEM Lab! Every class learned about energy after exploring motion last month. We had some cool experiments to tie in energy too. From hoop gliders to tuning forks – our Cougars have been busy experimenting!



Fifth graders continue to prepare for their science fair projects. 😊 Fifth grade families, please remember projects are due March 1st. March 7th is judging day. Boards will be on display for our families that evening from 5:30-6 PM. The awards celebration will begin at 6PM. I can't wait to see all the projects!



As always, if you need assistance and/or have any questions, please reach out via Remind or email: Nicole.Clark@yourcharlotteschools.net.

I look forward to seeing what our Cougars discover in April! 😊

Scientifically yours,

Ms. Clark

MUSIC:

Hi everyone, our music program continues to be very active. We had some rockstar performers in our 5th Grade Honor Chorus concert on March 1- congratulations to Autumn, Mikayla, Trasyn, Chase, Juliana, Victor, Jaciel, Bryan, and Isabella! Our Spring Chorus students are practicing very hard for the upcoming April 30th concert. The 4th and 5th grades are learning about orchestra families, and we are studying Peter and the Wolf as an example of leitmotif- where a musical melody or theme represents a specific character in a story. The 3rd grade continues their recorder lessons while also studying Peter and the Wolf. The 2nd grade is learning about orchestral families while hearing Peter and the Wolf. Our kindergarten and 1st grade classes are learning about Vivaldi's "Spring" from The Four Seasons.

Yours in music, Mr. Hecht

Spectacular Specials Spotlight Continued

P.E.

Hey Cougar Leaders!! In PE, we started our volleyball unit. We will now use beach balls to pass the balls back in forth over the net for a game-style play. The students are really excited about learning and practicing new skills with this sport. We will be wrapping up this unit and will start kickball. Get those legs ready!!!! Thank you for your support!

Coach Hurley



MEDIA:

Media is continuing to help our students build a love of literacy. Each week the students visit the media center to hear read alouds and engage in a variety of activities. While in media students also self-select books for their own reading pleasure.

The month of April we will be having our "Bookworm: AR challenge. This is a school-wide challenge of 5 million words read. We will be collecting the data through the AR reading program. If the students make the 5 million word goal each student will be given a stretchy mini "bookworm." Get reading Kingsway Cougars!



April is also Poetry Month and we will celebrate Poem in the Pocket Day on April 18th. The students will be given "pocket" necklaces to keep their poems in and share throughout the day on Thursday, April 18th. The students are sure to have fun reading and sharing their poems. We can't wait to hear all the students' poems.

Ms. K sure enjoys having the Kingsway Cougars in the library!

Keep reading,

~Ms. K.



ART:

Hello KES Families!

We have been very busy in art class lately. All grades worked hard on their Impressionist painting projects using new techniques such as pointillism, tint and shade, and unconventional tools to paint. Fifth grade created a "rose window" with radial symmetry. We have been focusing on using and growing our imagination and problem-solving skills. I am incredibly proud of their perseverance and creativity.

Next up...our clay unit! Students will learn where clay comes from, how to wedge, slip and, score and glaze their projects. We may get a little dusty, but the end products will be amazing.

I am looking forward to the District Art Show that will take place at the end of April. We have really talented Cougar artists who will be showing their work. Thank you for supporting your students in the arts!

MULTI-AGED CLASSES

We are springing through the year in our multi-aged classes! ❀

- In Ms. Hernandez's class, we are learning about nature for the upcoming Earth Day. So far, we have talked about trees and how they grow, animals that live in trees, and insects. We are practicing writing our names every day by tracing, spelling, and matching letters to our names. We are practicing sorting by color, appearance, and function. We are learning numbers and the quantities they represent. We are now moving on to using paint in the classroom and have begun a full immersion into art materials. We are learning how objects interact with each other in nature by exploring our sensory bin with plastic bugs, Oreos as dirt, and gummy worms!
- In Ms. Bolam's K-1 math class, our kindergartners are learning about 2D and 3D shapes, while our 1st graders are working on their subtraction skills, for example doing "1 less" and "10 less" problems. In ELA, our kindergartners are learning, reading, and writing about holidays and celebrations; our 1st graders are learning, reading, and writing about topics of the past, present, and future. To hone in on our comprehension skills, we love reading or listening to AR books and taking quizzes. It has become our favorite class activity! In social studies, we are learning about consumers, producers, goods, services, and the jobs people have. In science, we are learning about forces and energy, as well as matter and movement. As always we are brushing up on our social skills and learning how to be kind and respectful Cougar Leaders.
- In Mrs. Awad's K-2 grade ELA class, students are learning about identifying the topic and finding relevant details in a text. Students are exploring multiple topics about the past, present, and future. In Math, Kinder students are learning about 3-dimensional shapes. 1st-grade students are learning how to measure and compare objects. 2nd grade students are learning how to collect, categorize, and represent data. We continue to work on our Math fluency skills. In science, Kinder students are learning about forces and energy. 1st graders are learning about Matter and movement. Second graders are learning about Energy, forces, and motion. In Social studies, students are reviewing topics like presidents and patriots, celebrating America, maps and globes, American monuments and history, and how to be good, responsible citizens. We continue to practice our LEADER expectations to be kind, respectful, and empathetic toward each other.



