

Mental Health Resources for Students



▶ Whether your student needs mental health resources as a result of COVID-19 or other reasons, the Vigo County School Corporation has resources to help.

"I need help for my child. I am worried about my child's mental health."

Has your child harmed or threatened to harm themselves or others?

Is your child "out of control?"

Are you concerned about your child's safety?

I answered "yes" to at least one of the questions above. I am concerned about my student's immediate safety.

Contact 24/7 Crisis Intervention

Call 911 for immediate help
Take student to Hamilton Center Access Center or ER

National Suicide Prevention Hotline: 800-273-TALK
Hamilton Center Crisis Hotline: 800-742-0787
Trevor Project (LGBTQ+): 866-488-7386
Trans Lifeline (limited hours): 877-565-8860

If your child already has a therapist or counselor, follow the established crisis/safety plan and/or contact the therapist/counselor immediately.

I answered "no" to the questions above. I am concerned about my student's mental health, but it's not an emergency.

Talk with your child's school counselor about school-based counseling options.
Consider signing releases so all providers are aware of any concerns.

Community Mental Health Partners with VCSC

FSA Counseling: 812-232-4349
Gibault Outpatient Counseling: 812-298-3015
Hamilton Center: 800-742-0787
Harsha Behavioral Center: 812-298-8888
InTime Creative Counseling: 812-814-9463
Rooted Ground Counseling: 812-298-6702

Additional Information/Resources

Look Up Indiana
800-284-8439
lookupindiana.org
Be Well Indiana
2-1-1
bewellindiana.com

Suicide Prevention Phone Apps
Suicide Safety Plan: moodtools.org
My3 Support Network: my3app.org
Virtual Hope Box: t2health.dcoe.mil/apps/virtual-hope-box

You may also direct questions during school hours to Dr. Megan Kirk, Project Aware Coach
mrk@vigoschools.org, 812-462-4011