



Salida Families,

Provided below are a list useful resources that can help your family’s social/emotional health. This document is intended to be a suggestion and should be used as needed. If your child is experiencing social/emotional challenges that are or might be affecting their success, please contact your school or one of the mental health resources listed below.

Community Resources

Resource	Contact Info	Services Provided
Aspiranet	(209) 576-1750 1620 Cummins Drive https://www.aspiranet.org/	Individual, group and family counseling. Culturally sensitive staff available who speak English and Spanish. FEE: Medi-Cal insurance only
Center for Human Services	(209) 526-1440 2000 Briggsmore Ave, Ste. I https://www.centerforhumanservices.org/	Individual, group and family counseling. Services offered in English and Spanish. FEE: Sliding scale; accepts Medi-Cal.
Children’s Crisis Center	(209) 577-0138/(209) 577-4413 1244 Fiori Avenue https://www.childrenscrisiscenter.com/	Individual, group and family counseling. Services offered in English and Spanish. FEE: Sliding scale; accepts Medi-Cal.
Community Hospice	(209) 578-6300 4368 Spyres Way https://hospiceheart.org/	Support groups for people grieving loss of a parent, child, sibling, friend or significant other. Culturally competent bilingual staff available. FEE: None
El Concilio	(209) 523-2860 1314 H Street https://www.elconcilio.org/	Counseling, referrals and education. Free ESL/citizenship classes, immigration, first time home buying/ financial literacy, assistance, support groups, counseling/referrals, health and parent education. FEE: None
Haven Women’s Center	(209) 524-4331 24hr crisis line- (888) 454-2836 618 13th Street, Suite I https://www.havenwcs.org/	Education/ emotional support groups, individual counseling, rape crisis intervention help, domestic violence, restraining orders, battered women’s shelters. Youth groups for children and teens impacted by DV or sexual abuse. FEES: Free support groups; no fee for any services.

Jessica's House	(209) 250-5395 741 E. Main Street, Turlock http://jessicashouse.org/	Jessica's House provides support in a safe place for children, teens, young adults and their families grieving a death. Fee: none
Josie's Place Drop-In Center	(209) 558-4464 1208 9th Street	Provides a safe environment for 16-25 year olds with serious emotional disturbance or mental illness. Employment and housing resources, access to computers, games, billiards, organized activities. FEE: None
Parent Resource Center	(209) 549-8822/(209) 549-8193 530 S. Santa Cruz Avenue/ 811 5th Street http://www.prcfamilies.org/	Resource centers provide a wide range of services from support (clothes closets and food) to mental health counseling. FEE: None
Parents United	(209) 524-4858 610 14th Street https://www.parents-united.net/	One-on-one counseling for adults molested as children and adult offenders; groups for children. FEE: Medi-Cal, Private Insurance, Victim Witness. Free for uninsured Stanislaus County residents
Sierra Vista Child and Family Resources	Children: (209) 550-5869 1400 K Street, Ste. B Adults: (209) 524-6371 1030 15th Street https://www.sierravistacares.org/	Variety of child, adult and family services including individual/family and divorce counseling, court ordered counseling, parent education, anger management, domestic violence programs. FEE: Sliding scale, private insurance, Medi-Cal, no-fee parenting classes.