



Sachem Central School District

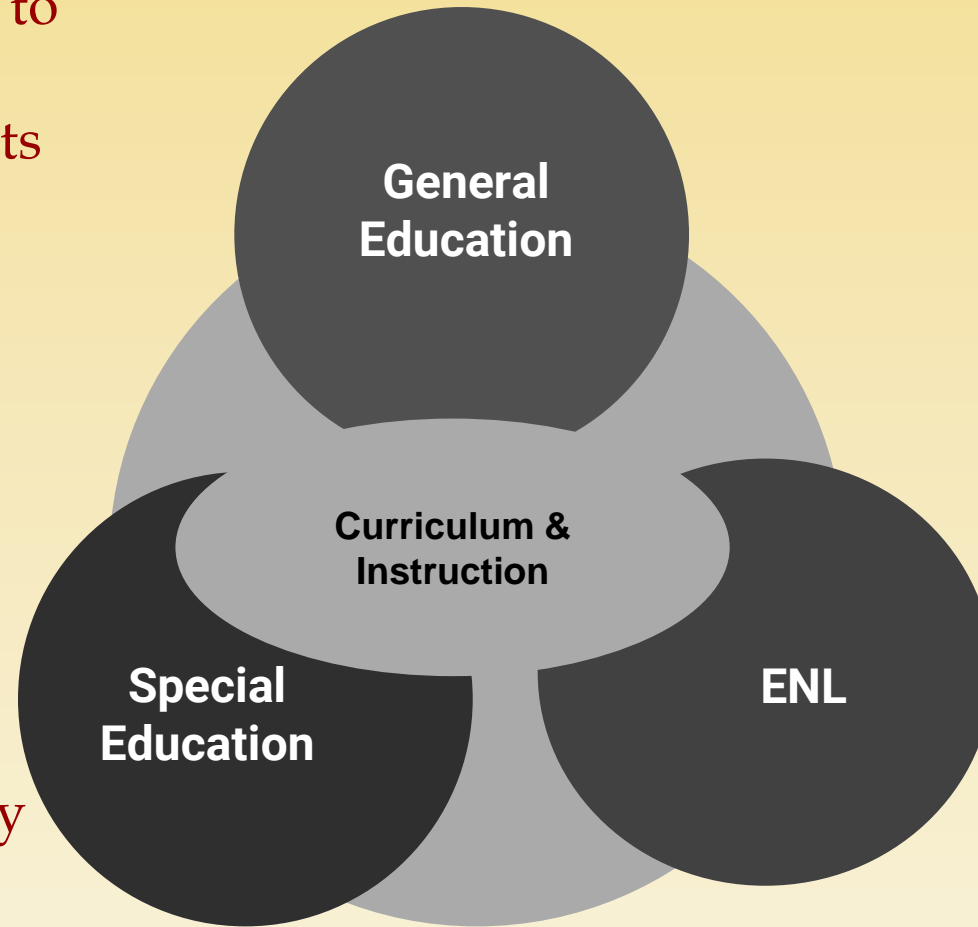


Curriculum and Instruction Social and Emotional Learning Update

November 6, 2019

Curriculum and Instruction - Our Beliefs~

- Mastery vs. Coverage
- Teachers should have autonomy to teach their curriculum at a pace based on the needs of the students in front of them.
- Use data to make these instructional choices “Sachem Norms”
- **District-created curriculum vs. canned programs**
- Collaboration is key
- Students unpack own learning
- **Equal access for all**
- Students can show you what they know in many ways



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Implementation History and Goals

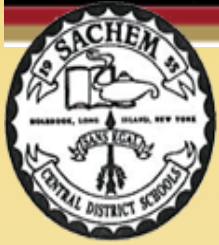
- **Wellness/SEL: 2018-2019**
 - Grades 5/6 & 8/9 "Transition Meetings" and Social and Emotional Learning-"Project Kindness" at the Middle Schools
- **Wellness/SEL: 2019-2020**
 - **Elementary:** Integrate Lion's Quest SEL Curriculum, Peer Education Lessons & Create an Elementary Peer Education Experience, SEL and PE/Health Chairs
 - **Secondary:** Implement Updated PE/Health Personal Fitness, Begin Training for PE/Health Staff on Yoga and Meditation Practices, Continue Peer Education and MS Project Kindness Experiences, Build Wellness Student Areas



