

# Saint Jo ISD Food and Nutrition Update

## 2022-2023

Saint Jo ISD Food & Nutrition Department follows the nutritional guidelines set forth to provide a healthy meal for our students and staff.

During the COVID-19 pandemic, Congress authorized spending that allowed schools to serve free meals for all students. Those funds are not authorized to continue for the 2022-2023 school year. As a result, Saint Jo ISD must return to charging for school meals and offering free and reduced-price meals based on student eligibility. Starting August 1, 2022, Saint Jo ISD will make available applications to the households of the children in the district about eligibility benefits. Families are encouraged to complete the Application for Free and Reduced-Price School Meals online, [www.mymealtime.com/apps](http://www.mymealtime.com/apps) or return the completed form to any school office.

We also provide a web based service that allows parents to make payments online and monitor what their child is eating. You can utilize the website, [www.mymealtime.com](http://www.mymealtime.com) or download the My MealTime app to your smartphone. You will need your student's ID number (which is on their report cards) to set up an account.

All students need money on their account to purchase meals, a la carte item(s) and seconds. Prices and menus can be found on the district website ([www.saintjoisd.net](http://www.saintjoisd.net)). The district Charge Policy is available in the Parent Portal or on the district website.

Due to State regulations, if your child is allergic to any food products, we need a Dr.'s note on file. If you believe your child should have a note on file already, please confirm with the director or campus office to verify.

Contact the cafeteria if you need any assistance or have questions; (940)995-2668.

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