

MENTAL HEALTH SERVICES AND SUPPORTS

Program	Description	Referral Process/Eligibility Criteria
<p>Monterey County Behavioral Health (MCBH)-Services to Education Program</p> <p>Services available in every school site in the Soledad Unified School District</p>	<p>Assessment Individual Counseling Group Counseling Crisis Intervention Medication Management Home-Based Services (if eligible) Consultations and Trainings to school staff</p>	<p>Moderate to severe impairments in school functioning</p> <p>Referrals made by school counselors, school administrators, or through the IEP process</p>
<p>Monterey County Behavioral Health ACCESS Program</p> <p>(831) 769-8740</p> <p>359 Gabilan Drive Soledad, CA 93960</p>	<p>Screening and assessment. Services provided in ACCESS after an assessment may include up to 6 months of brief therapy, medication support, and case management.</p>	<p>Walk in hours 10am-2pm Mon/Wed Or call for an appointment Medi-Cal recipients may participate in Welcome and Orientation Groups where you can learn about our services, get a brief assessment and be referred to the right ongoing services.</p> <p>If you do not have Medi-Cal, you will be referred to a member of the ACCESS team who will help identify your needs and connect you to your insurance or community resources</p>
<p>Beacon Health Options</p> <p>(855) 765-9700</p>	<p>The Central California Alliance for Health (Alliance) provides behavioral health services for Medi-Cal members with <u>mild to moderate</u> impairments in mental, emotional, and behavioral functioning (including Autism Spectrum Disorders).</p>	<p>To refer a Medi-Cal member* for non-emergency behavioral health services, call Beacon at (855) 765-9700 and they will facilitate the appropriate referral.</p>
<p>Harmony at Home-Sticks and Stones</p>	<p>School-Based Individual and Group Counseling in some schools in the Soledad Unified School District</p>	<p>Referrals are made by school counselors and administrators</p>
<p>Community Human Services-Family Resource Center</p> <p>Salinas Family Service Center 433 Salinas Street Salinas, CA 93901 P: 831-757-7915</p>	<p>Affordable mental health counseling is available for adults, children, couples, and families at CHS' Family Service Centers. Counseling is provided by licensed therapists and clinically supervised interns.</p> <p>Programs: C.A.T.S. mental health counseling for HIV/AIDS and gay, lesbian, bisexual, transgender and questioning (831) 757-7915 ext.002</p>	<p>Walk-in and crisis appointments available.</p> <p>Fees are assessed on a sliding scale based on ability to pay. Clients with Medi-Cal pay only their monthly share of costs and must contact the Monterey County Health Department Behavioral Health Division for assessment prior to receiving services at 831-755-5505.</p>

MENTAL HEALTH SERVICES AND SUPPORTS

	Parent Education Program for families in crisis or at-risk (831) 757-7915	
CHOMP-Behavioral Health Services 576 Hartnell Street Monterey, CA 93940-2833 (831) 625-4600	Individual therapy Medication management	Please call (831) 625-4600 for more information
SUBSTANCE USE TREATMENT		
Drug and Alcohol Intervention Services for Youth (D.A.I.S.Y.) (831) 233-9029	Intervention and education services for substance abusing youth. Individual, group and family counseling. Substance abuse and gang education for parents.	Youth ages 13-18 who are referred by parents, schools, Social Services, Monterey County Behavioral Health (MCBH), or Probation and Juvenile Drug Court.
Integrated Co-Occurring Treatment- ICT (831) 758-0181	ICT services begin and remain based in the home but offer additional services in the offices as well. These include: Treatment for teens who have both drug and mental health problems. Individual and group therapy Peer support group activities	ICT is open to referrals from any community provider or agency including the juvenile probation department, other treatment organizations, schools, and various health professionals such as doctors, psychologists, and therapists. Parents and guardians are also among those making referrals. Medi-Cal, various insurance, and private pay.
SUICIDE PREVENTION		
Natividad Hospital Crisis Team 1441 Constitution Blvd Salinas, Ca 831-755-4111	Crisis Intervention Risk Assessment Referrals	24/7 Voluntary services Involuntary services (5150 detentions initiated by mobile crisis, MCBH clinicians, law enforcement)
Monterey County Behavioral Health-Mobile Crisis 911	Assess for involuntary hold (W&I 5150) criteria and initiate a hold if needed Brief crisis intervention and de-escalation in the community Referrals to appropriate community resources for individuals and families in crisis	Available by calling law enforcement. Services available for anyone experiencing a mental health emergency/crisis Mobile Crisis Team 9/80 schedule: Wednesday-Saturday 12:30 pm-10:00 pm Every other Tuesday 1:30 pm-10:00 pm

MENTAL HEALTH SERVICES AND SUPPORTS

	<p>Non-urgent follow up in the community or BH clinic</p> <p>Consultation support for law enforcement and other treatment providers</p>	
<p>Suicide Prevention Hotline 1-877-663-5433</p>	<p>Crisis Intervention and Support</p>	<p>Services and supports available to anyone experiencing a crisis 24/7</p>
<p>National Suicide Prevention Lifeline 1-800-273-8255</p>	<p>24/7, free and confidential support for people in distress, prevention and crisis resources</p>	<p>Services and supports available to anyone experiencing a crisis 24/7</p>
<p>Crisis Text Line Text 741741</p>	<p>Text HOME to 741741 from anywhere in the United States, anytime, about any type of crisis</p>	<p>Services and supports available to anyone experiencing a crisis 24/7</p>