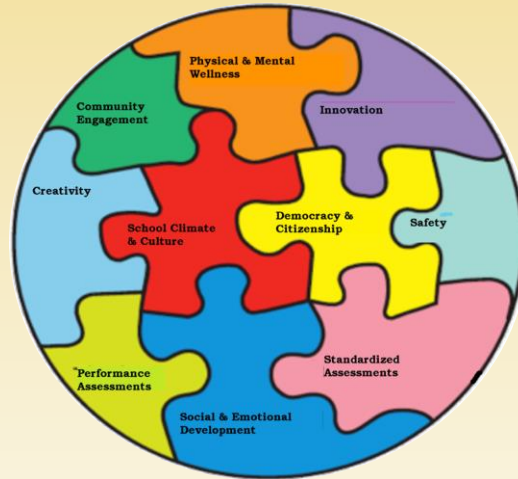




Sachem Central School District DEEPENING STUDENT ENGAGEMENT & CONNECTIONS



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Whole Child: SEL Steps Ahead “Social and Emotional Development”

- Throughout the 18-19 school year, the Wellness Committee will continue to explore SEL continued activities throughout the school district.
- An SEL curriculum will be created utilizing the newly adopted NYS Mental Health Standards to identify key 21st Century Skills and Values we want to foster in all Sachem students.
- Each building will connect this SEL work to their individual character



Individual Student Transition Meetings

- A goal was identified this year, through Curriculum Council, to have transition conversations on all students at the commencement years of Grade 5 and Grade 8.
- These conversations included both academic and social/emotional history for each student.
- Building Members Involved: Principal/ AP, Guidance, Psychologist, Social Worker, Teacher, AIS Support (If Applicable) and Nurse
- 2017-2018- Meetings conducted for **all** 5th grade students between and Elementary and Middle School Teams.
- 2018-2019-Meetings will be conducted for **all** 8th grade students between the Middle and High School Teams.

Continued Middle School Student Transition Activities

- Sixth Grade Orientations
 - Each Middle School has conducted an incoming 6th grade orientation to orient the students and their families to the various happenings in a middle school.
- Project Kindness – Middle Schools
 - To capitalize on the highly successful *Challenge Day* program at North High School, Mr. Chiaramonte has worked with district office and building administration to bring a middle school model for all students. It is a team building SEL program packed with various skills for students to grow in knowledge about!
 - Project Kindness will begin in October 2018 for all 6th graders. Grades 7 and 8 will begin the experience 2019-2020.

FRESHMAN ORIENTATION ACADEMIES

- Both High Schools conducted Freshman Orientation Academies. They were spread out over several days to create a culture of connectedness amongst students.
- Team building events were conducted as well as school tours, etc.
- The Mentoring & Challenge Day Staff supported all activities along with building administration.



MENTORING AND STUDENT CONNECTIONS

• Project Happiness

- EAST applied with over 100 schools nationwide. We were one of 10 selected!
- Linked to Discovery Ed
- East is now an ambassador school for **Project Happiness** @EastHappiness
- Daily calendar for mentoring with announcements and actionable items:
- Mindful Monday, Grateful Tuesday, Wellness Wednesday, etc.
- Mindfulness and Wellness:

~Yoga (provided by teacher on staff)

~Principal meeting all 9-12 students individually first 8 weeks of school and hosting life coaching sessions monthly.



• Student Advisory

- Peer Mentors/Seniors at North HS
- All student mentors are trained via the New York State Mentoring Program
- Mentoring in homeroom
- Topics Examples for Peer Mentoring:
 - Stress Relief, SEL
 - Time Management, College
- Benefits for Students:
 - Build Relationship Skills
 - Develops Future Leaders
 - Culture Building
 - Encourages Kindness, Respect, Empathy and Trust



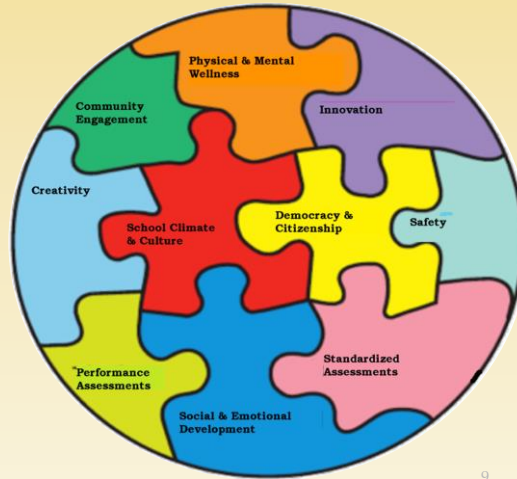
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An SEL Twist on SUSPENSION – HS

- In an effort to better serve our student' SEL needs, we are modifying the High School In School Suspension model.
- The new model will provide both academic, counseling and social emotional support to our students. Students who engage in the most serious of negative activities, such as selling drugs, will receive an out of school suspension.
- All applicable students will spend time in in school suspension where they will have access to mental health materials and supports to encourage positive behaviors.
- Students will also receive academic support. We will have multiple academic teachers assigned to teaching periods throughout the day.



Thank you - Questions?



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