



40 Conversation Starters to Ask Your Middle School Student

The key to asking any question is not only the way a question is phrased, but also responding in a supportive way 😊

1. What made you smile today?
2. Can you tell me an example of kindness you saw/showed?
3. Was there an example of unkindness? How did you respond?
4. What's the word of the week?
5. Did anyone do anything silly to make you laugh?
6. What did you do that was creative?
7. What was the best thing that happened today?
8. Did you help anyone today?
9. Did you tell anyone "thank you?"
10. Who did you sit with at lunch?
11. What made you laugh?
12. Did you learn something you didn't understand?
13. Who inspired you today?
14. What was the peak and the pit of your day?
15. What was your least favorite part of the day?
16. Did you ever feel unsafe?
17. What is something you heard that surprised you?
18. What is something you saw that made you think?
19. Tell me something you know today that you didn't know yesterday.
20. What is something that challenged you?

21. How did someone fill your bucket today? Whose bucket did you fill?
22. Rate your day on a scale from 1-10.
23. How were you brave today?
24. What questions did you ask at school today?
25. What are you looking forward to tomorrow?
26. What are you reading?
27. What was the hardest rule to follow today?
28. Teach me something I don't know.
29. If you could change one thing about your day, what would it be?
30. Is there anything on your mind that you'd like to talk about?
31. What made your teacher smile? What made her frown?
32. What kind of person were you today?
33. What made you feel happy?
34. What made you feel proud?
35. What made you feel loved?
36. Did you learn any new words today?
37. What do you hope to do before school is out for the year?
38. If you could switch seats with anyone in class, who would it be? And why?
39. What is your least favorite part of the school building? And favorite?
40. If you switched places with your teacher tomorrow, what would you teach the class?