

# WYKON MONTHLY

## UPCOMING DATES:

- October 6: Powder Puff and Pep Rally
- October 7: Homecoming game, parade, and dance
- October 23: High School Symphony Concert
- October 31: Halloween



## HOMECOMING CLASS THEMES:

- Seniors: Snow White
- Juniors: Jack and the Beanstalk
- Sophomores: Hansel and Gretel
- Freshmen: Little Red Riding Hood



## SENIOR CLASS PRESIDENT INTERVIEW:

Haiden Gill shares her thoughts about being selected as senior class president. "I'm very fortunate that my class trusts me to lead one last time."

She also stated, "I am also excited to speak at graduation to let everyone know how far we have come."

## Newsletter Shoutouts

This monthly newsletter is created for you by the communications class students, who are quickly learning and adjusting to the numerous tasks required for such a publication. Kudos to the following students:

- |                  |                   |                  |
|------------------|-------------------|------------------|
| Rosalina Cordova | Willow Kobriger   | Cheyenne Ritchie |
| Kya Dallavalle   | Haven Maki        | Alana Schuyler   |
| Elliot Gatien    | Makenzie Matthews | Kaya Schuyler    |
| Kailey Hall      | Sierra Mitchell   | Anthony Sucholl  |
| Alexandra Hansen | Savannah Parker   | Ryan Walker      |

## NHS

"National Honor Society is available to outstanding students with high GPAs and good character," says Mrs. Berruti. She has more positive things to say, such as the community service they do.

"A lot of kids will do stuff to help out their church, maybe raking for their neighbor. Anything that would help out a person in their community."

These kids complete twenty hours of community service and generous charity.

If this appeals to you, and you are a junior or senior, you should check into NHS.

## FLOWER MAKING

Flower making parties are in session! These parties are intended to prepare for the upcoming homecoming parade for seniors, juniors, sophomores, and freshmen.

The goal is to make flowers to decorate each grade's float. Which grade will make the best one this year?



# CURRENT/UPCOMING EVENTS

## POWDERPUFF

Powderpuff is coming up on October 6! I had the opportunity to interview a coach for the senior girls, Colton Holm, who is also a senior on the varsity football team. I asked Colton three questions about Powderpuff. When asked how he thought this year will go, he responded, "This year is going to be a breeze. We're 3-0 and don't plan on losing."

Colton shared who this year's strongest player is and why. "This year's strongest player has to go to Danica Shamion. She is very athletic and she is our veteran running back."

The last question I asked Colton was, "How confident do you feel about the team as a whole working together?" He responded, "Looking back at the last couple years, I am very confident in our team working together and coming out to compete."



Monday:  
Zoom Day

Tuesday:  
Wykon Spirit

Wednesday:  
He/She is a Ten but...

Thursday:  
Rhyme Without  
Reason

Friday: Class Colors

### CLASS COLORS

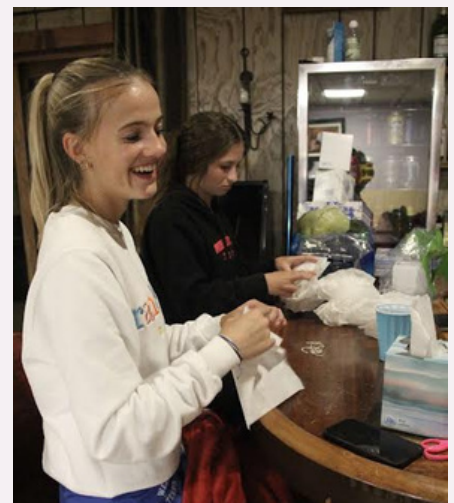
Freshmen: Red

Sophomores: Pink

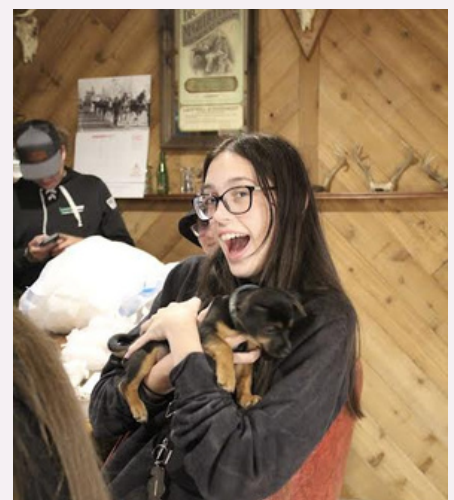
Juniors: Green

Seniors: Light Blue

Staff: Camo



Pictured: Seniors and juniors making tissue flowers for their homecoming floats!



