



WILDCAT WEEKLY

We A.R.E Sonora High
Accountable - Respectful - Engaged

January 29th, 2023

Items on this page are hyperlinked.
Hyperlinked items appear in blue,
BOLD, and underlined

Student Activities This Past Week

This past week saw a variety of student activities. Here are a few pictures of the activities that occurred. They include scenes from Winterfest, Mock Trial, Pataflafla in the mall at lunch and the rally.



SAVE THE DATE

SONORA IN THE ROUND 3/1/23

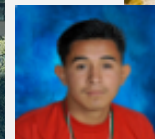
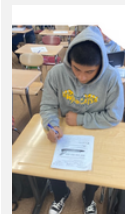
Do you want to improve your reading skills? See this [link](#) for how you can!

Upcoming School Holidays

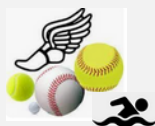
- Monday, February 13th, in recognition of Lincoln's Day
- Monday, February 20th, in recognition of Presidents' Day
- Spring Break this year will be from Monday 3/27 thru Friday 3/31

STUDENT SPOTLIGHT DIEGO LOPEZ & ANTHONY PINEDA

This week the Math Department would like to recognize Diego Lopez and Tony Pineda for this week's student spotlight. Diego and Tony have been an absolute pleasure to have in class this year. They are always respectful, accountable and engaged students. I am so proud of these two students, their hard work in all aspects of their lives is really starting to pay off! Keep up the great work!



All students recognized in the student spotlight receive a free meal from Sierra Energy



Spring Sports Information

If your son or daughter is planning on trying out for a spring sport please make sure that you have registered them for that sport on the registration portal, they have a current physical and a concussion baseline test. You can find instructions on how to do each of that at this link: [SHS Athletic Information](#)

During the Spring Season we offer the following sports, with the indicated practice start date:

- Baseball- 1/30/23
- Boys Golf- 2/6/23
- Softball- 1/30/23
- Swimming- 2/6/23
- Coed Tennis- 2/6/23
- Track and Field- 2/6/23

What's Happening

Click here to see this week's events

[The Week Ahead](#)

COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

UPCOMING

Seniors:

- FAFSA- 2/9 is the last opportunity at SHS to get help completing the FAFSA or CADA. Meet in the library at 5pm.
- Scholarships- 2/21, counselors will visit senior Gov/Econ classes to review the scholarship application process/timeline. Applications will open 2/22

All students:

- Registration- Counselors will visit classes in February and March to register students for next year.
- Middle College- applications will be available online February 14th.

Parents:

- Virtual Parent Workshop: Building Teen Social Emotional Skills at Home. February 8th at 7pm. Click [here](#) for more info.

Wellness Center Flex Activities: Register through *Enriching Students*

- January 31st: Mindfulness Walk
- January 26th: Yoga

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