

# SAMOSET NEWS

**Your source to stay "In the Know"**

**Week of 10/16/23**

**From the Main Office**



Dear Samoset Families,

We had a great week at Samoset this week! We celebrated our success with the Samoset Saver Card Fundraiser with Italian Ices for the lunch period that sold the most cards. We also had a great time at our Samoset Halloween Bash! Pictures in our next newsletter.

Next week begins our Red Ribbon Spirit Week. Red Ribbon Week highlights the importance of living a drug-free life. Please see our attached Red Ribbon Week flyer for specifics. We are looking forward to all of the exciting things we have planned for the next few weeks!

-Mrs. Hagan

## Coming Soon

- ☐ PTSA Meeting 10/23/23
- ☐ School pictures retake
- ☐ Costumes for a Cause
- ☒ *Please check the homepage for details about sports, clubs, etc.*

## Stay in touch :



[www.sachem.edu](http://www.sachem.edu)



631-471-1700



@samosetmiddleschool



# #WEARESAACHEM

## MARK YOUR CALENDAR!



**PTSA Meeting:**  
October 23

**Picture Retake:**  
October 25

**Costume for a Cause:**  
October 31

**Book Fair:**  
10/31/23 - 11/02/23 During ELA Periods

**Hallway of Heroes:**  
November 3

**Veterans Day:**  
November 11

**Turkey Trot:**  
November 17

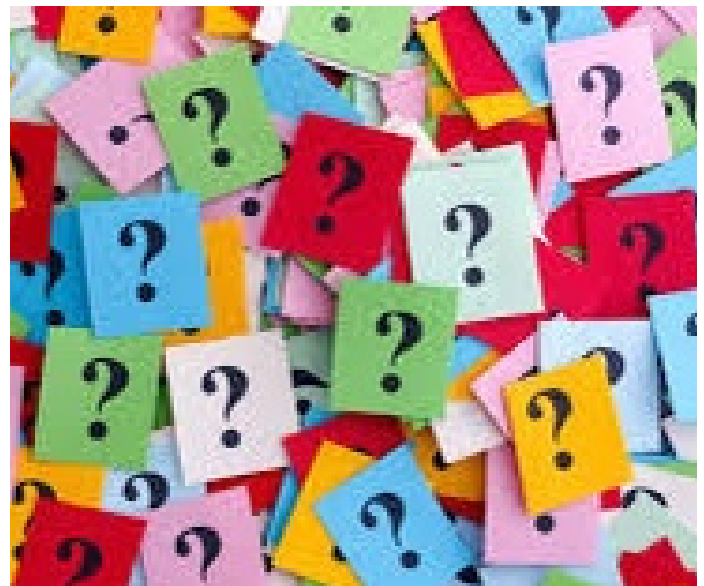
## RIDDLE OF THE WEEK

Solve this riddle and stop by Mr. Washousky's office on Monday for a prize.

What can someone make, but never be able to hold or see?

Check back next week for the answer!

*Last week's answer: Only 1/2 way, because then they would be running out of the woods*





# WHAT IS HAPPENING AT SAMOSET?



Here is something for Sachem to be proud of!