# SPORTS

## Football

The Wykons' victory in the varsity football game against L'Anse was nothing short of exhilarating. With unwavering determination and outstanding teamwork, they showcased their prowess on the field, leaving the students in awe. The electrifying atmosphere in the student section grew more intense when the Wykon team began to score.

The players' dedication and hours of rigorous training paid off, as they secured a well-deserved win, proving once again that they are a force to be reckoned with in the world of high school football. This triumphant moment will undoubtedly be etched in the memories of players, coaches, and fans for years to come.



## Volleyball

The Wykons' recent victory against Ishpeming in volleyball was a remarkable testament to their skill and teamwork. Facing a formidable opponent, the Wykons displayed exceptional athleticism and determination on the court. Their precise serves, strategic plays, and remarkable communication allowed them to dominate the match. With each point, the atmosphere in the gymnasium grew more electrifying as fans cheered on their hometown heroes.

This victory against Ishpeming will surely be remembered as a shining moment in the team's season, reinforcing their status as a formidable force in high school volleyball.



## Tennis

Wykon tennis is a sport that has dedication and sportsmanship on the court. This high school tennis team has consistently showcased their commitment to the sport. With intense training, they hone their skills, mastering the art of precise serves, agile footwork, and strategic shot placements. Beyond the technical aspect, Wykon tennis embodies the spirit of fair play and camaraderie.

Their matches are not just about competition but also about building lasting friendships and fostering a love for the game. Whether they're serving up aces or rallying for every point, Wykon tennis exemplifies the values of teamwork, perseverance, and passion.



## Cross Country

The Wykons cross country team's achievement of securing 4th place at their recent meet is a way to show their dedication and perseverance. In a sport that demands exceptional endurance and mental fortitude, these young athletes pushed their limits, trained tirelessly, and executed their race strategies flawlessly. Placing 4th in a competitive field reflects their commitment to excellence and their ability to perform under pressure.

This accomplishment not only showcases their athletic abilities but also serves as an inspiration to their peers and community, reminding us all that with determination and teamwork, great achievements are within reach. The Wykons cross country team has truly left their mark on the course, demonstrating the power of hard work and the thrill of achieving their goals.



# SPORTS INTERVIEWS

## FOOTBALL

**Elijah Oberlin** believes that this year's team can go farther than last year, and his change in his defensive position impacts the way he communicates with his teammates. Coach Goodman helps work with kids who are interested in learning the game of football. He instills hard work and positivity into the players he coaches.

**Haiden Gill** has learned from playing all four years in volleyball on how to be a better server and how to read the floor and help communicate with her teammates. Coach Bjorkman wants to see kids passionate about what they're doing and believes playing a sport gives you a hard working mentality for outside of sports life.

## VOLLEYBALL

This is **Payton Hill's** first year and the way she describes the beginning experience is how the team encourages each other is like a family. She said, "I was thinking that it might be too much for me until the people around me help encourage and make me believe that I was able to do it."

## CROSS COUNTRY

Coach Parker believes when schools provide a variety of sport opportunities we'll have more student-athlete involvement, and with cross country it builds grit, determination, and self-awareness.

Through the years, **Seanna Stine** has cemented herself as a captain and a leader for her team. She holds onto the bond of her team off the court to make sure there is always chemistry among them. **Aubrey Bice** has added that the impact from team chemistry leads to wins when playing doubles and with all-around confidence to play.

## TENNIS

# STUDENT INTERVIEWS

## CALEB STROM

Caleb Strom has been at West Iron since kindergarten. He loves the outdoors and enjoys skiing, biking, playing tennis, fishing, and camping. But that hasn't stopped him from pursuing academics. "This year I am taking AP Literature and Composition, Chemistry II, and Calculus I to name a few." Caleb enjoys playing fantasy football in the fall.

## JACKSON SECORD

Jackson Secord has been at West Iron since the 4th grade. He loves the outdoors and enjoys working. He is taking Anatomy and Physiology, Spanish 3, and Industrial Arts. After high school, Jackson wants to go for pipeline surveying or take up welding. He is also part of Forest Club. Jackson is excited for homecoming and fall in general.