Districtwide Overview



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Social & Emotional Wellness



Lions Quest

Grades K-5

Grades 6-8

Our Sachem SEL Program-

An Update on Social Emotional Learning

Peer Education:

- **Project Kindness**
- **P.S. I Love You Week**
- **“You Matter” Day**
- **Grade 5 Middle School “Mash Up”**
- **“How to Do Recess” --and not leave anyone out**
- **“Breaking Down Barriers” Summer Enrichment Co-Hort**
- **ENL “Big Buddies”**
- **You Can Sit With Us**
- **How Will you Be Remembered?....**



 A Program of Lions Clubs International Foundation	Lions Quest Increase Academic Achievement • Decrease Problem Behaviors • Improve Prosocial Behaviors	Grades K-5
		Grades 6-8
		Grades 9-12

Supplementary

Resource for Teachers

Sachem SEL Guiding Principle...

thoughtful and purposeful initiatives

created to enable ALL of our SACHEM students to be the kind, compassionate



Sachem School District Social and Emotional Learning

Touchstone Peer Education Events for our Students - @SachemSEL



	K	1	2	3	4	5	6	7	8	9	10	11	12
July	"Doing Recess"						Breaking Down Walls" Summer Enrichment						
Aug													
Sept	"Dot Day"									Freshmen Check In" All Classes each Month "The Only One"			
Oct													How Will YOU Be Remembered?"
Nov	"You Can Sit with Us"						Gr. 6 "Project Kindness"				"Beyond the Label"		
Dec								Gr. 7 "Peer to Peer"					
Jan													
Feb	"P.S. I Love You" Kindness and Friendship Learning Activities												
March												"Clean Slate"	
April													
May									"Be the One"				
June						Gr. 5 "Mash Up"							





**"You Matter
Day"**

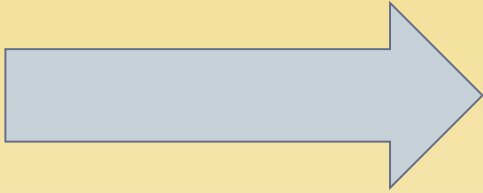
“Project Kindness” for all Grade 6 Students



Sachem Peer Educators working in our Grade 4 and Grade 5 classrooms...



“Freshmen Check In”



Physical Education & Health

High Schools

2018-2019

- Completed updates to the PE & Health curriculums

2019-2020

- Implementing mini-units
 - Yoga & Mindfulness Activities
 - Triathlon course
 - Lifetime activity PE course
 - Project based learning (Health)
- Curriculum writing for new courses

Middle Schools

2018-2019

- Completed updates to the PE & Health curriculums

2019-2020

- Implementing mini-units
 - Yoga & Mindfulness Activities
 - Project Adventure & cooperative games
 - Project based learning assignments (Health)

Elementary Schools

2018-2019

- Purchased Lions Quest Program for Elementary SEL

2019-2020

- Creating PE & Health curriculum writing teams
 - Revise PE curriculum
 - Create Health Curriculum
- Lion's Quest Training
 - Elementary Staff



