

OCTOBER 2023

SOUTH COLONIE MIDDLE SCHOOLS

Full Breakfast: \$2.25
 Reduced breakfast: \$0.00
 Milk: \$0.75

Monday

Bagel w/ Cream Cheese
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

NO SCHOOL **9**

Bagel w/ Cream Cheese **15**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **23**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **30**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Tuesday

Bagel w/ Cream Cheese
 Juice, Milk
 OR
 French Toast Sticks
 Fruit, Milk

Bagel w/ Cream Cheese **10**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **17**
 Juice, Milk
 OR
 Apple or Cherry
 Frudel Sticks
 Fruit, Milk

Bagel w/ Cream Cheese **24**
 Juice, Milk
 OR
 Cini Mini
 Fruit, Milk

Bagel w/ Cream Cheese
 Juice, Milk
 OR
 French Toast Sticks
 Fruit, Milk

Wednesday

Bagel w/ Cream Cheese **4**
 Juice, Milk
 OR
 Egg & Cheese Breakfast
 Sandwich
 Fruit, Milk

Bagel w/ Cream Cheese **11**
 Juice, Milk
 OR
 Egg & Cheese Breakfast
 Sandwich
 Fruit, Milk

Bagel w/ Cream Cheese **18**
 Juice, Milk
 OR
 Egg & Cheese Breakfast
 Sandwich
 Fruit, Milk

Bagel w/ Cream Cheese **25**
 Juice, Milk
 OR
 Egg & Cheese Breakfast
 Sandwich
 Juice, Milk

Thursday

Bagel & Cream cheese **5**
 Fruit, Milk
 OR
 Assorted Muffins
 Fruit, Milk

Bagel & Cream cheese **12**
 Fruit, Milk
 OR
 Assorted Muffins
 Fruit, Milk

Bagel & Cream cheese **19**
 Fruit, Milk
 OR
 Assorted Muffins
 Fruit, Milk

Bagel & Cream cheese **26**
 Fruit, Milk
 OR
 Assorted Muffins
 Fruit, Milk

Friday

NO SCHOOL **6**

Bagel w/ Cream Cheese **13**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **20**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

Bagel w/ Cream Cheese **27**
 Juice, Milk
 OR
 Assorted Cereal Bowl
 Fruit, Milk

