

San Rafael City Schools

Physical Education Exemption

Student Name: _____ Grade (upcoming school year): _____

The Physical Education Exemption was developed to provide an option for student-athletes to complete the second year physical education requirement.

California State Education Code 51242 states: *The governing board of a school district may exempt any four-year or senior high school pupil from attending courses of physical education, if the pupil is engaged in a regular school sponsored interscholastic athletic program carried on wholly or partially after regular school hours.*

One athletic season in grades 10-12 waives one semester of the physical education requirement; completion of a second season fulfills the second semester. Students engaged in an approved out-of-school physical activity may be exempted from physical education. With this waiver, credits or units are not awarded. The waiver simply relieves the student's obligation to complete a second year of physical education. The record of exemption will be included in the student's cumulative file and noted in Aeries.

Grade Level:	Sport:	Season (fall, winter, spring):

Student has completed the athletic season(s) listed above: _____
Athletic Director's Signature

Student has passed the required physical fitness exam: _____
Physical Education Department Chair Signature

Exemption noted in Aeries: _____
Registrar's Signature Date