## TANNER NORDSTROM

Tanner Nordstrom is an athlete and future lawyer. He participates in football and track, as well as Business Professionals of America. He is currently enrolled in Chemistry I and Weight Training and Conditioning. Tanner loves the fall season and looks forward to homecoming.

## JOSHUA GAGNEA

Joshua Gagnea intends to go into trades after he completes a vocational education program in welding through Bay College. He enjoys playing football and competing in track. This year he took ATV Auto. Joshua loves the fall for its football but hates having to get up early for school.

## CLASS OF 2024



## AUBREY BICE

Aubrey Bice is an aspiring doctor. This year she has taken a work study at Aspirus Hospital. She loves sports and participates in both tennis and golf. Aubrey never shies away from academic challenges. She is enrolled in Calculus I and Chemistry II. Aubrey looks forward to fall and the homecoming season.

## CLASS OF 2025



## JULIA SWENSKI

Julia Swenski is an aspiring cosmetologist. She is very active in and out of school, participating in football stats, Forest Club, basketball, and Art Club. She enjoys challenging herself with difficult classes, like Anatomy and Physiology and Spanish 3. Like many, Julia looks forward to the upcoming football season!

## CLASS OF 2026



## LILY DE SOUSA

Lily De Sousa wants to go to college for interior design. She enjoys participating in extracurricular activities. Lily is in volleyball, student council, and Key Club. She loves the fall and winter seasons for their weather and sports.

## CLASS OF 2027



## CAMI ALEXA

Cami Alexa intends to go to college after high school. She plays volleyball and basketball. She's also in student council. Cami is enrolled in Geometry I, U.S. History, and Biology I. Cami loves the homecoming, volleyball, and fall seasons. Cami's least favorite thing is her health class.

# STUDENT LIFE



## A Summer in Costa Rica

This past summer, our Spanish teacher, Mrs. Berlinski, took a group of juniors and seniors on an amazing trip to Costa Rica. Over the course of the nine-day adventure, they experienced gorgeous scenery and learned significantly more about the culture of Costa Rica itself.

With something new and exciting to do every day, it was far from boring, and the places that the students visited were shining with the natural beauty of the landscapes. The group went through trials and tribulations, however, overall it was a very fun experience.

Senior **Laycee Parson** said, "One of my favorite parts of the Costa Rica trip was our tour guide, Adonyis. Another thing was the resort, specifically the resort with free unlimited daiquiris. More things I loved were the ziplining, 70-foot bungee jumping, the volcano, food, sunsets, hot springs, and the coffee. My absolute favorite part was when the airport cut my suitcase open and we had to run through the airport with it."

Junior **Bradley Jochem** shared, "I did try some new foods, especially during breakfast. Lunch and dinner food was not my cup of tea though. I loved the beach and the hot springs, but ziplining will never be topped!"

Junior **Sierra Hooper** noted, "I loved the Wildlife Reserve and hot springs. Yes, I did build new friendships, and there were beautiful waterfalls, rain forests, and all kinds of arts."

**Senora Berlinski** added, "The group was amazing and participated in everything! It was a very fun experience for everyone."

In Costa Rica the group visited Monteverde to zipline and walk suspension bridges through the Cloud Forest, and they went to La Paz Waterfall Gardens and saw hummingbirds, orchids, and a beautiful Wildlife Reserve. Some other places they visited included the Doka Coffee Factory, an orphanage, and Sarchi to see the history of ox carts.



# STUDENT LIFE

## Big Builders



West Iron has many ways of being a part of the community. Through clubs, groups, and classes, the students of West Iron do their part to improve society. One fantastic example of this willing attitude is our Building Trades class. Started by Dan Rae, the program has been a striving success for the last 52 years. The Building Trades group works all school year to build a house in the community.

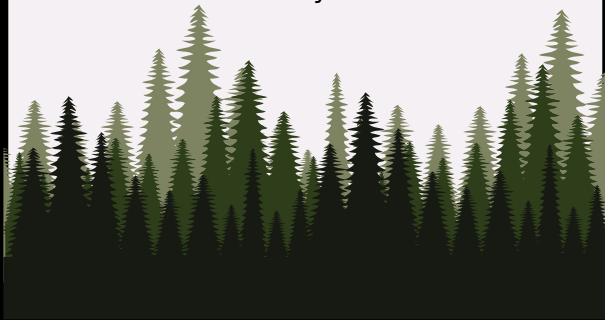
Mr. Swenski, the head teacher and supervisor, explains, "In my opinion, there is no other program like this one because it is off campus. There is an obligation to the homeowners and a responsibility for materials. It provides the learning skills necessary for good teamwork and an overall great work ethic."

