



# WILDCAT WEEKLY

We A.R.E Sonora High  
Accountable - Respectful - Engaged

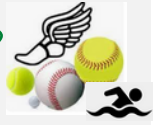
January 22nd, 2023

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Hyperlinked items appear in blue,  
**BOLD**, and underlined

## Save the Date... Sonora In The Round Wednesday, March 1st, 2023

We are very pleased to announce that the annual Sonora In The Round will be returning this year. Please mark your calendars for Monday, March 1st, 2023 from 5:30-7:00 pm. Sonora In The Round is an opportunity for current and future students and families to become familiar with all of the great programs that Sonora High School has to offer. This evening will showcase the whole scope of the different programs that Sonora High School has to offer. From the whole range of academic options to the extra/co curricular activities we offer, this is a night where information about each can be gained. More information will be shared soon. We hope to see you each there.

### Spring Sports Information



If your son or daughter is planning on trying out for a spring sport please make sure that you have registered them for that sport on the registration portal, they have a current physical and a concussion baseline test. You can find instructions on how to do each of that at this link:

[SHS Athletic Information](#)

During the Spring Season we offer the following sports, with the indicated practice start date:

- Baseball- 1/30/23
- Boys Golf- 2/6/23
- Softball- 1/30/23
- Swimming- 2/6/23
- Coed Tennis- 2/6/23
- Track and Field- 2/6/23

### WINTERFEST

Friday, January 27th  
vs Argonaut 6:00pm

**DRESS UP DAYS**

Monday: Denim Day

Tuesday: Spirit Day

Wednesday:

Wellness (comfy)

Thursday: Tie-Dye

Friday: Snow Clothes

### STUDENT SPOTLIGHT ISABEL DAVID

This week the English Department would like to recognize Isabel David for the Student Spotlight. Isabel's commitment to learning is visible. Every day, she is prepared, engaged, and ready to take on any academic challenge. She seeks out additional opportunities to challenge herself, such as "Poetry Out Loud" and Mock Trial. We have been impressed by her pluck and determination. She knows hard work is a cornerstone of success and sets this example for her classmates. We are so thankful she is a



Wildcat!



All students recognized in the student spotlight receive a free meal from Sierra Energy

### COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

**Wellness Center Flex Activities:** Register through *Enriching Students*

- January 24th: Mindfulness Walk
- January 26th: Meditation



#### Upcoming Events

#### Seniors:



- 2/9 is the last opportunity at SHS to get help completing the FAFSA or CADA. Details to follow.
- 2/21, counselors will visit senior Gov/Econ classes to review the scholarship application process/timeline. Applications will open 2/22

#### All Students:

- Counselors will visit classes in February and March to register students for next year.

#### Upcoming School Holidays

- Monday, February 13th, in recognition of Lincoln's Day
- Monday, February 20th, in recognition of Presidents' Day
- Spring Break this year will be from Monday 3/27 thru Friday 3/31

### What's Happening

Click here to see this week's events

[The Week Ahead](#)

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