# WHAT IS HAPPENING AT SAMOSET?

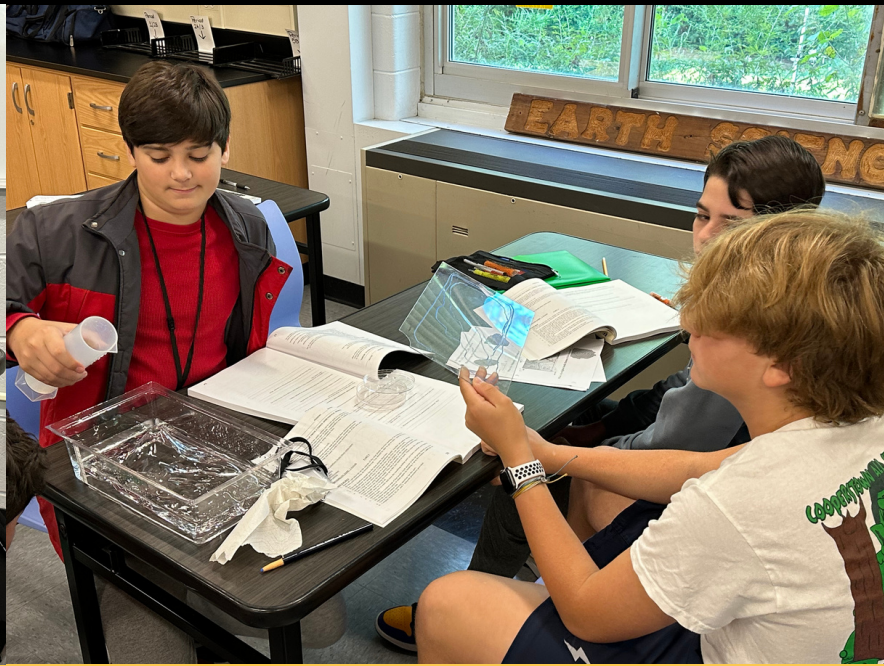


A VISIT FROM A THERAPY  
DOG, WALT, WHO IS A  
VOLUNTEER WITH THERAPY  
DOGS OF LONG ISLAND  
MAKES EVERYONE FEEL  
GOOD! THANKS MRS.  
GLASSER ❤️

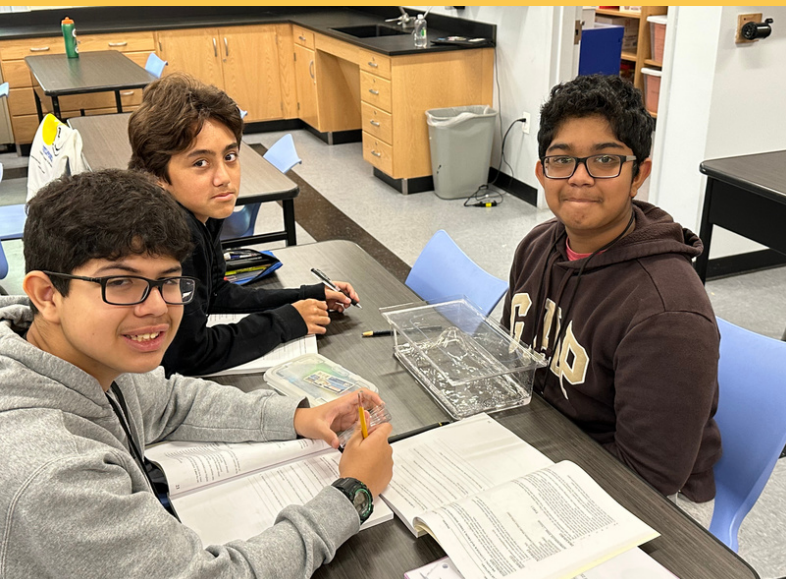




# WHAT IS HAPPENING AT SAMOSET?



Here are some pictures of Ms. Firmbach's Earth Science students using plastic volcano models to create and learn about topographic maps.