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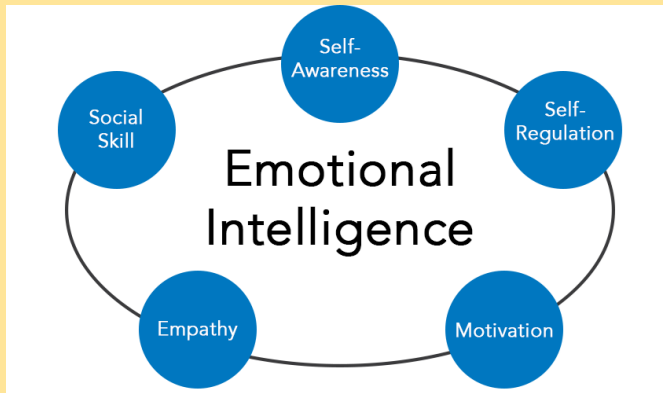
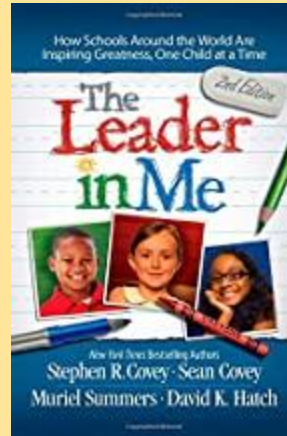
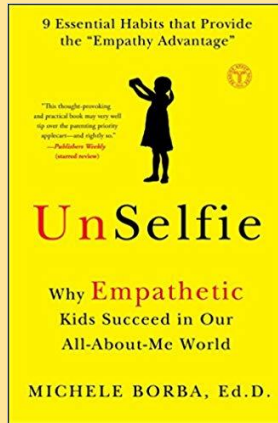
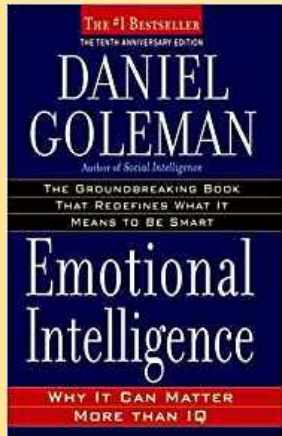
Sample Building Implementation

Lynwood Elementary

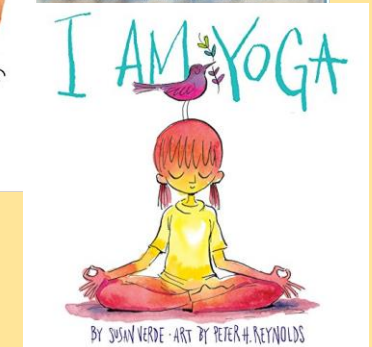
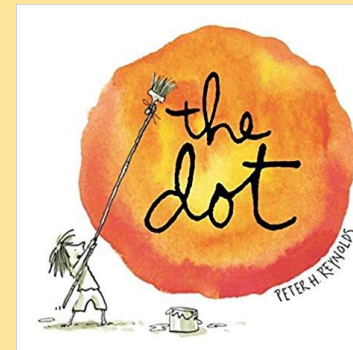
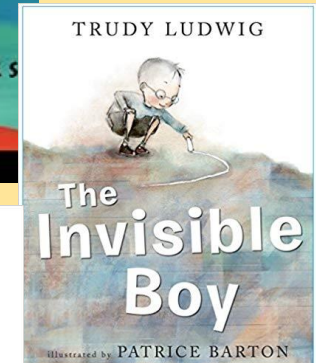
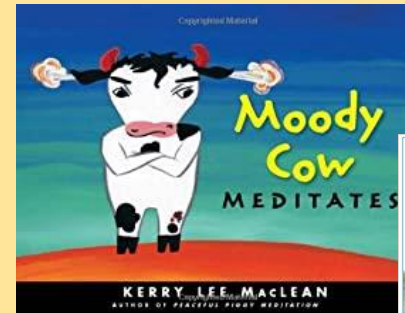


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SEL Framework

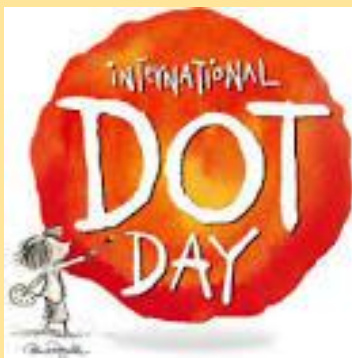


Books of the Month



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Dot Day



Start with Hello Week



Cancer Awareness



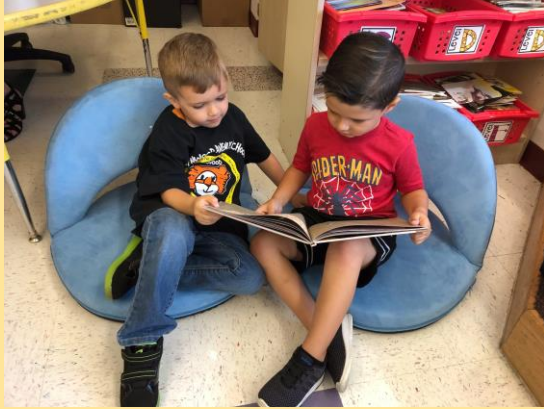
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Good Morning: Starting the day off right!



