

WESTERN MIDDLE SCHOOL ANNOUNCEMENTS

THURSDAY, AUGUST 08, 2024



Thursday: Chicken Sandwich, Fries, Steamed Carrots, Asst. Fruit

Friday: Pizza or Boscós, Sunflower Crunch Salad, Asst Veggies w/Hummus, Asst Fruit



Add 7/8 football sign ups. Practices will be from 5:30 to 7 if you have a physical on file, Monday, Tuesday, Thursday and Friday until the 1st varsity football game. After that, practices will be Monday, Tuesday and Thursday.



Middle School Cross Country Call-Out: For anyone interested in running cross country this fall, our first official practice will be today, Thursday, right after school until 4:00 pm. Parents should pick up students at the main entrance of the Middle School, Door 38, at 4:00. Meet in the hallway between the cafeteria and gym after school. Should bring running clothes, shoes, and water. Must have the athletic physical paperwork on file with the athletic office to practice.



7/8 Volleyball tryouts will be today and Friday from 4:30-6:00 in the South Gym.



Today's positive message: "Every hour of the light and dark is a miracle." - Walt Whitman



Happy Birthday: Joseph Asaron and Ava Carlson

Staff Birthday: No Staff Birthdays



Thursday, August 8

No Athletic Events

Friday, August 9

Girls Golf @ Benton Central 9:00 AM

Saturday, August 10

No Athletic Events