The students build the house through a contractor so the school doesn't have the burden of selling and finances. The house owner also gets a quality house for less cost. It's a win/win! Building Trades also provides experience for students looking to go into a similar line of work, like Landon Ghiotto, who says, "It's a good learning experience."

## Forest Club

Environmental conditions are a largely overlooked aspect of everyday life. However, West Iron steps up and does its part through Forest Club. "It's a way to have students appreciate and improve wildlife in the environment," says Mr. VanLanen, the founder and operator of the Forest Club.

Whether planting trees, stocking fish, or cleaning up rivers, Forest Club looks to help forest rangers and environmental organizations improve wildlife in and around the community.



## Students of the Week



### Mason Ahola

Mason is student of the week because he exhibits the essentials of what a Wykon is. He is energetic, charismatic, and full of school pride.



### Elijah Oberlin

Elijah has earned the distinction of student of the week because he exemplifies the definition of the student, an athlete, and a quality person.



### Annika Larson

Annika is a positive student and is always willing to help out when asked. Outside of school, she spends most of her time working.



### Cheyenne Ritchie

Cheyenne is always upbeat with a smile. She strives to get good grades and is involved with junior class. Cheyenne is the first one to volunteer when help is needed.

# PICK-ME-UP

Every school year fluctuates with ups and downs for students. Right now, as fall settles in and the winter season approaches, many may begin to feel “down in the dumps.” This page offers information to approach those days and moments that don’t feel the brightest, offering advice, experiences, and even a seasonally appropriate recipe.

For this first issue, we spoke with students and teachers alike to hear their perspectives on some of those situations that arise this time of year.

## ALEXANDRA HANSEN

Cheyenne: “How do you deal with a bad day?”

Alex: “If I’m having a bad day, I always try to point out what makes my day bad. Once I’ve done this, I try to focus on the good things in my day. Did I make someone smile? How many compliments did I give today? Sometimes making other people feel good about themselves can fix your mood.”

## MR. LEONOFF

Cheyenne: “What is your best advice for staying in shape when injured?”

Mr. Leonoff: “Find what you can do safely. Do what you can to stay in shape and speed up recovery.”

Cheyenne: “How do you keep the team’s morale high when players are injured or the season isn’t going well?”

Mr. Leonoff: “Coach with enthusiasm.”

## SIENA NELSON

Sienna Nelson is a very bright young girl. She is always positive and she loves to help.

She explains how she tries to be nice and avoid negative confrontation.



## BRIGHTEN UP YOUR DAY WITH THIS FUN FALL RECIPE



### APPLE CIDER CUPCAKES

#### Cupcake Instructions

1. In a small mixing bowl, combine your dry ingredients: oat flour, baking powder, salt, cinnamon, nutmeg, allspice and cloves. Stir well.
2. In a large mixing bowl, mix butter and brown sugar with a mixer until creamy. Add the applesauce, apple cider, and vanilla. Mix again until ingredients are well combined. Then beat your eggs into the mixture.
3. Add your dry ingredients to the wet ingredients; stir until you have a smooth cupcake batter.
4. Preheat oven to 350 F. Line pan with cupcake liners and spray with nonstick spray.
5. Once the oven is heated, fill the cupcake liners  $\frac{3}{4}$  full. Bake for 18-22 minutes or until tops are springy.

#### Frosting Instructions

1. In a large mixing bowl, combine butter, 1 tbsp of apple cider, vanilla, cinnamon and nutmeg. Blend with a hand mixer until smooth.
2. Add 1 cup of powdered sugar to your bowl and mix well. Repeat this step and mix again. Beat until the frosting is thick and fluffy. (If your frosting is too thick, add another tbsp of apple cider. Continue until the frosting is at your desired consistency.)
3. Frost once the cupcakes have cooled.