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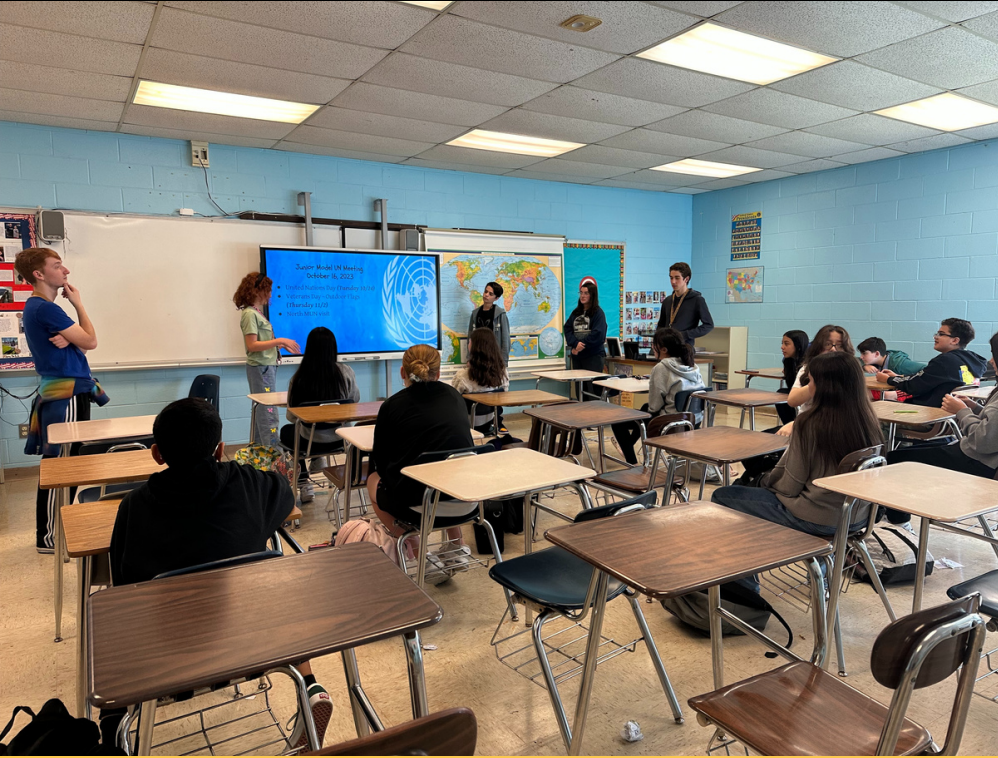


In Mr. Shanahan's Class, they started to learn about the parts and functions of the compound microscope. The students also practiced focusing the microscope observing specimens of fruit flies.



