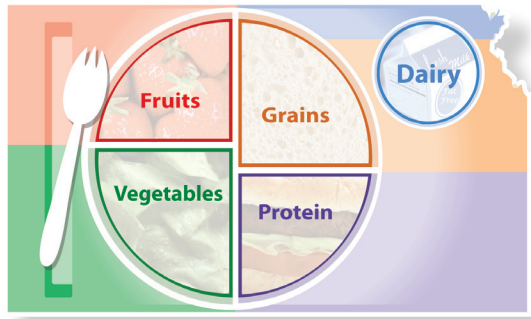


# What is "Offer?"

At **breakfast**, schools must offer students at least four food items from the following food groups: grains (with optional protein allowed), fruits and milk. Students must select at least 3 food items, one of which must be ½ cup of fruit.

At **lunch**, schools must offer students food from each of the five food groups in at least the minimum required amounts: protein, grains, fruits, vegetables and milk. Students must take items from at least three food groups in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable group.

## BUILD YOUR TRAY THE HEALTHY KANSAS WAY!



## Where will I see "Offer" Used?

	ELEMENTARY SCHOOL	MIDDLE SCHOOL	HIGH SCHOOL
Breakfast	Optional <sup>1</sup>	Optional <sup>1</sup>	Optional <sup>1</sup>
Lunch	Optional <sup>1</sup>	Optional <sup>1</sup>	Required

<sup>1</sup>Schools will decide on implementing offer.



Child Nutrition & Wellness  
 Kansas State Department of Education  
 Landon State Office Building  
 900 SW Jackson Street, Suite 251  
 Topeka, Kansas 66612-1212

(785) 296-2276

[www.ksde.org](http://www.ksde.org)  
[www.kn-eat.org](http://www.kn-eat.org)

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**Non-discrimination Statement:** This explains what to do if you believe you have been treated unfairly.

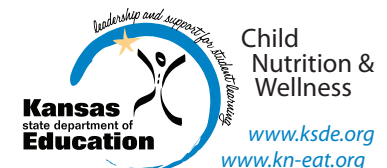
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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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# NEW KANSAS MEAL PATTERN STANDARDS INTRODUCING OFFER

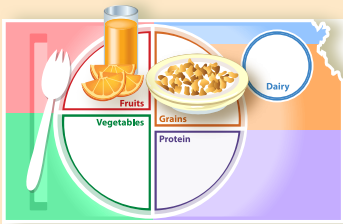


## What can a student's breakfast tray look like?

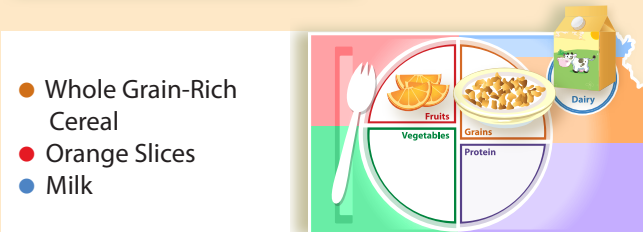
Students must select at least 3 food items, one of which must be ½ cup of fruit.\*

### BREAKFAST MENU:

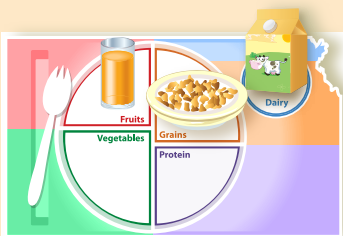
- Whole Grain-Rich Cereal
- Orange Slices
- Fruit Juice
- Milk



- Whole Grain-Rich Cereal
- Orange Slices
- Fruit Juice



- Whole Grain-Rich Cereal
- Orange Slices
- Milk



- Whole Grain-Rich Cereal
- Juice
- Milk

## Everyone Wins with Offer

### THE MANY BENEFITS OF "OFFER"

- |                       |   |
|-----------------------|---|
| Administrators        | <ul style="list-style-type: none"> <li>• Students get the balanced nutrition they need to succeed in the classroom.</li> <li>• Meal choices mean less food is thrown away.</li> <li>• Produces a pleasant dining environment.</li> </ul>                                    |
| Child Nutrition Staff | <ul style="list-style-type: none"> <li>• Greater participation in school meals.</li> <li>• Conservation of resources — food, money, time.</li> <li>• Satisfied kids return for the next school meal.</li> </ul>   |
| Teachers              | <ul style="list-style-type: none"> <li>• Fewer behavior issues in the cafeteria.</li> <li>• Nutrition education can be reinforced in the classrooms.</li> <li>• Satisfied kids will be fueled for learning.</li> </ul>  |
| Families              | <ul style="list-style-type: none"> <li>• School meals are a great value.</li> <li>• Gets students and families involved with nutrition.</li> <li>• Saves time by not having to pack lunches.</li> <li>• A variety of choice enhances the school meal experience.</li> </ul> |
| Students              | <ul style="list-style-type: none"> <li>• New foods make school meals fun.</li> <li>• The many combinations will keep school meals exciting.</li> <li>• Students learn to eat smart in a healthy school environment.</li> </ul>  |

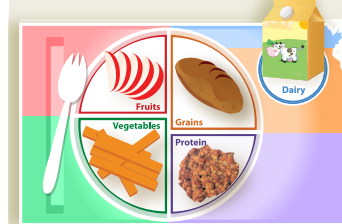
**OFFER GIVES ALL KIDS HEALTHY CHOICES!**

## What can a student's lunch tray look like?

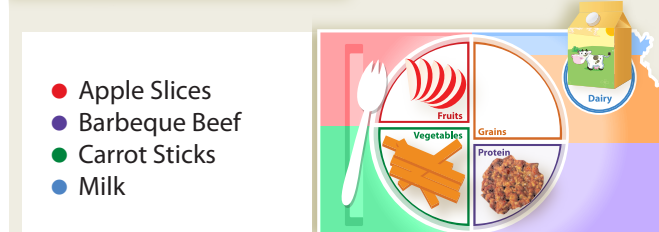
Whether a student takes 3, 4 or 5 of the food choices\*, the meal is the same price.

### LUNCH MENU:

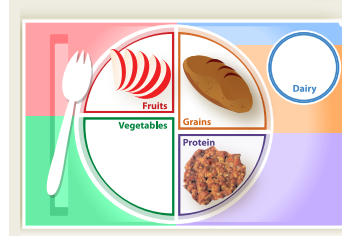
- Apple Slices
- Whole Wheat Roll
- Barbeque Beef
- Carrot Sticks
- Milk



- Apple Slices
- Whole Wheat Roll
- Barbeque Beef
- Carrot Sticks
- Milk



- Apple Slices
- Barbeque Beef
- Carrot Sticks
- Milk



- Apple Slices
- Barbeque Beef
- Whole Wheat Roll

\* Students must select at least ½ cup of fruits and/or vegetables

\* Students must select at least ½ cup of fruit.