



SPORTS INJURY HOTLINE

The fastest way to get back in the game!

Milford Regional Orthopedics and Sports Medicine and Milford Regional Rehabilitation and Sports Medicine have partnered with your school to create a streamlined process to improve access to medical care for injured athletes.

Milford Regional Orthopedics & Sports Medicine:

(508) 478-7135

MRMC Urgent Care:

Northbridge: (508) 372-3510

Milford: 774-462-3339 **Hopkinton:** 508-625-3535



Milford Regional Rehabilitation & Sports Medicine:

(508)234-8792

100 COMMERCE DRIVE
NORTHBRIDGE, MA 01534
www.Milfordregional.org

INJURED AT PRACTICE OR
IN A GAME?

CALL MILFORD REGIONAL
ORTHOPEDICS AND SPORTS
MEDICINE

BE SEEN BY A PHYSICIAN
WITHIN 24-48 HOURS OF
INJURY!

GET A REFERRAL TO
PHYSICAL OR OCCUPATIONAL
THERAPY

CALL MRMC REHABILITATION
& SPORTS MEDICINE FOR AN
EVALUATION TO START
TREATMENT THE WEEK OF
INJURY

GET BACK IN THE GAME
SOONER!