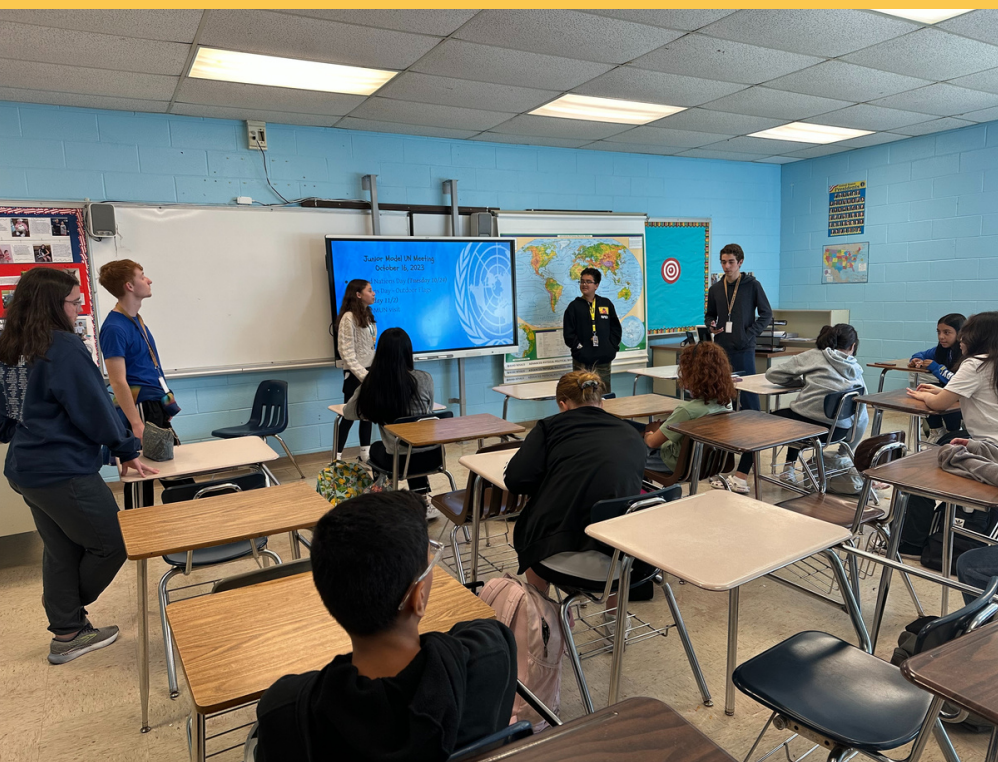


# WHAT IS HAPPENING AT SAMOSET?



STUDENTS IN THE JUNIOR MODEL UN CLUB GOT THEIR FIRST VISIT FROM SACHEM NORTH'S MODEL UN OFFICERS THIS WEEK, WHO TAUGHT THEM DEBATE SKILLS. STUDENTS FACED OFF TO DEBATE IMPORTANT TOPICS SUCH AS "IS A HOT DOG A SANDWICH?", "IS CEREAL A SOUP?" AND "DOES PINEAPPLE BELONG ON PIZZA?"

THANKS MRS. QUINN



# WHAT IS HAPPENING AT SAMOSET?



SAMOSET IS ALL ABOUT UNITY!



# WHAT IS HAPPENING AT SAMOSET?



THESE LUCKY WINNERS WERE CHOSEN TO SLIME  
OUR TEACHERS. THIS EVENT IS HAPPENING  
OCTOBER 26TH! CONGRATULATIONS TO BRENNNA,  
SOFIA, ALLIE, JAMES, RACHEL, MALLORY, DYLAN,  
JAIRO, CASSIDY, AUDREY, AND FIONA!

# SAMOSET STARS



SAMOSET STUDENTS WERE HONORED BY THEIR TEACHERS FOR DOING GREAT WORK IN OUR SCHOOL. EACH OF THESE STUDENTS WAS NOMINATED BY A TEACHER. WE HELD A SPECIAL CEREMONY AND HONORED THEM WITH A BREAKFAST. THEY REPRESENT THE BEST QUALITIES IN OUR SCHOOL. KEEP UP THE GREAT WORK!

## 6TH GRADE

MEHVISH ALI

REESE MANDELLO

RACHEL STAPLETON

CAYLEE STEINBERG

## 7TH GRADE

BENJAMIN ARABIAN

LUCIANO CALCAGNO

KAYLA KUERNER

ROBERT SCIAMMARELLA

## 8TH GRADE

SAL ECHEL

ANDERSON MARTINEZ

EMILIENNE MROSE

JILLIAN RABBITT



# COSTUMES FOR A CAUSE

Want to wear your Halloween costume to school on the 31st? You can if you participate in our "Costumes for a Cause!" All you need to do is bring \$2 or a canned good to support our Thanksgiving Food Drive. Your donation will be collected in homeroom. Remember, no violent costumes, masks, accessories, or inflatables are allowed. If you are not sure about your costume, check with your Assistant Principal.

**DON'T FORGET, NO  
MASKS OR  
DANGEROUS  
ACCESSORIES**



# RED RIBBON SPIRIT WEEK

October 23<sup>rd</sup>-October 27<sup>th</sup>

Monday

"Red"dy to  
say NO to  
drugs!



Wear red to kick  
off Red Ribbon  
Week!

Tuesday

Too  
bright for  
drugs!



Wear neon and  
bright colors!

Wednesday

My future is  
Drug Free!



Wear college gear  
or dress like your  
dream job!

Thursday

Team up  
against drugs  
and Slime a  
Teacher Day!



Wear your favorite  
sports team or Samoset  
jersey and watch some  
of your favorite  
teachers get SLIMED!!!

