



# WILDCAT WEEKLY

We A.R.E Sonora High  
Accountable - Respectful - Engaged

November 26th, 2023

Items on this page are hyperlinked.  
Hyperlinked items appear in blue,  
**BOLD**, and underlined

## Four Short Weeks Left Until the End of the Semester

The return from Thanksgiving break leaves a very short 4 weeks until the end of the semester. It is important to remember that students semester grades not only determine eligibility for extra curricular activities, but are also used to assign credit towards graduation. You should have received your child's 2nd quarter progress report in the mail over break. If you are concerned about your child's progress, please reach out to your students teachers and/or counselors sooner rather than later. Current grades and information about attendance can always be viewed through the [Aeries Parent Portal](#). For assistance in setting up a parent portal account, please see these instructions: [Parent Portal Instructions](#) or call the Sonora High School front office.

## Student Spotlight

The Physical Education Department would like to recognize Anthony Mellott and Kaydance Craig for always bringing a good effort and a smile to class everyday. Both of these students are self directed, have a strong work ethic and are kind towards their peers. Their good attitudes have helped to build a positive class culture in each of their classes.



All Students recognized in the student spotlight receive a free meal from Sierra Energy/Squeeze Burger

## Free Meals

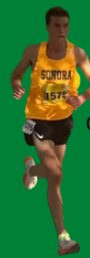
Sonora High School provides a free no cost breakfast and lunch to every SHS student each day that they attend school. Please see these links for the menus.



[SHS Breakfast Menu](#)  
[SHS Lunch Menu](#)



## CONGRATULATIONS TO BROEN HOLMAN!



On Saturday, November 25th, Broen ran in the CIF State Cross Country meet. Broen finished 3rd in the Division 4 race finishing just .9 seconds behind the leader with a time of 14.46.4 Broen's finish was the overall 4th fastest by any runner that day. Congratulations Broen!



Local Feedback Needed!

The Tuolumne County Recreation Department wants to hear from you. Please see this [link](#) for more information and the ability to give your thoughts!

## COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

### All Students-

There are 4 more weeks of school until the semester ends on DECEMBER 22nd, then we are off for another holiday break. Make sure to stay on track with your academics! Below are some tips to help.

- Come to school
- Set goals
- Stay organized
- Limit distractions
- Use Flex periods wisely
- Reward yourself with breaks
- Communicate with teachers
- Do not wait until the last minute



### Wellness Center Flex Activities: Register through *Enriching Students*

- November 30th: Guest Speaker

### Bullying Prevention, Kindness, and Tolerance Month-

"No act of kindness, no matter how small is ever wasted." Aesop  
Thank you Amelia Frantz for being the "i" in kind



### Seniors -

- **CSU/UC applications are due November 30th.**

**What Is Going On...**  
Click here to see this week's events  
[The Week Ahead](#)

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