Afternoon Meeting: Checking In, Community Building, Sharing





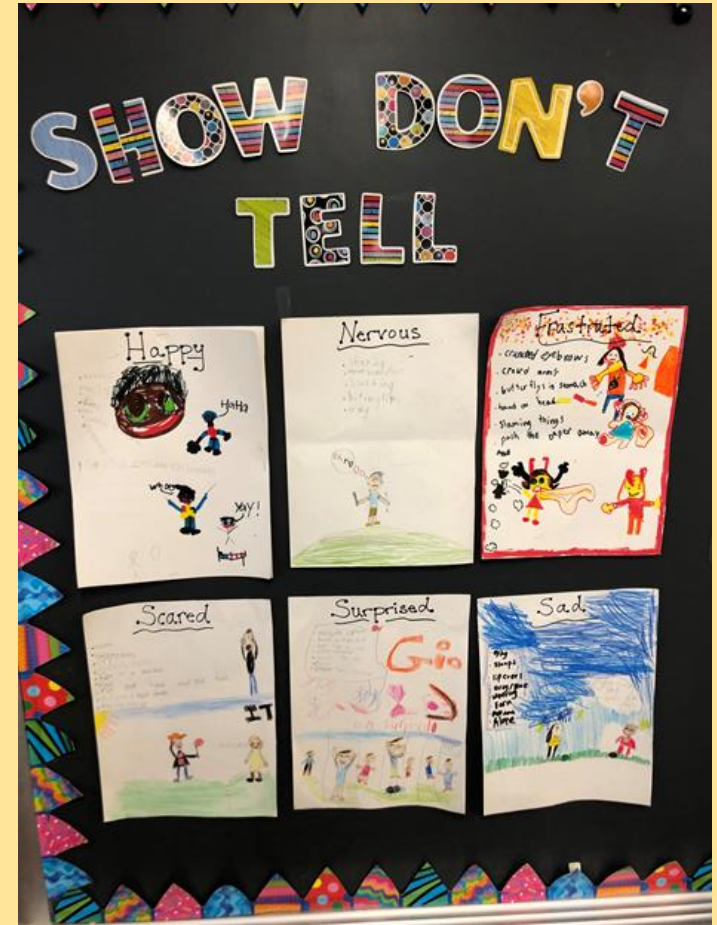
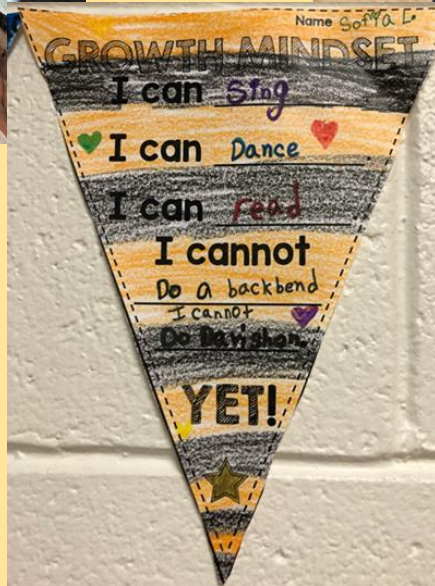
Using Literature in SEL



