



WILDCAT WEEKLY

We A.R.E Sonora High
Accountable - Respectful - Engaged

January 8th, 2023

Items on this page are hyperlinked.
Hyperlinked items appear in blue,
BOLD, and underlined

A New Year, A New Semester

With the ringing in of 2023, a new year also brings a new semester at Sonora High School. It is a great opportunity for students to start fresh. No matter where first semester grades, attendance, participation or citizenship ended last semester, the new semester is a time to begin with a clean slate. We want to encourage all of our students to begin 2023 intentionally, with a clear and focused goal of getting to the end of the second semester successfully. Our staff is here to assist you and your student at any time during this upcoming semester, please feel free to reach out and explore the ways that we can help your student achieve his or her best. Grades from the first semester will be mailed out Friday, 1/13/23. Look for them in the mail early next week.

No School Monday 1/16/23

IN RECOGNITION OF
MARTIN LUTHER KING JR DAY

Spring Sports Information



Despite being entrenched in the middle of the winter sports season, the spring sports season is right around the corner. If your son or daughter is planning on trying out for a spring sport please make sure that you have registered them for that sport on the registration portal, they have a current physical and a concussion baseline test. You can find instructions on how to do each of that at this link: [SHS Athletic Information](#)

During the Spring Season we offer the following sports, with the indicated practice start date:

- Baseball- 1/30/23
- Boys Golf- 2/6/23
- Softball- 1/30/23
- Swimming- 2/6/23
- Coed Tennis- 2/6/23
- Track and Field- 2/6/23

What's Happening

Click here to see this week's events

[The Week Ahead](#)

*Inclement
Weather*



In the event that school needs to be delayed or cancelled due to inclement weather, Sonora High School will send out a communication through Parent Square. In addition, any school delays, cancellations or changes to bus schedule will be posted on [myMotherLode.com](#) on the [School Delays Page](#).

STUDENT SPOTLIGHT LUIS PULIDO

This week the Career and Technical Education Department would like to recognize Luis Pulido. Not only is he a heck of a nice guy, he also does excellent work in class. In the Computer Science branch of CTE, he has taken Creative Computers, Intro to Programming, and the capstone class Video Game Design. Luis is pretty calm and unassuming so it took a minute to recognize his abilities. But pretty soon we realized that he was quietly turning in very good projects and really mastering the material. This school year he was the first student to complete all of the Game Design tutorials and is well on his way to making his own creative 3D video game (see the picture). Not only has he excelled in CTE, he has maintained a 3.95 GPA from his sophomore year. Luis plans on continuing his education at San Diego State and wants to get a degree in computer science.

Congratulations Luis!



All students recognized in the student spotlight receive a free meal from Sierra Energy

COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!" The Counseling team wishes you the best over the holidays. We hope you find rest and relaxation but also recognize it can be a hard time of year. Below are local resources that may be beneficial over the break:



Calling 988 will route all callers to the National Suicide Prevention lifeline. For more info: [Click here](#)



Behavioral Health: Crisis, safety, and intervention programs: 209-533-7000. For more info: [Click Here](#)



ATCCA: Food, housing and utility bill assistance. For more info: [Click here](#)



Wellness Center Flex Activities: Register through *Enriching Students*

- December 20th: Christmas Story Movie

[Happy Holidays from the Counseling Staff](#)



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