

# FOOD AND NUTRITION SERVICES UPDATE

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# OVERVIEW AND PURPOSE

The purpose of this presentation is to provide an update on the National School Breakfast and Lunch Program.

- United States Department Agriculture (USDA) Nutritional Guidelines Update**
- Meal Participation Rates**
- Budget Update**
- Focus Areas and Challenges**

# USDA GUIDELINES

## COMPLETED

### 2017-2018

#### New Child and Adult Care Feeding Program Guidelines(CACFP):

- The guidelines have included a greater variety of vegetables and fruit, more whole grains, and less added sugar and saturated fat.
- The changes are based on the Dietary Guidelines for Americans
- Implemented new guidelines on September 1st

#### SAB passed the School Wellness Policy:

- Policy is mandated by USDA and Department of Elementary and Secondary Education (DESE)*

## IN PROGRESS

### 2017-2018

#### Increase Breakfast Participation

- Grab and Go Breakfast Cart Programs-**
  - 23 schools are participating in the Grab and Go Breakfast Cart Program
- Breakfast In the Classroom (BIC) Program**
  - Partners for Breakfast In the Classroom Grant
  - Grant Amount: \$259,268.00 for 46 schools
  - The Implementation Plan is for 3 years

### 2018-2019

#### Target 2 sodium reduction for both breakfast and lunch

- Waiting on the update from USDA*

# MEAL PARTICIPATION

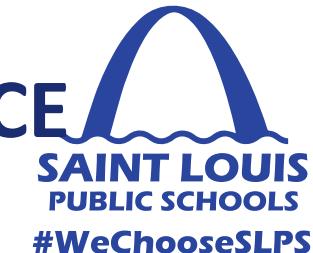
	2014-2015	2015-2016	2016-2017	2017-2018
Breakfast Participation	60%	60%	60%	<b>*61%</b>
Lunch Participation	84%	87%	86%	<b>*85%</b>

## Participation rates are due to:

- Breakfast carts at selected middle and high schools
- A 2% declining enrollment
- Low attendance percentage (93.2%)

\*2017-18 denotes half of the year

# SOUTHWEST FOODSERVICE PERFORMANCE



	2016-17 Projected	2016-17 Actual	*2017-18 Projected	2018-19 Proposed
# of Meals (MM)	5.9	5.8	5.7	6.3
Revenues	\$17.1	\$16.6	\$16.3	\$18.5
Expenditures	<u>\$16.7</u>	<u>\$15.8</u>	\$15.9	\$17.5
Surplus/Deficit	\$0.4	\$0.8	\$0.4	\$1.0

## \*2017-18 Projection

- Projecting 2% decline in enrollment
- Fewer meals served due to lower attendance
- Stabilization of food and labor costs

# FOCUS AREAS & CHALLENGES

## FOCUS:

- Implementing Breakfast in the Classroom at 46 elementary schools
- Increasing new food concepts at middle and high schools
- Promoting nutrition education and training programs for students and food service staff

## CHALLENGES:

- Enrollment and attendance
- Increasing breakfast participation per USDA Guidelines
- Upgrading kitchen equipment (Coolers and freezers)

# QUESTIONS?



Rainbows and Butterflies  
Shaw Elementary



Former President Bill Clinton's visit to  
Gateway Middle School



Thanksgiving Meal  
Central VPA High School