Friday

Wear Pink for  
Breast Cancer!



Supporting a  
positive cause can  
help remind us to  
make healthy  
choices like staying  
drug free!



# 4th Annual Samoset Turkey Trot



## Friday, November 17th

This event is open to all 6th, 7th and 8th grade students

Google Classroom code

4x2dy4j

You must join the google classroom and submit the permission form found in the classwork section by

Monday Nov. 13th in order to participate

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Samoset Middle School

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HONORS OUR  
**VETERANS**

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**2023**

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This year, Veteran's Day is **Saturday, November 11th**. In honor of our Veterans and service members, both past and present, Samoset will be creating our own "**Hallway of Heroes**" to show our support and gratitude to those who fought and continue to fight for our freedoms. If you wish to honor a specific Veteran or current service member, please fill out the necessary information on the attached star and return it to your child's **Social Studies teacher by Friday, November 3rd**. All completed stars will be hung within our school walls to honor the incredible sacrifices made by the brave men and women who have and are currently serving in our nation's military.

Additionally, in an effort to show our support for all Veterans and service members, we will be accepting donations of any monetary value beginning on **Monday, October 23rd** until **Friday, November 3rd**. Donations are completely voluntary! If you are willing and able to contribute, donations should be made in **cash** and submitted to your child's **Social Studies teacher**. All proceeds will be donated to the **Wounded Warrior Project**.

**Thank you for your support as we honor our Veterans and service members!**





Please complete the information below for a  
Veteran or service member  
of your choosing.

**\*Name should be completed  
as the name of the Veteran  
or service member being  
honored.**

If possible, please place a picture  
of the individual being honored in the  
**circle**. If no picture is available, please  
have your child draw an image of the  
person or any patriotic symbol in the  
space.

**\*Please write your  
child's name AND  
Homeroom on the back  
of the star!**

Name: \_\_\_\_\_

Branch/ Branches of the Military:

\_\_\_\_\_

Wars or Locations Served:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please cut your  
star out along  
the black lines  
before handing  
in!





# Tips for Success

## THE SECRET TO SAMOSET SUCCESS...

**IS MATH ANXIETY REAL? SOME STUDIES SAY IT IS. RESEARCH SHOWS THIS ANXIETY CAN CAUSE WORRY OR EVEN PANIC WHEN SOLVING MATH PROBLEMS. BELOW ARE SOME TIPS THAT CAN HELP STUDENTS. FIND THE FULL ARTICLE AT [MEDICALNEWSTODAY.COM](https://www.medicalnewstoday.com).**

- **DEEP BREATHING EXERCISES:** THESE EXERCISES HELP CALM A PERSON'S NERVOUS SYSTEM WHEN THEY FEEL ANXIOUS OR STRESSED. THEY CAN LEARN TO USE THEM DURING MATH CLASSES OR EXAMS.
- **WRITING OR JOURNALING:** A 2017 PAPER STATES THAT EXPRESSIVE WRITING BEFORE A TEST CAN IMPROVE MATH PERFORMANCE. IN SOME RESEARCH, WRITING DOWN THOUGHTS AND FEELINGS SEEMS TO REDUCE NERVOUSNESS.
- **EXTRA SUPPORT:** TUTORING PROGRAMS CAN HELP MANAGE MATH ANXIETY. THE MAIN FOCUS OF THIS TUTORING IS USUALLY TO HELP WITH A STUDENT'S MATH ABILITY.
- **PATIENT PRACTICE:** AVOIDING MATH MAY EASE SYMPTOMS, BUT IT CAN ALSO REINFORCE MATH ANXIETY. INSTEAD OF AVOIDING THE SUBJECT ENTIRELY, PEOPLE MAY FIND IT HELPFUL TO PRACTICE IT IN A QUIET, LOW-PRESSURE SETTING. ALTERNATIVELY, THEY CAN TRY MATH GAMES OR APPS.