

## Local Resources for Physical Activity



This resource guide is designed to help parents and students contact local youth organizations in and around West Islip. It is provided as an informative document only. Most of these organizations exist independently from West Islip Public Schools.

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| <p style="text-align: center;"><b><u>Baseball</u></b><br/> West Islip Little League<br/> PO Box 98, West Islip<br/> <a href="http://www.westisliplittleleague.org">www.westisliplittleleague.org</a></p>   | <p style="text-align: center;"><b><u>Softball</u></b><br/> West Islip Little League<br/> PO Box 98, West Islip<br/> <a href="http://www.westisliplittleleague.org">www.westisliplittleleague.org</a></p>   |
| <p style="text-align: center;"><b><u>Basketball</u></b><br/> West Islip Youth Basketball<br/> 131 West Islip Road, West Islip</p> <p style="text-align: center;">Our Lady of Lourdes CYO Basketball<br/> 455 Hunter Ave., West Islip<br/> Ed Ryan 988-0107</p>   | <p style="text-align: center;"><b><u>Soccer</u></b><br/> West Islip Soccer Club<br/> PO Box 5, West Islip<br/> <a href="http://www.westislipsoccer.org">www.westislipsoccer.org</a><br/> Fall League: Registration in spring<br/> Spring League: Registration in fall</p>  |
| <p style="text-align: center;"><b><u>Cheerleading</u></b><br/> West Islip Little Conference Cheerleading<br/> 710 Keith Lane, West Islip<br/> Gina Lotito 587-7681</p>   | <p style="text-align: center;"><b><u>Wrestling</u></b><br/> West Islip Mat Men Kid Wrestling<br/> 374-7830<br/> Registration: November</p>   |
| <p style="text-align: center;"><b><u>Dance</u></b><br/> WI Community Cultural Arts<br/> Dara Gorey/Karen Borous<br/> PO Box 271, West Islip<br/> 321-7911/422-7123</p> <p style="text-align: center;">Twirling &amp; Dance Assoc. (TADA)<br/> 105 Wilherm Ln., West Islip<br/> Helen Roepken 241-8034</p> <p style="text-align: center;">WI Dance Club, Inc.<br/> Jennifer Battaglini/Jodi Blindenhofer<br/> 130 Jean Rd., West Islip<br/> 321-6569/587-5628</p> | <p style="text-align: center;"><b><u>Swimming</u></b><br/> WI Elementary Instructional Swim<br/> <a href="http://www.wi.k12.ny.us">www.wi.k12.ny.us</a></p> <p style="text-align: center;">Family Swim<br/> <a href="http://www.wi.k12.ny.us">www.wi.k12.ny.us</a></p> <p style="text-align: center;">West Islip Swim Club<br/> PO Box 209, West Islip<br/> <a href="http://www.westislipswimclub.com">www.westislipswimclub.com</a></p> |
| <p style="text-align: center;"><b><u>Football</u></b><br/> West Islip Little Conference<br/> PO Box 376, West Islip<br/> <a href="http://www.wifootball.org">www.wifootball.org</a></p>  | <p style="text-align: center;"><b><u>Lacrosse</u></b><br/> West Islip Youth Lacrosse (Boys and Girls)<br/> <a href="http://www.westisliplax.org">www.westisliplax.org</a></p>  |