



GRAND RIVER CONFERENCE TRACK & FIELD

King City High School

King City, MO

May 3rd, 2022

- 12:00pm** Implement Weigh-in
12:30pm Coaches meeting- scratches only

FIELD EVENTS

3 Jumps/Throws, top 9 to finals for 3 additional attempts

1:00pm

- G Pole Vault
- B High Jump
- B Discus
- G Triple Jump
- G Javelin
- B Long Jump
- G Shot Put

*2:30pm (approximate time)

- B Pole Vault
- G High Jump
- G Discus
- B Triple Jump
- B Javelin
- G Long Jump
- B Shot Put

TRACK EVENTS

All events are girls followed by boys, unless otherwise noted

- 1:30** 3200m Run
- 3:30** Running events begin with a rolling schedule
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|--------------------------|--------|
| 4x800m Relay | Finals |
| 100m Hurdles (Girls) | Finals |
| 110m High Hurdles (Boys) | Finals |
| 100m Dash | Finals |
| 4x200m Relay | Finals |
| 1600m Run | Finals |
| 4x100m Relay | Finals |
| 400m Dash | Finals |
| 300m Low Hurdles (Girls) | Finals |
| 300m Int. Hurdles (Boys) | Finals |
| 800m Run | Finals |
| 200m Dash | Finals |
| 4x400m Relay | Finals |

GRC SCHOOLS: Albany, Gallatin, King City, Maysville, Milan, North Andrew, North Harrison, Pattonsburg, Polo, Princeton, Putnam County, South Harrison, St. Joseph Christian, Stanberry, Trenton, Worth County