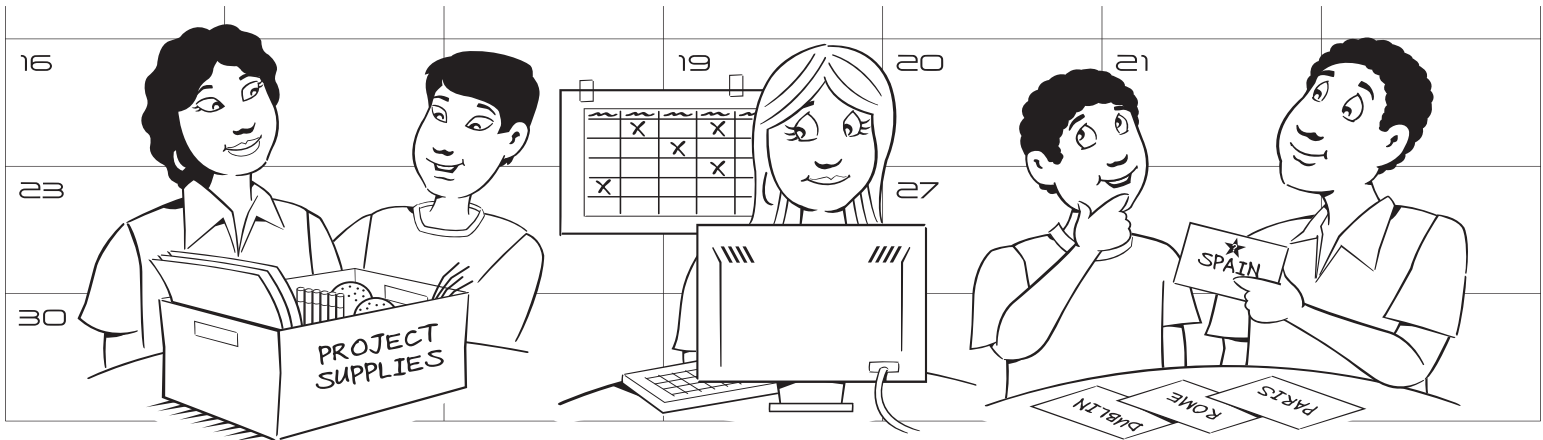


Parent Pointers

Calendar

Wellsville Central School District
Title I Parent Engagement Program



THE PARENT INSTITUTE

June • July • August 2016

Parent Pointers Calendar

Middle School
Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2016			1 Spend a few minutes talking with your child at bedtime. This is a relaxing time for conversation.	2 Learn about the symptoms of eating disorders. Does your child have healthy eating habits?	3 Talk about tough situations your child might face and ways she could handle them.	4 Encourage your child to start a reading journal. Have him write about each book he reads this summer.
5 Can your child name all the planets? Challenge her to find the names if she can't.	6 Have a discussion with your child about the dangers of smoking.	7 Make a list of 10 things your child learned in school this year. Post it on the refrigerator.	8 Show your child the classified ads in the newspaper. Which jobs interest him?	9 Ask your child to help you solve a crossword puzzle. This builds important vocabulary skills.	10 Look over your child's summer reading list. Plan to read some of the books yourself.	11 Look for a free concert or play you can attend as a family.
12 Take a hike with your child today. How many trees can you identify?	13 Tell your child a story that teaches her an important lesson.	14 Have your child give you examples of a <i>complete</i> sentence, an <i>incomplete</i> sentence and a <i>run-on</i> sentence.	15 Help your child figure out the perimeter and area of his bedroom.	16 Read a poem aloud. Stop to let your child guess what the next rhyming word will be.	17 Choose a food that is new to your family. Ask your child to help you prepare it for dinner.	18 Visit an outdoor site with your child today, such as a garden or a park.
19 Make your child responsible for her schedule this summer. Encourage her to write it down on a calendar.	20 Today is the <i>summer solstice</i> . Ask your child to find out why today will have the longest period of daylight.	21 Tell your child why you value education. Talk about your child's long-range goals.	22 Do you know your child's friends? Make a list of their names and phone numbers to keep on hand.	23 Remember to say "I love you" to your child today.	24 Encourage your child to be a gracious winner and a good loser.	25 Plan a Summer Olympics with your child. Award gold, silver and bronze medals.
26 Keep a supply of books and magazines in a bag for long car trips or relaxing at the pool.	27 Are you away from home during the day? Talk with your child about what to do during an emergency.	28 Ask your child to tell you about a punishment you gave him that he thought was really unfair.	29 Notice and talk about the good qualities of your child's friends.	30 Learn a tongue twister. At dinner, challenge everyone to repeat it three times fast.		

