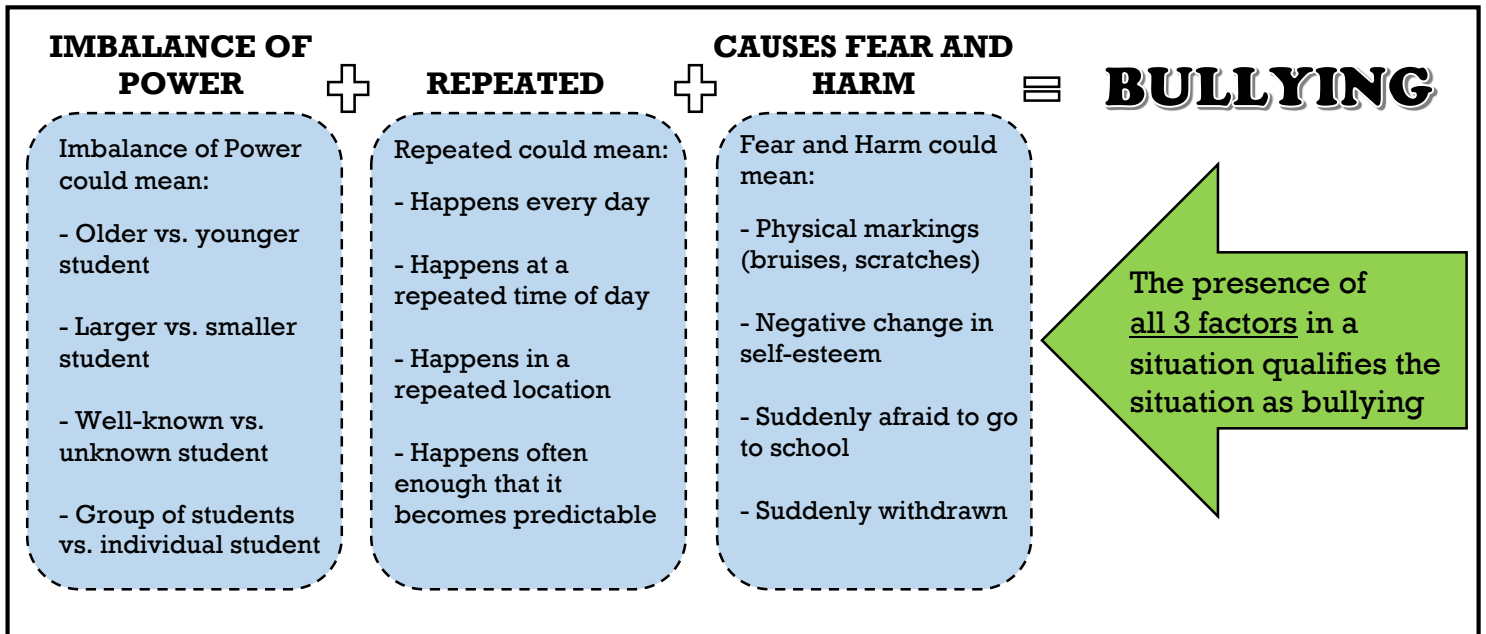


BULLYING PREVENTION MONTH

October is National Bullying Prevention Month. Student safety is our highest priority. We want to create a school environment where students feel safe to learn and be themselves, and where they feel accepted and connected. Please use this newsletter as a resource to understanding and preventing bullying behavior from occurring in our school. Thank you for your continued support!

What is bullying?

IDENTIFYING FACTORS



What does bullying look like?

TYPES OF BULLYING BEHAVIOR

PHYSICAL BULLYING

Causing physical harm to someone

Hitting, kicking, pushing, punching, scratching, pinching, spitting on, tripping, slapping, pulling hair, choking, etc.

VERBAL BULLYING

Using words to cause fear or harm to someone

Name-calling, teasing, threatening, making inappropriate comments about someone's culture, race, or physical appearance

SOCIAL BULLYING

Preventing someone from having relationships with others

Excluding, gossiping about someone, telling others not to be friends with someone, embarrassing someone in front of others

When to Report an Incident

Every day, children are learning how to get along with others. Conflict is a natural part of being human. However, typical disagreements between children can often be misinterpreted as bullying, when all that is needed is a little social guidance and understanding. While any reported incident of bullying is taken very seriously, here are some guidelines to help your children determine if they should report an incident as bullying:

Tattling vs. Reporting

TATTLING		REPORTING
Gets someone in trouble		Keeps someone safe
You can handle it yourself or ignore it		You need an adult's help to handle it
Harmless situation		Someone could or did get hurt
Behavior is on accident		Behavior is on purpose
Not important		Important

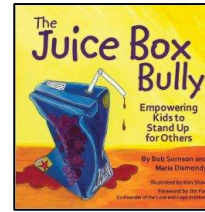
BULLY BLOCKER PLEDGE

I will not bully other students.

I will help others who are bullied by speaking up and getting help from an adult.

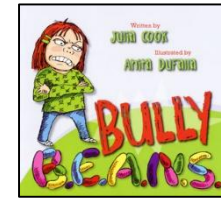
I will include others who are left out.

BOOKS ABOUT BULLYING



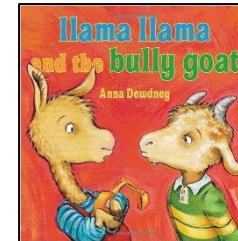
The Juice Box Bully
by Bob Sornson
Have you ever seen a bully in action and done nothing about it?

The kids at Pete's new school get involved, instead of being bystanders. When Pete begins to behave badly, his classmates teach him about "The Promise". Will Pete decide to shed his bullying habits and make "The Promise"?



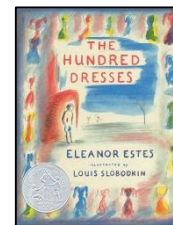
Bully B.E.A.N.S.
by Julia Cook
A fun story that teaches people of all ages to become proactive when it comes to bullying.

This book can help children and adults understand why bullying happens and what they can do to stop it.



Llama Llama and the Bully Goat
by Anna Dewdney

Llama Llama is learning lots of new things at school and making friends. But when Gilroy Goat starts teasing him and some of their classmates, Llama Llama isn't sure what to do. And then he remembers what his teacher told him - walk away and tell someone. It works! But then Llama Llama feels badly. Can he and Gilroy try to be friends again?



The Hundred Dresses
by Eleanor Estes

Wanda Petronski, a Polish girl in a Connecticut school, is ridiculed by her classmates for wearing the same faded blue dress every day. Wanda claims she has one hundred dresses at home, but everyone knows she doesn't and bullies her mercilessly. The class feels terrible when Wanda is pulled out of the school, but by that time it's too late for apologies. Maddie, one of Wanda's classmates, ultimately decides that she is "never going to stand by and say nothing again."