
The Wolverine Word

-- Santiam Jr/Sr High School -- November 2021 --

Volume 1, Issue 3



Winter Sports - Coming Soon!

The high school winter sports season is just around the corner. If you are interested in girls basketball,



boys basketball or wrestling please see our athletic director, Mr. Forste. Students interested in playing must have a physical completed

within the last two years. High school practices start on November 15th and competitions begin in December. We hope to see you at home events!

Middle school basketball operates on a different schedule than high school sports. Middle school girls basketball began on October 25th, with their first game scheduled for November 8th. The middle school boys basketball season begins in January, 2022. We are in **desperate need** of referees in order to have both MS basketball seasons. Please see Mr. Forste for more information.

Mark Your Calendar

Nov. 4th	1st Quarter Complete	
Nov. 5th	Staff Grading Day	
Nov. 8th	2nd Quarter Starts	
	MS Girls BB @ SES	4/5:00
Nov. 10th	MS Girls BB @ SES	4/5:00
	School Board Meeting	5:30
Nov. 11th	No School - Veterans Day	
Nov. 15th	High School Winter Sports Start	
	MS Girls BB @ SES	4/5:00
Nov. 18th	MS Girls BB @ SES	4/5:00
Nov. 23rd	MS Girls BB @ SES	4/5:00
Nov. 24th	Thanksgiving Break!	

****Schedules subject to change****

Middle School Basketball Referees Needed

We were informed that the Oregon State Athletic Association referee's association is not able to provide referees this year for our 7th and 8th grade basketball games due to a referee shortage. We do not have the staffing capacity in the district to fill this void. We are putting a call out to our community to keep our 7th and 8th grade seasons alive this year by being willing to referee! This is a paid opportunity!

Our girls team plays in November & December and our boys team plays in January & February. Each team has 7 home games. In order to be Title IX compliant, we have to be able to run both seasons or we can not run either. In addition, anyone willing to referee must be vaccinated or have an approved medical or religious exemption on file with the district. If interested, we can walk willing people through this process. Please call Clint Forste at 503-897-2311 if you are interested!

Student Reminders

The 1st Quarter is coming to an end on November 4th. Grades are mailed home on November 10th. These grades are quarter grades and you still have an opportunity to improve your grades. Make sure you get caught up on school work by the 4th.

If you need your gradebook login and password please stop by the front desk and see Mrs. Baker or Mrs. Hutchinson. This will allow you to see your grades, assignments and attendance record.

Get to Know Your SJSHS Staff



Name: Zac Steele
Role: Health & PE Teacher, Coach
Favorite Video Game: Madden Football
Dream Job: College FB Coach
Favorite Movie: Happy Gilmore
Favorite Sports Team: Nebraska Football
If you could have any superpower: Fly
What song should we play everytime you enter a room?
"Here Comes the Sun" by The Beatles
Who would you love to have dinner with?
My great-grandfather
Favorite weekend activity?
Paddle Boarding

Name: Alisha Hansen
Role: Behavioral Specialist
Binge Worthy Show: Alone
Any Superpower: Sneak up on animals
Favorite Treat: Ice Cream
Dream vacation spot: Cabin in Alaska
Favorite Movie? Lonesome Dove
What is your dream job, outside of education?
Pro Hunter
Who would you love to have dinner with?
Steven Rinella
Quote That Inspires You?
"The best view comes after the hardest climb."



Name: John Stingle
Role: Science Teacher
Binge Worthy Show: Lost
Dream Vacation Spot: Denali NP, Alaska
Book You Are Reading: Dune
Favorite Sports Team: UConn Basketball
If you could have any superpower: Stop Time
Favorite Weekend Activity: Hiking
When you were 7, what did you want to be?
Professional Basketball Player
Quote That Inspires You?
"To give anything less than your best is to sacrifice the gift."
-Steve Prefontaine

Students of the Month October - Leadership

Congratulations to our October Students of the Month. This month students were chosen based on showing leadership in the classroom, on campus or on the athletic field. CONGRATULATIONS TO:

Daelynn Aerni	Jerry Carson
Quinn Childress	Haylie Cole
Lindsay Crawford	Wyatt Dayton
Aaliyah delFierro	Ezra Downey
Boston Flores	Madison Forste
Parker Hanna	Juan Nunez
Koda Kendall-McKinney	Jayden Kuvaldin
Lukus Lebahn	Mason Lindemann
Emma Longfellow	Kace Martinson
Marcus Moreno	Payton Peters
Sam Schroeder	Kaitlyn Smith
Elijah Stave	Kristin Taylor
Colt Twede	Audrey Weir

Remember next month we are looking for students showing **Responsibility!**

"Be the best version of you!"

