



KING CITY R-1 SCHOOLS

HOME OF THE WILDKATS

Grand River Conference Track Meet

Date: Tuesday May 3rd, 2022

Site: King City High School- Wehrli Field

Entries: Entries will be made at <https://mo.milesplit.com/>

- Entries Open NOW
- Entries Close **May 2nd @ 12:00pm**
- Scratch @ coaches meeting @ 12:30pm May 3rd

Weather: Makeup date Wednesday, May 4th

Admission: \$4.00 – adults, \$3.00 – student and senior citizens are free. NO PASSES

Scoring: 10-8-6-5-4-3-2-1

Surface: All-weather track; only 1/8 pyramid spikes are allowed.

Awards: Medals will be awarded for the first six places in individual events and the top four relay teams. Plaques will be awarded to the 1st place teams for boys and girls. Places will be scored on the top eight.

Hospitality: Hospitality will be provided for coaches/workers/bus drivers/administrators. Meal tickets will be distributed to the coaches during the scratch meeting.

Buses: Please have your buses park in the lot north of the High School. Buses may drop athletes off at the track and then proceed to the bus parking lot. A detailed bus map will be sent out in the coming weeks.

Grounds: Please have your teams pick up their camps at the conclusion of the track meet. We will provide you with trash bags during the meet if you need some.

Meeting: Scratch meeting at 12:30pm on the 2nd floor of the press box.

Workers: I am working to have all events covered so coaches do not have to work.

Starters: Karl Hodge & Roger Giger

Trainer: Athletic Trainer will be on site– Doug Lenners.

GENERAL NOTES:

- Field event prelims – 3 attempts. Top 9 come back for 3 final attempts. (Excluding high jump & pole vault)
- Girl's pole vault will start at 1.85m (6') and boy's pole vault at 2.45m (8')
- Girls' high jump will start at 1.25m (4'1") and the boys will start at 1.55m (5'1")
- Each team will furnish its own poles, javelins, shot, discus and batons.
- All Field Event implements will be checked in at the southwest corner of the press box(garage door) starting at 12:00pm and then transported to the event by the Field Event Judge. Poles will be checked at the event site.
- No practicing field events without the event official present.
- Please use chalk/tennis ball/tongue depressor instead of tape for marking.
- Each school can have 2 entries in each individual event and one entry per relay
- Running event participants must report to the clerk at the northwest end of the track. Enter the bullpen from the west end gate.
- Starting blocks will be furnished.
- There will be a concession stand at the stadium building on the west side.
- No spikes are to be worn in the bleachers.
- Please remind your athletes to stay off the football field when not in an event.
- Restrooms are located in the stadium buildings on the west side of the field.
- No dressing facilities are available for the athletes.
- The team communities are to be located in the bleachers or outside the fence.
- Coaches: Pick up your team's medals from the press box at the conclusion of the meet.



GRAND RIVER CONFERENCE TRACK & FIELD

King City High School

King City, MO

May 3rd, 2022

- 12:00pm** Implement Weigh-in
- 12:30pm** Coaches meeting- scratches only

FIELD EVENTS

(3 Jumps/Throws, top 9 to finals for 3 additional attempts)

1:00pm

- G Pole Vault
- B High Jump
- B Discus
- G Triple Jump
- G Javelin
- B Long Jump
- G Shot Put

***2:30pm (approximate time)**

- B Pole Vault
- G High Jump
- G Discus
- B Triple Jump
- B Javelin
- G Long Jump
- B Shot Put

TRACK EVENTS

All events are girls followed by boys, unless otherwise noted

- 1:30** 3200m Run
- 3:30** Running events begin with a rolling schedule
 - 4x800m Relay Finals
 - 100m Hurdles (Girls) Finals
 - 110m High Hurdles (Boys) Finals
 - 100m Dash Finals
 - 4x200m Relay Finals
 - 1600m Run Finals
 - 4x100m Relay Finals
 - 400m Dash Finals
 - 300m Low Hurdles (Girls) Finals
 - 300m Int. Hurdles (Boys) Finals
 - 800m Run Finals
 - 200m Dash Finals
 - 4x400m Relay Finals

GRC SCHOOLS: Albany, Gallatin, King City, Maysville, Milan, North Andrew, North Harrison, Pattonsburg, Polo, Princeton, Putnam County, South Harrison, St. Joseph Christian, Stanberry, Trenton, Worth County