MULTI-AGED CLASSES Continued

- In Ms. Lyszak's and Mrs. Rosado's class, students are learning about Earth Science in their ELA lessons. 2nd grade is learning about how wind and water change the earth. 3rd grade is learning about weather and climate, and 4th grade is learning about Earth changes. We're practicing phonics and grammar skills, determining the central message, distinguishing points of view, and describing text features/structure. In math, 2nd graders are learning about data. This includes reading graphs and solving problems using a graph. The 3rd grade is learning about measurement and how to solve problems using volume, temperature, and clocks. The 4th graders are learning about Geometric Figures. Students will solve problems involving perimeter and area. Students will also explore and classify angles. In Science, the 2nd graders are learning about the plant and animal life cycle. The 3rd graders have been learning about heat and light. The 4th graders have been learning about forms of energy. We continue to work throughout each day on teamwork, problem-solving, and managing stress and emotions.
- In Ms. Wyman's, we have been focusing on communication skills and engaging with our peers. In science, we are learning about energy and matter. In social studies, we have been talking about holidays around the world, directions, maps, and globes. In Language Arts, we have been working on reading comprehension questions, sequencing a story, sight words, and identifying letters, and the corresponding letter sounds. In math, our class has been working on identifying colors, classifying shapes, number identification, 1:1 correspondence, addition, subtraction, rounding, division, and multiplication.

MENTAL HEALTH

April: Social Worker Happenings

We just had another Sneaker drive. Thank you for all the donations; they are greatly appreciated!

Please also sign up for the Literacy Night at Deep Creek on April 11, 2024. We look forward to seeing you and your family there.

Kingsway continues to have Free Food Fridays. Feel free to take advantage of the bags that are in the lobby each Friday.

Should your family have additional needs please don't hesitate to reach out to the social worker: Mrs. Daly at Vicky.daly@yourcharlotteschools.net or x3614.

April: Mental Health Updates

We hope that everyone had a fun and safe Spring break and Easter. Did you know that April is Stress Awareness Month? Stress can impact your body, your thoughts and feelings, and your behavior. Stress that is not dealt with can lead to many health problems such as high blood pressure, heart disease, stroke, obesity, and diabetes. See the table below for the common effects of stress.

On your body	On your mood	On your behavior
Headache	Anxiety	Overeating or undereating
Muscle tension or pain	Restlessness	Angry outbursts
Stomach upset	Grumpiness or anger	Exercising less often
Sleep problems	Sadness or depression	

Ways to manage your stress level:

- Get regular physical activity on most days of the week.
- Practice relaxation techniques. Try deep breathing, meditation, yoga, tai chi or massage.
 - Keep a sense of humor.
 - Spend time with family and friends.
- Set aside time for hobbies. Read a book, listen to music, or go for a walk.
 - Schedule time for your passions.
 - Write in a journal.
 - Get enough sleep.
 - Eat a healthy, balanced diet

COUGAR PRIDE



FORTIFYFL

FortifyFL is a suspicious activity reporting tool that allows individuals to submit tips concerning unsafe, potentially harmful, dangerous, violent, or criminal activities and threats. That information goes immediately and directly to appropriate law enforcement agencies and school officials.



REMINDE



Cougar Families,
Please do not forget about our Remind App. This free service let Kingsway Elementary send quick one-way messages via text to your cell phone. We can stay in touch while keeping your personal contact information private. We use this app to communicate many things like spirit nights, event reminders, and even things like rainy day dismissal notifications.

PTO & SAC

Come join us to learn about KES

Why? The more parents are involved in school, the more informed they will become. Parent involvement is directly linked to student success. SAC and PTO meetings are a great way to become involved in decision-making at our school.

**Meeting Schedule:
4/16/24**





KINGSWAY ELEMENTARY
23300 Quasar Blvd.
Port Charlotte, FL

Phone: (941) 255-7590
Fax: (941) 255-7591

Proud to L.E.A.D.

Kristina Kelch-
Principal



Kalee Joiner-
Assistant Principal


Always be
Proud to LEAD

Lead by Example

Earn Respect and
Respect Others

Act Responsibly

Do your Best



The mission of Kingsway Elementary School is to provide a safe, student-centered learning environment that empowers students to become responsible, lifelong learners.