Homecoming Week Recap

Homecoming week was celebrated in the middle of October with dress-up days and many other fun activities, including the staff victory over the Junior class in macho volleyball. Matthew Brady and Maddie Forste were elected Homecoming king and queen. Princesses and princes for the week included:

9th-	Katie Katlong	Brayden Gutierrez
10th-	Josalyn Minton	Sam Schroeder
11th-	Ellie Lindemann	Brayden McBride
12th-	Kirsten Crofoot	Ethan Breen
	Jenessa Leon	Jon Pennick
	Grace Lindemann	Morgan Ruby

Congratulations to our Wolverines football team for capping off Homecoming week with a victory over the Regis Rams, 20 to 8!

GO WOLVERINES!

Get To Know Your School: Greenhouse Project

Our Environmental Science class has been hard at work creating plans for the revitalization of the greenhouse located next to the district office. They are currently replacing the damaged polycarbonate covering on the structure, and beginning the construction of a Vertical Axis Wind Turbine (VAWT) and a 100 watt solar panel array that will power the greenhouse systems. They are also beginning the construction of a recirculating Aqua-ponic system, in which fish and plants are grown together in a closed-loop system. By this Spring, they hope to have the greenhouse completed and it be a model of both sustainable and renewable energy!

Counselors Corner: The Power of Positive Self-Talk



Your brain, your body and your mindset are heavily influenced by your self-perception and your self-talk. Self-Talk is the

things you say to yourself and how you feel about yourself. Positive Self-talk has a big impact and is incredibly powerful.

Negative self-talk is unkind, critical and upsetting. The impacts of negative self-talk include lowered self-esteem, ruined relationships, increased stress and stops you from achieving your goals. Examples of negative self talk include:

"I am not worth it."

"My opinion doesn't matter."

On the other hand, positive self-talk is kind, supportive and affirming. The impacts of positive self-talk include boosted confidence, academic & athletic success, perseverance through difficult times and helps you to achieve your goals. Examples of positive self-talk include:

"I can do this."

"I will learn how to solve this problem."

Your repetitive thoughts and self-talk form your beliefs and mindsets. Belief in yourself and your abilities will help you be successful!

~ Mrs. Fawcett & Ms. Jensen

35th Annual Santiam Canyon Alumni Tournament

The 35th annual Santiam Canyon Alumni Tournament is back after being postponed last year. The tournament will be held in the main gym from November 12th to November 14th. The tournament includes basketball and volleyball for all current and former Santiam Canyon students and staff. Details for the tournament and registration forms can be found in the main office at SJSHS. All proceeds from the tournament go to the Wolverine Girls Basketball program. We hope to see you there!

PSAT/SAT Recap

On October 13th, SJSHS hosted both the PSAT and SAT tests on campus. The PSAT measures what students learn in school, determines if students are on track for college success, and opens doors for opportunities to prepare and pay for college. In total we tested 26 sophomores, 9 Juniors and 14 Seniors.

Photo of the Month



Thank you to Ms. Kendall for the photo of the month. Students in Ms. K's World History class were tasked with building pyramids during an Egyptian lesson. Pictured are McKayla Dodge, McKenna Dodge, Shania Katlong and Kasey Solus with their amazing pyramid!

Puzzle of the Month Get to know the SJSHS Staff

The puzzle this month is a staff scavenger hunt. Your job, should you choose to accept it, is to find the staff member who matches up with each fact below. If you are able to correctly match 10 staff members to the facts below, please see Mrs. Tank in the library for a prize!

Rode a unicycle through a ring of fire

Went to 2012 inauguration in Washington, DC

SCUBA dived two shipwrecks

Father is in the Bowling Hall of Fame

Hung out at the N.Y. Mets owner's house

Talked to Hilary Clinton on the phone

Tracked a drug mule with the border patrol

Family had pet bobcats

Woke up to a brown bear in tent while backpacking

Has been on the Today show

Tent camped next to the Matterhorn

Exchanged a "head nod" with Bruce Willis

Had a big, beautiful mullet in the 80's

Attended 200 weddings in less than 3 years

Had a total hip replacement in her 30's

Prizes are limited to the first 25 students who correctly match 10 staff members to the facts above. Good luck!

Contact Us

If you **ever** have any concerns, questions or comments please feel free to contact any of our administrative team here at the high school:

Santiam Jr/Sr High School	(503) 897-2311
Angela Rasmussen	Principal ext. 201
Blane Lazar	Asst. Principal ext. 235
Clint Forste	Athletic Director ext. 206