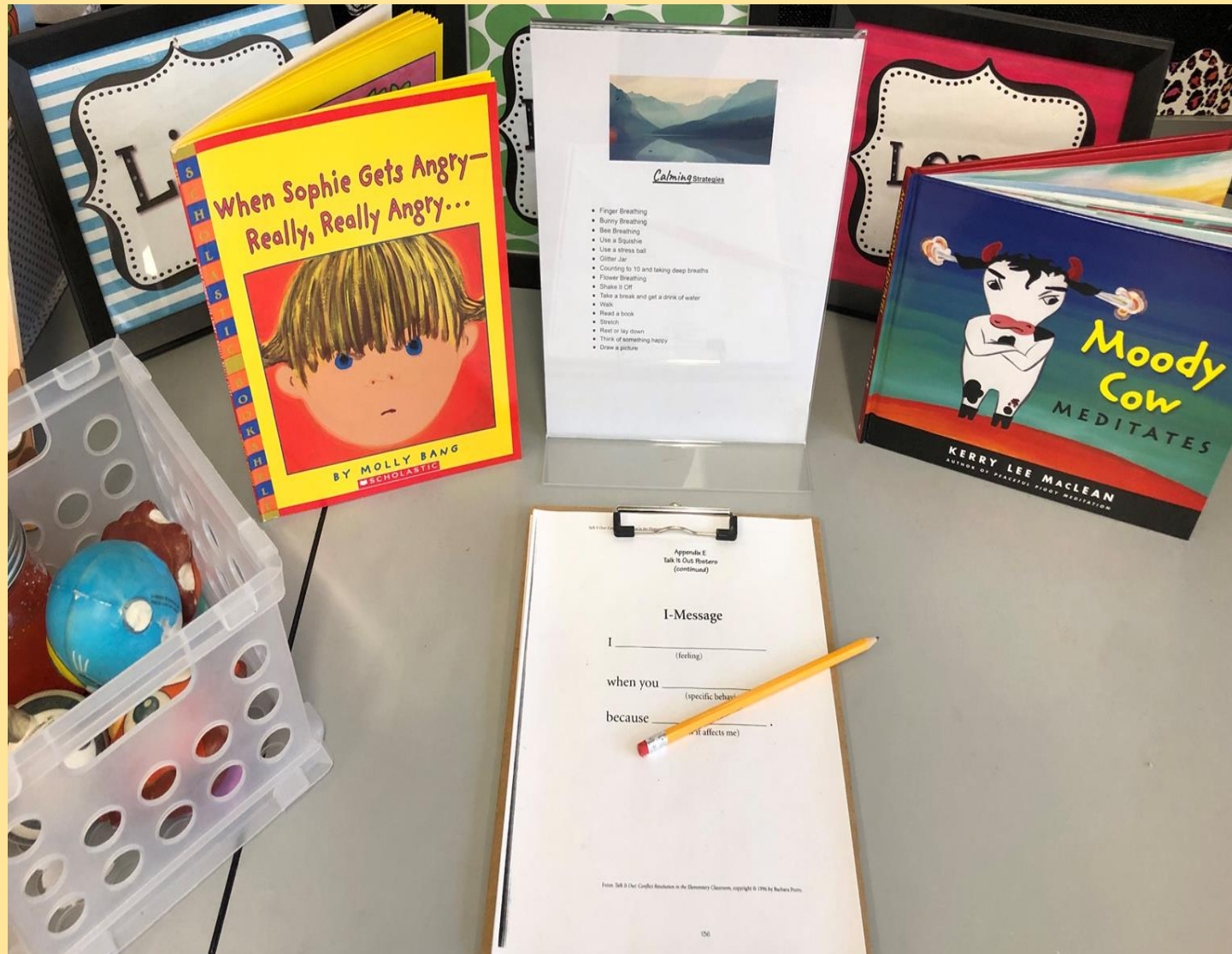
SEL: Mindfulness & Yoga



Using SEL in Writer's Workshop

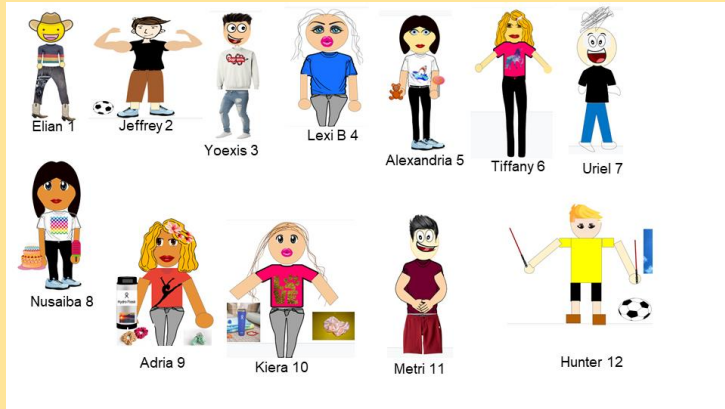


Managing Our Emotions: Calming Center



SEL in Fourth Grade

4-3 is LEVELING up Together!



