

December																															
<p>12 Monday Traditional</p> <p>Covid Test Distribution Period 3</p> <p>Staff Holiday Luncheon 12:25-1:25 PM</p> <p>Capital Facilities Site Committee Meeting 3:30-5:00 PM <i>Innovation HUB</i></p> <p>Board Meeting 6 PM</p>	<p>13 Tuesday Modified Bell Schedule</p> <p>Admin Counselor Mtg 10 - 11 am</p> <p>K-12 Principals Meeting 2 - 4 PM</p> <p>Basketball: TL vs Lick Wilmerding (TL) 6/ 7:30 PM <u>Game Coverage:</u> Tinnel</p> <p>OneTL Meeting 6 PM</p>	<p>14 Wednesday Final Exam Schedule</p> <table border="1"> <thead> <tr> <th>Period</th> <th>Time</th> </tr> </thead> <tbody> <tr> <td>0 Final Part 2</td> <td>7:25 - 8:25 AM</td> </tr> <tr> <td>2nd Final</td> <td>8:30 – 10:30 AM</td> </tr> <tr> <td>Brunch</td> <td>10:30 – 10:45 AM</td> </tr> <tr> <td>3rd Final</td> <td>10:50 - 12:50 AM</td> </tr> </tbody> </table> <p>Department Meetings 1 - 2 PM <i>optional</i></p> <p>HSD Budget Meeting 4:15 - 5:15 PM</p>	Period	Time	0 Final Part 2	7:25 - 8:25 AM	2 nd Final	8:30 – 10:30 AM	Brunch	10:30 – 10:45 AM	3 rd Final	10:50 - 12:50 AM	<p>15 Thursday Final Exam Schedule</p> <table border="1"> <thead> <tr> <th>Period</th> <th>Time</th> </tr> </thead> <tbody> <tr> <td>4th Final</td> <td>8:30 – 10:30 AM</td> </tr> <tr> <td>Brunch</td> <td>10:30 – 10:45 AM</td> </tr> <tr> <td>5th Final</td> <td>10:50 - 12:50 AM</td> </tr> </tbody> </table> <p>TL Holiday Party Sara Frack’s House 1:30-5:00 PM <i>285 Ellen Drive, San Rafael</i></p>	Period	Time	4 th Final	8:30 – 10:30 AM	Brunch	10:30 – 10:45 AM	5 th Final	10:50 - 12:50 AM	<p>16 Friday Final Exam Schedule</p> <table border="1"> <thead> <tr> <th>Period</th> <th>Time</th> </tr> </thead> <tbody> <tr> <td>6th Final</td> <td>8:30 – 10:30 AM</td> </tr> <tr> <td>Brunch</td> <td>10:30 – 10:45 AM</td> </tr> <tr> <td>7th Final</td> <td>10:50 - 12:50 AM</td> </tr> </tbody> </table> <p>Basketball: TL vs San Marin (TL) 6/ 7:30 PM <u>Game Coverage:</u> Chapman</p>	Period	Time	6 th Final	8:30 – 10:30 AM	Brunch	10:30 – 10:45 AM	7 th Final	10:50 - 12:50 AM	<p>17 Saturday</p>
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Emergency subs for the week of December 12-16:

Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7
	Lawrence	Sanderson	Frack	RMarweg, C	Coyne	

Note on Emergency Subs and Tardiness: Just a reminder that with the winter weather you may need to give yourself a few extra minutes for your morning commute to ensure you can make it to TL on time. Article 4.2.9 states: “Bargaining unit members shall be on site and available fifteen minutes before their first assigned period, during passing periods and remain on site and available fifteen minutes after their last assigned work period...”

Thank you to all of our teachers and counselors who have provided last minute sub coverage. We truly appreciate it!

Communications

[Principal's Update 12.12.2022](#)

[Board Seeks Input in Next Superintendent; Public Survey Now Available](#)

Reminder: Please ENTER & EXIT at this time from the 1st Entrance on Nova Albion that leads to the TL & District Office parking lot only.



PS: All SRCS employees have it easy, just come and go using the one staff parking lot entrance/exit. No need to drive all over!

Covid Tests for Students and Staff

We have Covid tests for all students to be distributed next Monday, December 12th during 3rd period! All teachers can pick up a box for their 3rd period class in the office anytime prior to Monday before break. We are informing all parents of the distribution through the [Principal Update](#).

