

OCTOBER 2023

SOUTH COLONIE Pre K

Full Lunch: \$3.25 Reduced Lunch: \$0.00 Milk: \$0.75

Friday Thursday Monday Tuesday Wednesday Uncle Ricco's Cheeses Chicken Patty on a Roll Hamburger on a Roll / No School Oven Baked Fries Pizza Turkey Corndog Bites Corn Niblets Carrot Coins Oven Baked Fries Professional Development Green Beans **Applesauce** Apple slices Mixed Fruit Assorted Fruit Day Milk Milk Milk Milk Soft Shell Taco w/ turkey/ No School Uncle Ricco's Cheese Chicken Tenders w/ Sauce taco filling, lettuce, cheese, Hamburger on a WW bun Pizza Potato Smiles Columbus Day Green Beans Broccoli Corn Cucumbers & Dip **Apple Slices** Pears Mixed fruit Assorted Fruit Milk Milk Milk Milk Macaroni & Cheese 6 French Toast Sticks w/ Raider Sandwich Uncle Ricco's Cheese Syrup Toasted Cheese Sandwich (Egg & Cheese Sliced Carrots Pizza Turkey Sausage String Cheese on a croissant) Corn Niblets Mixed Fruit Green Beans Tater tots Fresh Fruit **Sweet Potato Fries** Milk Pears Assorted Fruit Milk **Applesauce** Milk Milk Milk Uncle Ricco's Cheese Chicken Nuggets 25 Mashed Potatoes w/ gravy Cheese Filled Breadstick 1/2 Turkey Sandwich Hamburger on a WW bun Pizza Green Beans w/ Tomato Dipping Sauce Oven Baked Fries Corn Corn Mixed Fruit Garden salad w/ dressing Fresh orange Applesauce cup Assorted Fruit Milk Milk Milk Milk Milk Chicken Patty on a Bun () Happy Halloween 3 Oven Baked Fries Uncle Ricco's Cheese **Baked Beans** Pizza Assorted Fruit Green Beans Milk Mixed Fruit Milk

Monday: Hummus, Cheese stick, Pretzel, carrot sticks

Tuesday: Turkey Munchable: Turkey Stick, Mozzarella Stick, Goldfish Crackers
Wednesday: Pizza Munchable: Flatbread quarters, Tomato Sauce, Shredded Mozzarella

Thursday: Nacho munchable: Tortilla chips, salsa, shredded cheddar Friday: Yogurt Munchable: Yogurt, Mozzarella Stick, Graham Crackers