### CUPCAKE INGREDIENTS

- $\frac{1}{3}$  CUP OAT FLOUR
- 1 TSP BAKING POWDER
- $\frac{1}{4}$  TSP SALT
- $1\frac{1}{2}$  TSP CINNAMON
- $\frac{1}{2}$  TSP NUTMEG
- $\frac{1}{4}$  TSP ALLSPICE
- PINCH OF CLOVES
- $\frac{1}{2}$  CUP BUTTER, MELTED
- $\frac{1}{2}$  CUP BROWN SUGAR
- $\frac{1}{2}$  CUP APPLESAUCE
- $\frac{1}{2}$  CUP APPLE CIDER
- 1 TSP VANILLA
- 2 EGGS



### FROSTING INGREDIENTS

- $\frac{1}{2}$  CUP BUTTER, SOFTENED
- 1-2 TBSP MILK, WATER, OR APPLE CIDER
- 1 TSP VANILLA
- $\frac{1}{2}$  TSP CINNAMON
- PINCH OF NUTMEG
- 2 CUPS POWDERED SUGAR



This recipe is from [milehighmitts.com](http://milehighmitts.com)



# COMMUNITY SPOTLIGHT

## Students Give Back



From left: Braeden Anderson & Randy Kroeger

As busy as life gets with school, jobs, and anything else that may be on your plate, taking time to give back to your community can be difficult, and taking the time to recognize those who do may be even more. It's important to appreciate even just a few students who took the extra step (or two) to make our very own Iron River a better place.

On September 17, two of our junior football players, **Braeden Anderson** and **Randy Kroeger**, took it upon themselves to clean Bachman Park. When asked why, Braeden simply said they did it because "It was filthy. Parks can't be looking like that, especially a children's park." He continued, stating that "there was garbage everywhere, but we ran around and picked it all up."

While helping the people of Iron River is crucial, the smaller population of furry friends calls for attention, too. **Kailey Hall**, a junior here at West Iron, shares how she volunteers at the local animal shelter, the Northwoods Animal Shelter. "One day my mom wanted to get out of the house, and we decided to go volunteer at the animal shelter. I enjoy knowing that they can help give the animals the love and attention they deserve." Kailey explains that her tasks include cleaning the kitty litter, taking the cats out to entertain them and socialize with them, and participating in fundraising events, like the shelter's Pawsta Dinner.

## Fall Community Events

### September

Sept. 27: Pawsta Dinner  
Sept. 27: Gun Raffle Ends  
Sept. 30: Harvest and Haunt

### October

Oct. 7: Homecoming Parade  
Oct. 7: Beachwood Applefest



## *Support Our Small Businesses!*

### Crafting and Chaos

"I make shirts, bags, mugs/tumblers, hats, and signs. Just about anything you can customize." Michaela is able to make just about any design. "School designs, animals, holidays, etc...I have been shown so much support, and I appreciate everyone."

### Delightful Desserts

"We have coffee, hot or cold, and just about any flavor, along with desserts, including cookies, caramels, and ice cream. At times we have cheesecakes, breakfast bars, and various types of cakes. We take calls about cakes or cookies ahead of time for bigger orders."



# TRENDING MEDIA

## Student Showcase



Nico Tarsi, Adi Franzene, Willow Kobriger, Kota Spikings, Seanna Stine, & Haile Autio were all recognized for their impeccable style!

## What's Walking the Halls?

Converse



Nike



Nike Blazers



Boots

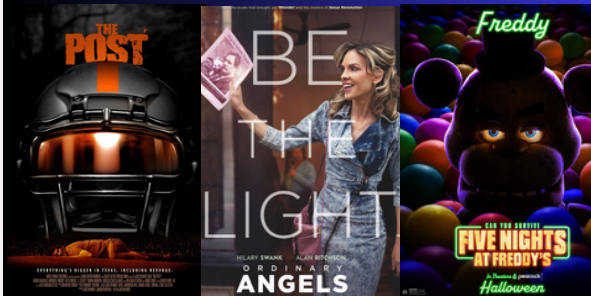


## Upcoming Movies:

1. The Post
2. Ordinary Angels
3. Five Nights at Freddy's



Source of information: Movie Insider



## Movie Survey:

Top 3 Movie Genres

1. Horror
2. Comedy
3. Action



The survey was conducted by asking multiple students from each grade level what movie genre is their favorite.

## Top Songs:



1. "Flowers" - Miley Cyrus
2. "Eyes Closed" - Ed Sheeran
3. "Like Crazy" - Jimin
4. "Boy's a Liar" - Pink Pantheress
5. "Dance the Night" - Dua Lipa
6. "Cupid" - Fifty Fifty
7. "Last Night" - Morgan Wallen
8. "I'm Good (Blue)" - David Guetta
9. "Barbie World" - Nicki Minaj
10. "As It Was" - Harry Styles