

SMYER ISD
WELLNESS/SHAC COMMITTEE MEETING MINUTES

October 11, 2023

Smyer ISD Wellness/SHAC met on October 11, 2023. The following committee members were in attendance: Shari Blount, Summer Stracener, Jessica Anthony, Micah Oliver, Christopher St. Clair, Ryder Stracener, Makayla Pittman, Pearl Dunaway, Andrea Gibson, and Shelly Locke. Via Zoom: Codye Hodges and Samantha McGowan. The meeting was audio recorded, as well as a Zoom option was available. All members were notified of the requirement of audio recording of meetings, and that this meeting was being recorded.

The meeting was called to order by Summer. She ensured all members present signed in and were accounted for, as well as she documented the Zoom meeting participants. The committee reviewed the minutes from the previous meeting, the minutes had been provided previously via email to committee members, as well as posted to the Smyer ISD website. Goals met were providing physical activity and daily recess for elementary students. Nutrition was promoted through nutrition posters in the cafeteria. Nutrition standards were met with offering a nutritious breakfast and lunch being served in the cafeteria daily, following USDA and TDA guidelines to all students, at no charge. Members from different representations were present including staff, administration, parents, grandparents, and community members.

Summer Stracener, RN reported as per requirements, the agenda for all meetings of the SHAC committee are to be posted 72 hours prior to SHAC meetings. The agenda for this meeting was posted online on 10/8/2023 by Mr. Wade. The new and updated wellness plan and all minutes from past meetings are available to the public on the school's website, as per State law. Today's meeting minutes will be posted to the website, along with the audio recording of the meeting within the timeframe required.

Summer reported for Community/Family Involvement that she presented the committee's annual report at the school board meeting on May 22nd. The school board said they would like for the SHAC committee to look into a food pantry for the community and they would like the ISD to be associated with it. Christopher St. Clair stated he will talk with Joyce Riedel, who is the main contact for the Smyer Senior Citizens Building. Samantha McGowan stated she works for South Plains College and she will get in touch with the resources there to find out about donors that may be interested in helping with this project. The committee agreed that they will email each other about the findings and discuss with each other through the process this way. Then they will reconvene on December 13th at the next planned meeting to report and discuss further.

For counseling/guidance, the school counselor was out of her office for the day at a work shop. She updated Nurse Summer that she was beginning some testing for the year for students, including the ASVAB test for seniors that will be administered tomorrow, 10-12-23. The STAAR scores came back from last year's testing and at the school board meeting on 10-10-23, Summer reports that the scores were discussed and as a district SISD did very well on their testing. The official rating is still pending.

For Nutrition Services, the committee welcomed Pearl Dunaway as the new Cafeteria Manager for SISD. She works through the company TaHer, but reports she is also a community member and grandparent to a 6th grade student. She states she wants to make sure and provide food to the kids that they like and that they will eat. She reports the kids are eating well and they are doing well with getting to have 3 choices every morning for lunch. They choose and then when they go to the cafeteria for their lunch time, they get their choice that they made. She states this system seems to be working well. The menus were provided and reviewed by the committee.

Mrs. Locke reported for Physical Education today. She and Mrs. Gibson stated that 4th, 5th and 6th grade students are now having a PE/Athletic period with Coach Locke and/or Coach Nichols. They hope this approach helps students to begin their athletic knowledge earlier so that when they are older and in junior high/high school, they already have a jump start. The SHAC committee added Coach Funke, AD, as well as other coaches as members to get input into the committee from more of the coaching staff. -The committee's hope is that more information and updates can come through this collaboration. Summer reported that at the school board meeting Coach Shipley gave a report on his cross-country team that placed 2nd in district and will head to regionals.

Summer Stracener, school nurse, reported for Healthy School Environment/Policy, we are continuing to follow guidelines for student body and staff wellness provided by administration, including hand sanitization, and screenings from the nurse on sick children, sending them home if they meet the criteria from the school nurse's protocol to be sent home. Parents and guardians are continuing to be asked to keep their children

home if they are running a fever or have any symptoms consistent with contagious illnesses. This protocol is based on the Texas Department of State Health Services Communicable Diseases Chart and Notes for Schools and Childcare Centers. Parent screenings at home before sending students to school are helpful with family/community involvement for the health of our school. She reports children are still encouraged to have healthy hand hygiene and good handwashing habits, as well as continuing to teach healthy eating habits. Illness seems to be picking up as per this time of year this happens. Mrs. Gibson reported that there have been multiple pizza parties for elementary and junior high/high school students due to having over 97% attendance. This is an incentive district wide for children to try to be here when they are well, and only miss if they truly must miss. Mrs. Gibson has extra incentives for elementary students, and she has seen much improvement in our attendance numbers.

Summer Stracener provided an employee health update, stating she continues to screen employees for symptoms of illness, helps employees if they have medical needs or concerns. She reports the Covenant Wellness Bus is came to campus on September 25th, on a teacher workday. There were 22 total staff members that participated. The wellness bus is only open to those staff members with the BCBS-TRS school insurance. Staff have been completing required trainings on seizure protocols, epinephrine auto injector use, bloodborne pathogens, and many more. She states there will be a flu clinic on campus next week, 10-19-23, for staff and their spouses and children.

Summer reports for Health Education that the anti-vaping curriculum, "Vaping: Know the Truth", will be given to 6th grade students. The NEIDS program is scheduled to come talk to the 7th-12th graders on August 29th. This is an educational course about fentanyl, illicit drug, and synthetic drug use. The program was very impactful according to the students in the meeting today, and the staff that attended the program. The staff has worked together with Nurse Summer to raise awareness to the importance of screenings for health conditions for staff and students. Many topics of conversation have been happening within the school from anti-bullying, mental health wellness and breast cancer awareness for the month of October. The staff and students wear pink on Wednesdays to support those fighting breast cancer and those survivors. Mrs. Gibson and Summer reported that SISD will now stock epinephrine auto injectors, albuterol and Narcan as "stock supply" medications. The board approved new policies that are in place for the stocking of these life saving medications. All staff that is CPR certified has now had training on the administration of Narcan. The nurse on campus will administer stock albuterol if needed and all staff have had the epinephrine auto injector training that is required by the state. Mrs. Gibson reported that in regard to the nurse wanting to teach CPR earlier than senior year, that there is already a law in place to teach CPR to students in 7th-12th grades. She suggested some students be taught Stop The Bleed Curriculum as well. The committee agreed that this would be a good thing to implement. The nurse has been working with administrators to get this change implemented. Summer reports she has been talking with Mr. Wade on an educational curriculum for elementary students to being learning the basics of CPR. There have been discussions with administrators about this subject, and they are trying to formulate a plan. Mr. Wade told Summer that during the Spring semester we will look further into this important issue. Christopher St. Clair recommended that the school look into certificate programs and whether or not we could offer courses for a grade and certification to students on campus. This would increase the amount of people knowledgeable about helping in a worst case scenario. Jessica Anthony stated she will look into the AHA and see if they have any such programs that they offer for school districts to implement. The committee agreed that this would be a good project for us to work on together with the ISD.

Summer states for everyone to communicate with each other via email, ensuring to "Reply All" to each other so all members are knowledgeable on what is being discussed. Everyone stated agreement.

The meeting was adjourned at 03:31pm.

Summer Stracener, RN
School Nurse 10.11.2023