Note: If you don't have a 3rd period class, or if you are a classified employee, feel free to grab 2 tests for yourself/family.

December Wednesday Meetings Schedule

Wednesday, December 14: Department Meetings (optional)

Wednesday, December 21: Winter Break

Wednesday, December 28: Winter Break

Staff Holiday Luncheon

All staff are invited to a Holiday Luncheon on Monday, December 12th. We will have Magnolia Kitchen cater the luncheon which will be set up in the Staff Lounge in the Student Common Building. Please plan to stop by and enjoy some food. We will have sandwiches, salad, cookies, drinks and more!

Staff Holiday Party 12/15 - Submitted by Sara Frack

Celebrate the holidays (and the beginning of winter break!) with your colleagues.

After the 5th period final exam on Thursday, December 15th, join us at Sara Frack's house, **285 Ellen Drive in San Rafael**, for homemade soups, salads, breads, and desserts. **Bring your own beverages.**

Please RSVP to sfrack@srcs.org so that I can make sure that we have plenty of food. It won't be the same without you, so please join us!

Make- up Finals

Make-up finals will be on January 3rd and 4th for those opt to have an Assistant Principal administer them. Prior to the conclusion of finals week, please create a folder with the correct number of make-up exams clearly labeled with students' names and instructions (i.e. can use a calculator) and submit this to Maria Tinnel. Teachers preferring to administer their own exams can do so in January at their preferred times.

Per communication sent on Friday 12/9, there is no need to provide copies of your final to us unless you have a student making up their finals.

Intent to Separate

The District and SRFT have agreed to offer an intent to separate bonus to permanent bargaining unit members who plan to retire or resign in June 2023 and notify the District by **January 17, 2023**. Bargaining unit members who meet this deadline will receive a one-time bonus of \$3,000 in their June paycheck.

Therapeutic Dogs

To wrap up Stress Less Week, a therapy dog from Marin Humane will be here on Monday at lunch! Stop by the Student Commons Courtyard to meet them!

CPR Training for Teachers

Teachers in California are required to learn CPR & how to use an (AED) automated external defibrillator. Terra Linda has three automated external defibrillators on our school campus: in the main gym, the front office and in the District Office. David Garcia is currently in the process of tallying how many teachers are in need of their CPR Certification. Email him at dgarcia@srcs.org ASAP so that we can determine whether a course needs to be taught this spring.

TLHS Site Committee Meeting - From Capital Facilities Director Dan Zaich

Our next Terra Linda High School Site Committee Meeting will be on **Monday, December 12, 2022, from 3:30 to 5:00 PM.** This will be an in-person meeting in the TLHS Innovation Hub. Our agenda will include updates and discussion on:

- ★ Completion of Competition Gymnasium and Frontage Improvements
- ★ Admin Canopy at New Plaza
- ★ East Plaza Quad & Parking
- ★ Ceramics Art Studio/New Kiln Building/Art Courtyard
- ★ Center for Career & Technical Education Shade Structure
- ★ Solar Project

(TLHS) Site Committee Members: (Note this group representation changes based on the project being discussed)

Katy Dunlap	TL Principal
Maria Tinnel	TL Assistant Principal
Lauren Inman	TL Assistant Principal
Kristin Mathewson	TL Account Technician
Erik Schoengart	TL Science Teacher/SRFT Rep
Kendra Rose	TL Librarian/Instructional Coach
Alex Chapman	TL Dean of Students
Oscar Gomez	TL Social Science Teacher/Athletics Coach
Morgan Agnew	TL Teacher/SRFT President <i>(attends 1 mtg per year)</i>
Brett Sanderson	TL CTE Teacher & Coordinator
Sara Frack	TL Science Teacher / Parent
Kathryn Lawrence	TL Math Teacher
Steve Farbstein	TL Athletic Director
Sam Frack	TL Student
Colette Treewater	TL Student
Lorelei Altura	TL Student
Alanis Ramirez	TL Student
Catherine Fahrner	TL Student
Leo Manwaring-Meuller	TL Student
Rosie Lucchesi	TL Student
Josephine Fetterman	TL Student
Julia Hamilton	TL Student

