



FAMILY SUPPORT GROUP

SANTA ROSA

Thursdays

2:00PM-3:30PM

NAMI Sonoma County Office,
182 Farmers Lane, Ste. 202
Santa Rosa, CA 95405
(707) 527- 6655

SEBASTOPOL

4th Friday of every month

3:00PM-4:30PM

O'Reilly Media, Inc.
1005 Gravenstein Hwy N
Sebastopol CA 95472
Tarsier Conference Room
Lost? Call (707) 591-4617

No need to sign up. Please drop in for this free group!

NAMI Family Support Groups are an important resource for families and friends who have a loved one living with mental health challenges. Learning that others have been able to work out some of the problems associated with mental illness can inspire new hope in families who attend. Come receive empathic support and valuable referrals in your community.

NAMI SONOMA COUNTY
NATIONAL ALLIANCE ON MENTAL ILLNESS



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