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<h2>July 2016</h2>					1 Look in the newspaper for information about Fourth of July activities. Plan to attend one with your child.	2 Check your child's summer reading list. Is she making progress?
3 Have everyone in the family spend a half hour cleaning up the house. Many hands make light work.	4 Read the Declaration of Independence with your child today. Talk about why it was written.	5 If your child breaks a rule, don't set a punishment in the heat of the moment. Establish consequences ahead of time.	6 Talk with your child about what makes you happy and what causes stress in your life.	7 Read an editorial with your child. Ask what he thinks. Tell him if you agree with the opinions stated.	8 At bedtime tonight, tell your child a story about yourself at her age.	9 Take your child to a local museum. Learn something new about your hometown.
10 Pack a nutritious lunch and go for a picnic with your child today.	11 Turn off the TV tonight. Have everyone read instead.	12 Talk with your child about what makes a good friendship.	13 Is your child turning into a summer couch potato? Limit TV time and encourage outdoor activity.	14 Don't say, "I know how you feel." Middle schoolers believe their feelings are unique.	15 At the grocery store, have your child compare two sizes of the same product. Which is the better buy?	16 Take your child to the library or have her go online to research historical events that happened on July 16.
17 Let your child be your tour guide this summer. Have him plan a family outing.	18 Give your child the facts about sex—and discuss how your values relate to the facts.	19 Ask your child: "If you could trade lives with somebody you know, who would it be? Why?"	20 Ask your child who in your family she thinks she is most like. Why?	21 Try to to eliminate pessimistic phrases. Replace "It won't work" with "Why not try it?"	22 At dinner, have each family member say something nice about every person at the table.	23 Have a special breakfast with your child. Ask him about his goals for the next five years. Talk about yours, too.
24 Watch a movie with your child.	25 Give your child today's paper. Have her report on a news item during dinner.	26 Choose a letter from an advice column. Read it aloud. Then ask everyone to take a turn being the advice columnist.	27 Have your child use the letters in his name to write a poem about himself.	28 Introduce your child to historical fiction. It's a great way to put a human face on a historical era.	29 Compliment your child about one thing she's doing well this summer.	30 Plan to do something for a neighbor in need. Community service is important for kids' self-esteem.
31 Teach your child a new card game.						

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	1 Create a family joke book. Have everyone write one or two jokes per page. Staple the pages together.	2 Help your child think about the snacks he eats. Could he make healthier choices?	3 Find quotations that will motivate your child. Post a favorite one on the mirror she uses.	4 Kids often tell you as much through behavior as through words. "Listen" to your child's body language.	5 Children know their shortcomings. They need you to remind them of their strengths.	6 Will your child need back-to-school clothes? Set a budget and let him make some choices.
7 Declare this an Acts of Kindness Day. Make a special effort to be kind to each other. It may become a habit!	8 Get your child into a school sleeping routine. Have her go to bed earlier and get up earlier in the morning.	9 Will your child need supplies for school? Get a list of what's needed. Shop for the best buys.	10 Now that school is about to start, check to see how you can help out. Plan to volunteer.	11 Talk with your child about the things you did this summer. What are three things you'll each remember?	12 Help your child see that he can't control others, but he can control how he reacts to others.	13 Take a walk with your child and use all five senses to observe the world around you.
14 Talk about your family's fall routine. Make plans to eat at least one meal a day together.	15 Talk about your child's goals for the coming school year. Post the list where you and your child can see it often.	16 Don't criticize your body or talk about being thin in front of your child. Talk about being healthy and strong.	17 Remind your child that using inappropriate language will lower others' opinions of her.	18 Encourage your child to use self-stick notes to write down things he needs to remember.	19 Give your child a say in which chores she does. Post a job chart to remind her.	20 Look for a skill you and your child can learn together. It's a fun way to get to know your child on a new level.
21 Today is Senior Citizens Day. Talk to your child about the contributions older people have made to society.	22 When your child overreacts, it's important for you not to. Set a time to talk later when you both are in control.	23 Teach your child to cheer himself on. Positive self-talk, such as "I can do this" will keep him motivated.	24 Teach your child to trust her gut. If she thinks a situation may get out of hand, she should avoid it.	25 Share stories with your child that convey your values and your family's history.	26 Compliment your child on something about his appearance today.	27 Ask your child's advice on a problem you are facing.
28 Enjoy some physical activity with your child today.	29 Write upcoming school events on your calendar. Make plans to attend as many as you can.	30 Give your child a new responsibility. Praise her for being mature enough to handle it.	31 Talk about how your child can show teachers respect: arriving to class on time, following directions and participating.	<h2>August 2016</h2>		

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