Practice Self-Regulation for Stressful Situations

Our social-emotional health is fundamental to our success in educating youth, engaging families, and collaborating with colleagues. Stress management and supportive relationships create a workplace where we can prioritize our own health while serving others. Join Alliance for a Healthier Generation and Kaiser Permanente Thriving Schools for a monthly webinar series to learn and apply stress management work culture practices for yourself, your colleagues, and your team. All school and district staff are welcome to join - Register [HERE](#)

Every 3rd Thursday of the month 3:30 - 4:30 PM

SAT and ACT slip in priority among California students

San Rafael City Schools is offering both the SAT and ACT. Test dates for the remainder of the year are listed below:

- 2nd semester the **ACT** will be offered at TL on the following dates: [April 15, June 10, July 15](#)
- 2nd semester the **SAT** will be offered at SR on the following dates: [March 11, May 6, June 3](#)

Over the course of the past two years, many colleges and universities have become test optional and may not even consider test scores if submitted. On the other hand, some colleges and universities take test scores into consideration or require them for certain majors. It is important that students and families check with each prospective college to confirm its testing requirements. Students who plan to apply to colleges/universities outside of the UC and CSU systems are advised to take the PSAT in October of 11th grade (and 10th grade if desired) for practice, and to take the SAT and/or ACT. Please reach out to CCC staff or your Counselor if you would like to discuss this in further detail. Students who are planning to attend community college after high school are not required to complete the ACT or SAT. Placement in community college courses is typically based on performance in senior year classes.

[University of California test policy](#) [California State University test policy](#)

STEM Bright Spots

What are the first thoughts that pop into your mind when you hear the acronym “STEAM”? For many of us it means new buildings, more computers, fancy equipment, and/or expensive supplies. While many technological advances have been woven (wired!) into our teaching practices over the past several years, it’s equally important to take a break from screens and remind our students and ourselves about the benefits of getting out of our seats and moving our bodies. Teaching kinesthetically is not only about appealing to diverse learning modalities, but also giving students the opportunity to get up, move around, and laugh while reinforcing complex and difficult concepts. Research suggests that kinesthetic learners make up to 45% of the population.

Walk down the science hall and you just might find the AP Biology students acting out glycolysis, the Krebs Cycle, and the electron transport chain. Don’t remember a single detail about any of these processes? You are not alone. Based on the research, up to half of the students in AP Biology are more likely to remember these processes because they were able to physically engage with the material. Amy says, “When the students have fun, it helps them connect to the content. Movement helps them internalize the information.” Will they stand up in the middle of the AP exam and start acting out the electron transport chain? Probably not, but don’t be surprised if you see all of their fingers wiggling subconsciously as they bubble in answers to the multiple choice questions.

SPAHR Center Hosts Queer Homecoming Fri. Dec. 16th



For Marin County High School Students. Wear a costume or formal wear!

Advanced tickets required -- Email Nikki at nmillett@thespahrcenter if you need a free ticket!

Get your ticket at marinqhoco.eventbrite.com

Friday, December 16th 7:30-9:30 PM

Falkirk Cultural Center

TLHS Math Problem of the Month

TLHS Math Department
Problem of the Month
December 2022

This month there are 3 problems. Submit answers to any of them.
Each correct response will be entered into the drawing for the giftcard.

Problem 1

Each of the letters represents a whole number between 0 and 10. No value is repeated, but not every whole number between 0 and 10 is used. Letters in each word represent values that are multiplied.
What is the value of each letter?

JOY = 54
BELL = 800
HOLLY = 1050
JOLLY = 1350
JELLY = 1800
BELLY = 1600

Problem 2

In this problem, letters in a word represent values that are added.

SAINT = 18
SANTA = 18
TINS = 15
TRAIN = 25
NORTH = 30

What is the value of HO HO HO?

Problem 3

Each letter represents a whole number from 1 to 10. No value is used twice. Letters in words represent values that are added. What is the value of each letter?

POLE = 26
NOEL = 21
RING = 10
KING = 18
KRINGLE = 30
JINGLE = 30
NOG = 14
EGGNOG = 28
PINE = 18

Submit your solutions to room 103 or to your math teacher for a chance to win a gift card. A complete submission will include your work and an explanation of your answer.