

Davidson Middle School Wellness Center: Community Resources



COUNSELING SERVICES

Bay Area Community Resources (BACR)

171 Carlos Drive San Rafael, CA 94903-2005
415- 444-5580

<https://www.bacr.org/what-we-do/mental-health>

Description: BACR provides on-site professional counseling services in elementary, middle, and high schools in Alameda County, West Contra Costa County, and Marin County schools.

Our counselors handle issues such as family crises, behavior problems, peer relationships, depression, academic problems, alcohol and drug use, and fears about community violence. Mental health services include counseling, case management, trauma response, parent education, teacher consultation, and other assistance. (MediCal accepted)

Buckelew Programs

555 Northgate Drive San Rafael, CA 94903
415-491-5716

<http://www.buckelew.org/>

Description: Buckelew, formerly Family Service Agency of Marin, provides affordable and accessible behavioral and mental health services to children, adults and families. They also operates the county's only **24/7 Suicide Prevention and Crisis Hotline** and the **Jeanette Prandi Children's Center**.

Child Therapy Institute of Marin

1480 Lincoln Avenue, Suite 8 San Rafael, CA
415-492-0720

<http://childtherapyinstitute.org/>

Description: The Child Therapy Institute seeks to increase awareness that our community's children are a precious resource to be nurtured, protected and guided into adulthood (sliding scale available and MediCal accepted).

Community Institute for Psychotherapy (CIP)

1330 Lincoln Ave., Suite 201 San Rafael, CA
415-459-5999

<http://cipmarin.org/>

Description: CIP offers quality, affordable counseling and psychotherapy for families, individuals, and couples. (MediCal accepted)

Family Works

4 Joseph Court San Rafael, CA 94903
415-492-0720

<https://www.familyworks.org/about-1>

Description: Family Works is a nonprofit dedicated to helping people of all ages meet life challenges by providing positive social-emotional support and psychotherapy. (sliding scale available and MediCal accepted)

Huckleberry Youth

361 3rd Street Suite G San Rafael, CA 94901
24 hour Teen Line 415-621-2929

<https://www.huckleberryyouth.org>

Description: We seek to empower young people to develop and maintain healthy relationships as well as promote their talents, ideas, leadership and health; to assist youth and their families in overcoming the obstacles they may encounter, which can include family concerns, drug and alcohol abuse, mental health challenges, teen pregnancy, sexually transmitted infections, violence, social and economic inequities, and physical and sexual abuse; and to assist clients in navigating complex social welfare, educational and juvenile justice systems. (No fee services available, sliding scale, and Medical accepted)

Partnership Health Plan of California BEACON LINE

1-855-765-9703

<http://www.partnershiphp.org/Providers/HealthServices/Pages/Mental-Health-Services.aspx>

Description: Full list of mental health providers that accept MediCal

Youth and Family Services (YFS)

ACCESS LINE The 24/7 phone line is:

1-888-818-1115

Mental Health Division of the Marin Health and Human Services Department

3240 Kerner Blvd San Rafael, CA 94901

<https://www.marinhhs.org/access-team>

Description: Provides mental health services that range from outpatient clinical evaluation and therapy, case management, psychiatric evaluation to school-based clinical services, including Day Treatment for children and their families. (MediCal accepted)

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COMMUNITY ORGANIZATIONS

Al-Anon/AlaTeen Information

Various locations throughout Marin; see website for meeting dates and venues:
<http://www.marinal-anon.org/>

Canal Alliance

91 Larkspur Street, San Rafael, CA 94901
415-454-2640
<https://www.canalalliance.org/>

Center for Domestic Peace

734 A Street
415-924-6616
<https://centerfordomesticpeace.org/>

Jeannette Prandi Children's Center

2 Jeannette Prandi Way, San Rafael, CA 94903
<http://www.prandicenter.org/>
415-473-3750

Marin Health and Human Services

3240 Kerner Blvd San Rafael, CA 94901
415-473-3696
<https://www.marinhhs.org/>

Marin Family Court

Civic Center, Hall of Justice, Room 113
415-444-7040
<https://www.marincourt.org/family.htm>

Marin Youth Court

16 Jeanette Prandi Way San Rafael, CA 94903
415-459-9622
http://www.marincourt.org/therapeutic_youth_court.htm

NAMI Marin

555 Northgate Drive San Rafael, CA
415-444-0480
<http://namimarin.org/>

Youth Services Bureau (YSB)

1400 Fifth Avenue
San Rafael, CA 94901
415-485-3000
<https://www.srpd.org/youth-services>

CRISIS RESPONSE

24/7 National Suicide Prevention Lifeline
1-800-273-8255

24/7 Marin Suicide Prevention Lifeline
415-499-1100

24/7 Crisis Stabilization Unit
250 Bon Air Road, Greenbrae, CA 94904
415-473-6666 (CRISIS)

Access Team Walk-in hours

Monday, Wednesday, Friday at 8:45 a.m.
250 Bon Air Road, Greenbrae, CA 94904

Marin Health and Human Services
Mobile Crisis Response Team (MCRT)
Mon-Sat 1pm-9pm
415-473-6392

ONLINE RESOURCES

National Suicide Hotline
<http://suicidehotlines.com/>

Suicide Prevention Resource Center
<http://www.sprc.org/>

Yellow Ribbon
<http://www.yellowribbon.org/>

The Trevor Project
www.thetrevorproject.org

Self-Injurious Behaviors
www.selfinjury.com