



#WeAreSachem

Kindness and Care Shine During Districtwide P.S. I Love You Day Celebration



Video: Sachem Celebrates P.S. I Love You Day

Across the Sachem Central School District, students and staff collectively blanketed the district in purple attire and heartwarming lessons and activities in a special show of support for mental health awareness, as part of the annual celebration of P.S. I Love You Day on the second Friday in February.

As part of their weeklong celebration promoting kindness, students across grade levels participated in social-emotional learning activities that let them share uplifting messages with their peers. Students completed activities such as creating Kindness Grams, sharing kind messages with classmates they normally would not socialize with to create deeper connections throughout the school community. They also crafted puzzle pieces showcasing ways they have lifted others up in the past and created cards for a random classmate showcasing reasons friends are special.

Several buildings created virtual resources for students to visit to expand the reach of this celebration of kindness and mental health awareness. Daily postings of mental health messages with the theme of "Together, We Will Rise" promoted kindness, self-love and self-care. The day allowed students to thank and acknowledge members of the Sachem community who lift them up, make their day and make others feel valued by filling out a form to send them a special postcard.

For several years, Sachem has participated in P.S. I Love You day in a proactive effort to prioritize student's mental health and normalize expressing their feelings in a safe and caring environment.

P.S. I Love You Day Celebration Spotlight



Kindness, creativity and an exploration of technology came together for an engaging activity at Tamarac Elementary School, as third grade students in Kathleen Devine's class used Ozobots in celebration of P.S. I Love You Day.

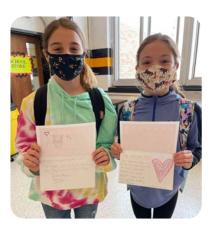
Students at Cayuga Elementary School participated in a weeklong celebration of P.S. I Love You Day as they completed activities including Kindness Grams to spread messages of kindness to their classmates, crafted purple sun catchers to shine rays of purple for all of Cayuga to see and kindness links to display positive messages throughout the hallways.





Students at Hiawatha Elementary School celebrated P.S. I Love You Day with a plethora of social-emotional learning activities including creating puzzle pieces showcasing acts they have done to uplift others and inspire their classmates, designing care quilts from post-it notes that express inspiring messages of kindness and raised more than \$300 for P.S. I Love You Day.

Students at Lynwood Avenue Elementary School engaged in numerous P.S. I Love You Day activities such as creating cards to share with their friends about why they are special, brainstormed on ways to be kind to others and wrote messages of kindness to keep their classmates hearts full of joy at all times.



Sachem High School East shared important message of P.S. I Love You Day to students and staff through a QR code that, when scanned, brought students to virtual activities for the week and Purple Hearts with the code were available throughout the building. Students also had the opportunity to thank and acknowledge the members of the Sachem community that lift them up with postcards and peer educators made ribbons and visited classes to explain the important message of P.S. I Love You Day.



Samoset Middle School celebrated P.S I
Love You Day by virtually logging into the
Samoset Guidance Suite's Google
Classroom for daily postings of mental
health awareness and education,
promoting kindness, self-love and selfcare. Teachers surprised students with a
bulletin board in the main hallway filled
with positive affirmations as a reminder
that all students are loved and students
crafted hundreds of heartfelt Valentine's
Day cards to senior citizens at Bristal
Assisted Living Facility in Lake Grove.



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Student Spotlight

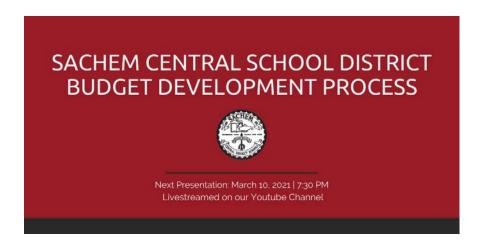
Board of Education Recognizes Student-Author



At the most recent meeting of the Sachem Central School District Board of Education, the Board recognized Nokomis Elementary School fifth grade student Aviah Singh for publishing a book she wrote.

"Be You. Be Cool. Be Kind." was recently written by Aviah and published where it is now available for purchase online. The book outlines numerous situations students could encounter during the school day and how to effectively navigate them using positivity, kindness and inspiration.

"I wanted to write this book to spread kindness," Aviah said. "I wanted to tell all of my stories to help kids in elementary school better understand these situations."



As the Sachem Central School District continues to work through the budget development process for the 2021-2022 school year, important budget presentations are delivered at each of the Sachem Central School District Board of Education meetings leading up to the budget vote on Tuesday, May 18, 2021.

To view all past and future budget information, please visit the district website.

Budget Information



Photographs shown in the graphic above were taken during previous school years

Facebook

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Website

Board of Education

The Board of Education is composed of nine community members elected by district

residents to serve overlapping three-year terms of office. The Board has the responsibility to ensure that all students receive the best education possible, as well as to express and represent the views of the community in matters affecting education.



Upcoming Meetings March 10, 2021 7:30pm

Will Air on 91.9 WSHR FM and Stream Live on our YouTube Channel

Click Here to View All Agendas and Minutes

Mission Statement

The Sachem Family (students, parents, employees and residents) works interdependently to develop leaders of great character who are highly competent, confident and caring. Most importantly we are motivating our students to become the best possible version of themselves.

WE ARE SACHEM!

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