Known to be the brightest star in the night sky. Comes from the Greek word, Seirios (**GLOWING** or **SCORCHING**)
The students of the S.S.I team want to live up to the Sirius Status of the S.S.I company.

How to live up to the S.S.I Sirius status

1. Doing the right thing
2. Striving for Excellence
3. Keep an eye on the goals - keeping focused
4. Being proactive - if something is broken - FIX IT!
5. Going the extra Mile - to go above and beyond what is expected, to make a bigger **effort** than is required, to exert special energy in order to accomplish something.
6. Showing kindness and being nice to others
7. Being friendly and approachable- for example asking others to join your team, invite others to sit with you at lunch or play at recess.
8. Valuing others and teammates - Others first, you second! Look out for each other. Be **UPSTANDERS!**
9. Rewarding Great Performance - for example positive call outs to others during morning meeting and Triple A meetings.
10. Being humble and letting go of your EGO - It is OK to talk about achievements but it is not **SIRIUSLY** to boast about them.
11. Being honest and fair
12. Having a sense of humor and have a great time!



Class Confederacy



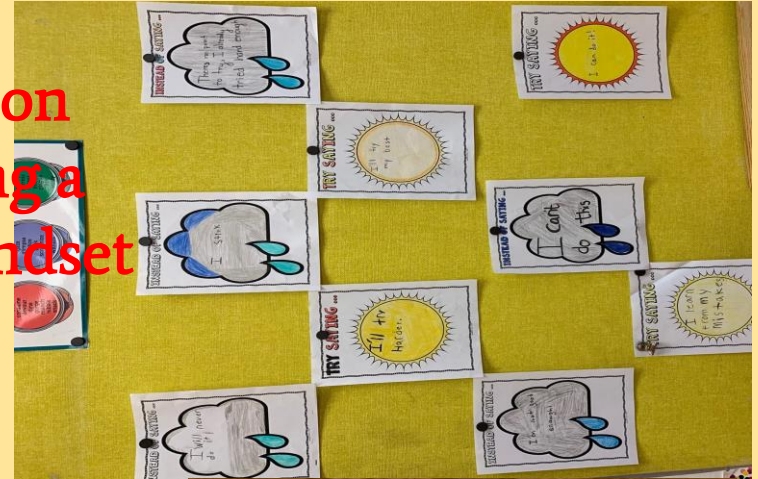
Share Out/ Talk it Out



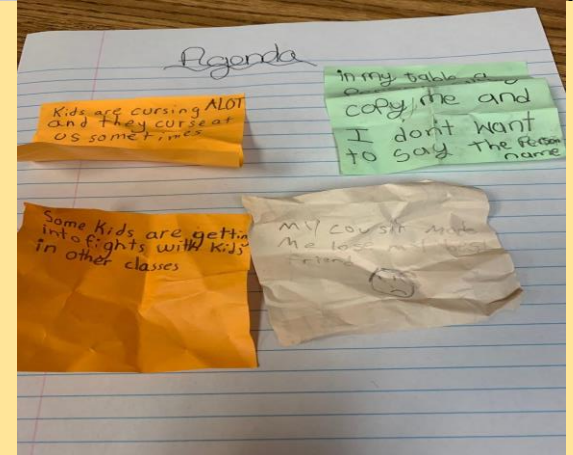
Fifth Grade SEL in Action



Working on
Developing a
Positive Mindset



Building our
Classroom
Community by
Problem Solving



Boosting Our Self-Esteem



HOW DO I FEEL THIS MONTH?

Green = Great day! (green zone)
Yellow = Some problems today (yellow zone)
Red = Upsetting or Out of Control day (red zone)
Blue = Sad, Tired, or Sick day (blue zone)

WWW.TEACHERSPAYTEACHERS.COM/STORE/MRS-RICES-OT-CORNER



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*Thank you for your continued
support!*

Questions? Comments?