

SMYER ISD  
WELLNESS/SHAC COMMITTEE MEETING MINUTES  
May 10, 2023

Smyer ISD Wellness/SHAC met on May 10, 2023. The following committee members were in attendance: Shari Blount, Summer Stracener, Jessica Anthony, Micah Oliver, Beth Franklin, Jo Hodnett, Christopher St. Clair, Mike Schaap and Patricia Villanueva. Via Zoom: Leslie Demma, Tiffani Pittman, and Samantha McGowan. The meeting was audio recorded, as well as a Zoom option was available. All members were notified of the requirement of audio recording of meetings, and that this meeting was being recorded.

The meeting was called to order by Summer. She ensured all members present signed in and were accounted for, as well as she documented the Zoom meeting participants. The committee reviewed the minutes from the previous meeting, the minutes had been provided previously via email to committee members, as well as posted to the Smyer ISD website. Goals met were providing physical activity and daily recess for elementary students. Nutrition was promoted through nutrition posters in the cafeteria. Nutrition standards were met with offering a nutritious breakfast and lunch being served in the cafeteria daily, following USDA and TDA guidelines to all students, at no charge. Members from different representations were present including staff, administration, parents, grandparents, and community members.

Summer Stracener, RN reported as per requirements, the agenda for all meetings of the SHAC committee are to be posted 72 hours prior to SHAC meetings. The agenda for this meeting was posted online on 5/5/2023 by Mr. Wade. The new and updated wellness plan and all minutes from past meetings are available to the public on the school's website, as per State law. Today's meeting minutes will be posted to the website, along with the audio recording of the meeting within the timeframe required.

Summer reported for Community/Family Involvement that the committee reviewed the laws/legalities of opening a food bank/pantry at the school. The committee agreed that it is doable but would be a big undertaking. Mrs. Pearce had recommended that the Blessing Box for the community at the Baptist Church is a well established resource for the community and suggested that we see about using that for our donations. The committee agreed with inquiring about partnering with the Blessing Box, however, Christopher St. Clair brought up the important point of some community members may not want to participate with the Blessing Box due to it's proximity to the church. He stated that some people may not feel comfortable or have a denominational difference that may deter them from using the existing box. He also presented that the school may not want to have an affiliation with a specific church, so we would need to see if the board would be interested in looking more into the Blessing Box or not. He suggested the senior citizens/community center as another option for placing another pantry. It was suggested that possibly the ag class at Smyer ISD could build a new box for a project. The legalities of placing something at the community center would have to be investigated. Summer will present the committee's thoughts at the school board meeting on May 22<sup>nd</sup>. Pending what the school board determines, the SHAC committee will continue to work towards making this come to fruition or will abandon the idea.

For counseling/guidance, the school counselor, Jo Hodnett, reported that she has been administering STAAR, EOC and MAP tests. STAAR testing went well, no major hiccups. She reports she is now getting students ready for graduation/awards and dual credit courses.

For Nutrition Services, Rosy Rivera was unable to attend today's meeting. She did speak with Summer prior to the meeting and reported that the "Lucky Tray" game had been launched since the last committee meeting. The idea of the game was to increase student participation in getting a tray daily. She said that the participation did not increase as they had hoped that it would. So, they are trying to come up with new ideas to launch for the beginning of next year.

Mrs. Locke was unable to attend today to report but informed Summer there were no new updates to Physical Education and there were no other new reports on physical education today. Summer reports that Mrs. Locke administered The Physical Fitness Assessment Initiative (formally FitnessGram) to Elementary on April 26<sup>th</sup> and 27<sup>th</sup>. Mr. Schaap reports that Coach Funke has also been administering the Assessment Initiative in JH/HS as well. Summer suggests inviting Coach Funke and other coaches next year to join the committee so we may have input from the secondary athletics department as well. Elementary Field Day is on May 16th.

Summer Stracener, school nurse, reported for Healthy School Environment/Policy, we are continuing to follow guidelines for student body and staff wellness provided by administration, including hand sanitization, and screenings from the nurse on sick children, sending them home if they meet the criteria from the school

nurse's protocol to be sent home. Parents and guardians are continuing to be asked to keep their children home if they are running a fever or have any symptoms consistent with contagious illnesses. This protocol is based on the Texas Department of State Health Services Communicable Diseases Chart and Notes for Schools and Childcare Centers. Parent screenings at home before sending students to school are helpful with family/community involvement for the health of our school. She reports children are still encouraged to have healthy hand hygiene and good handwashing habits, as well as continuing to teach healthy eating habits. Shot clinics will also be provided over the summer for students to come for back to school immunizations. Summer is working with the Lubbock Health Department to set this up, hopefully before school is out on May 24<sup>th</sup>. Mrs. Blount asked about whether the shingles vaccine is available. Summer reports they are available for staff members that request them during the flu shot clinics for staff at the beginning of October.

Summer Stracener provided an employee health update, stating she continues to screen employees for symptoms of illness, helps employees if they have medical needs or concerns. She reports the Covenant Wellness Bus is scheduled for next year on September 25<sup>th</sup>, a teacher workday. She hopes that getting the word out early about the bus may help staff plan to have their bloodwork done on that day. She asked Donna to inform all new employees about the option of this service next year.

Summer reports for Health Education that the anti-vaping curriculum, "Vaping: Know the Truth", was launched for 6<sup>th</sup>-12<sup>th</sup> grades. Mr. Schaap reports the program went relatively well. He states a few login issues which he was quickly able to resolve. Senior CPR was taught by Summer on 3/2/23 to all 37 students in the senior class. She reports it went well and she had great involvement. At the previous meeting, Mrs. Pearce approached Summer and asked if it was possible to begin teaching CPR to the seniors earlier than the Spring Semester, or possibly even Junior year for students. Summer reports she will present this to the board with the annual report on May 22<sup>nd</sup> to determine if this is a change we could implement next year or not. The NEIDS program is scheduled to come talk to the 7th-12th graders on August 29th. This is an educational course about illicit drug and synthetic drug use.

The committee began discussion on the "backpack" type program at this time. Brandi McInroe described "Bill's Backpacks", a program that Levelland ISD currently uses to help those in need with snacks over the weekends, breaks, holidays, and summer. She states this program started off as a small group of parents and has now grown to a huge organization that has multiple donations from big companies year-round. She stated some of the children had to "qualify" for the program. Samantha stated that any program like this will take outside funding, so we will need to investigate possible donors for help. It was discussed by Samantha and Patricia agreed, that if we did bring something like this to Smyer; all children should be allowed to partake if they would like. The committee agreed that we could all begin "research" on beginning a project such as this and the committee will discuss in emails all information they have gathered. Summer stated she will look on the legality side of offering something like this through the school. It was even mentioned to ask the owners of the new gas station in town, The Horseshoe, if they would be interested in helping the school with this. Summer will take all information discussed through the committee to Mr. Wade to see if it were even something he would like to implement and present to the board.

Summer states for everyone to communicate with each other via email, ensuring to "Reply All" to each other so all members are knowledgeable on what is being discussed. Everyone stated agreement.

The meeting was adjourned at 03:29pm.

Summer Stracener, RN  
School Nurse 5.10.2023