

School Bell Times

Presentation to the Special Administrative Board

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Agenda

- Current Situation
- Options Evaluated
- Considerations
- Recommendation

Current Situation

- Currently operate 283 buses on 3 tiers – 21,528 eligible riders
 - Tier 1 – 7:10am – 2:07pm (18 schools/6,338 students)
 - Tier 2 - 8:05am – 3:02pm (25 schools/7,156 students)
8:15am – 3:12pm (11 schools/2,095 students)
 - Tier 3 - 9:10am – 4:07pm (16 schools/4,421 students)
9:20am – 4:17pm (5 schools/1,518 students)
- Need sufficient time between bell times to transport students across district
 - Magnets
 - Students attending schools out of boundary
- Total annual cost to and from school \$20 million

St. Louis Public Schools

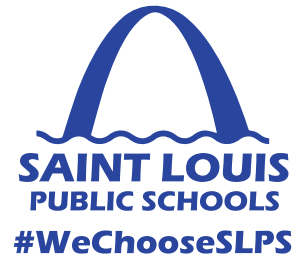
Current Situation

- Frequent requests to move to later start times, particularly for high schools
- Research suggests that high school students perform better with later school start times and more sleep

“The natural sleep-wake pattern shifts during adolescence, making earlier bed time and wake times more difficult. The results for students with early school start-times is a chronic sleep deficit.”

Centers for Disease Prevention and Control - 2010

Other District Comparison



- High School Start Times 2014-15

7:10am	SLPS (most magnets)
7:23/7:25am	University City, Hazelwood, Lindbergh, Pattonville
7:35am	Ladue, Parkway (partial)
7:55am	Webster Groves
8:05am	Ritenour*, Parkway (partial) SLPS (comprehensives, CSMB)
8:16am	Rockwood**

*Ritenour middle schools start at 7:45am

** Rockwood middle schools start at 7:30am

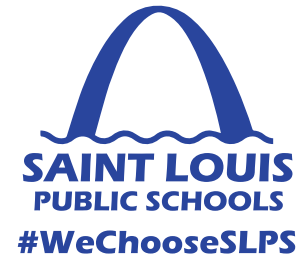
Options Evaluated

	<u>Additional Cost</u>
• Later Start Times	
• 30 min later – all 3 tiers	\$0
• 20 min later – all 3 tiers	\$0
• 30 min later 1 st 2 tiers, no change 3 rd tier	\$9.2M
• 20 min later 1 st 2 tiers, no change 3 rd tier	\$5.7M
• 20 min later 1 st 2 tiers, 10 min later 3 rd tier	\$2.3M
• 2 Tier vs. 3 Tier	
• Start times 7:45am/9:00am	\$6.8M
• Bus Passes for High School	
• Keep 3 tier but move times later for elem/middle	\$5.0M

Considerations

- Depending on the decision, a shift in bell times would affect the schedules and routines of staff, students and parents
- Later start times could result in more delays as route times would overlap to a greater degree with morning and evening rush hour traffic
- After school activities and sports programs would be impacted

Recommendation #1



- Keep current bell times for 2015-16 school year
 - Tier 1 - 7:10am – 2:07pm
 - Tier 2 - 8:05am/8:15am – 3:02pm/3:12pm
 - Tier 3 - 9:10am/9:20am – 4:07pm/4:17pm

Recommendation #2

- Move all tiers 20 minutes later at no additional cost
- New Proposed Bell Times

Tier 1

7:10am – 2:07pm → 7:30am – 2:27pm (18 schools/6,338 students)

Tier 2

8:05am – 3:02pm → 8:25am – 3:22pm (25 schools, 7,156 students)
8:15am – 3:12pm → 8:35am – 3:32pm (11 schools/2,095 students)

Tier 3

9:10am – 4:07pm → 9:30am – 4:27pm (16 schools/4,421 students)
9:20am – 4:17pm → 9:40am – 4:37pm (5 schools/1,518 students)

Questions?