

# OCTOBER 2023

## SOUTH COLONIE ELEMENTARY SCHOOLS

Full Lunch: \$3.25  
 Reduced Lunch: \$0.00  
 Milk: \$0.75

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty on a Roll Oven Baked Fries Green Beans Mixed Fruit Milk	Uncle Ricco's Cheese Pizza Carrot Coins Apple slices Milk	Loaded Nachos Tortilla chips w/ Meat sauce, Nacho cheese, salsa Corn Niblets Applesauce Milk	Turkey Hotdog on a bun Oven Baked Fries BBQ Baked beans Assorted Fruit Milk	No School Professional Development Day
No School Columbus Day	Uncle Ricco's Cheese Pizza Green Beans NYS Apple Milk	Chicken Tenders w/ Sauce Potato Smiles Broccoli Mixed fruit Milk	Soft Shell Taco w/ turkey taco filling, lettuce, cheese, salsa, Black Beans, Corn Pears Milk	Hamburger on a WW bun Oven Baked Fries Cucumbers & Dip Assorted Fruit Milk
Macaroni & Cheese Sliced Carrots WW Dinner Roll Mixed Fruit Milk	Uncle Ricco's Cheese Pizza Corn Niblets Fresh Fruit Milk	French Toast Sticks w/ Syrup Turkey Sausage Sweet Potato Fries Applesauce Milk	Tomato Soup w/ Crackers Toasted Cheese Sandwich Green Beans Pears Milk	Raider Sandwich (Egg, Cheese, Turkey Bacon on a croissant) Tater tots Assorted Fruit Milk
Hamburger on a WW bun Oven Baked Fries Fresh Vegetables & Dip Assorted Fruit Milk	Uncle Ricco's Cheese Pizza Green Beans Mixed Fruit Milk	Popcorn Chicken Mashed Potatoes w/ gravy Corn Fresh orange Milk	Cheese Filled Breadstick w/ Tomato Dipping Sauce Garden salad w/ dressing Applesauce Milk	Chicken Fajitas Peppers & Onions, Salsa Cheese and Sour Cream Corn Assorted Fruit
Turkey Hot Dog on a Bun Oven Baked Fries Baked Beans Assorted Fruit Milk	Happy Halloween Uncle Ricco's Cheese Pizza Green Beans Mixed Fruit Milk			

Monday: Hummus, Cheese stick, Pretzel, carrot sticks

Tuesday: Turkey Munchable: Turkey Stick, Mozzarella Stick, Goldfish Crackers

Wednesday: Pizza Munchable: Flatbread quarters, Tomato Sauce, Shredded Mozzarella

Thursday: Nacho munchable: Tortilla chips, salsa, shredded cheddar

Friday: Yogurt Munchable: Yogurt, Mozzarella Stick, Graham Crackers