

Elementary Track and Field Day- May 10, 2019
Grades 3-5

8:40-9:00

Shot Put- 5th Grade
Superman Jump- 4th Grade
Long Jump- 3rd Grade

Each student gets two jumps/throws at each event.

9:00-9:30

100-Yard Dash- 3rd Grade Girls & Boys
 4th Grade Girls & Boys
 5th Grade Girls & Boys

9:30-9:50

Shot Put- 4th Grade
Superman Jump- 3rd Grade
Long Jump- 5th Grade

9:50-10:20

400 Yard Dash- 3rd Grade Girls & Boys
 4th Grade Girls & Boys
 5th Grade Girls & Boys

10:20-10:45

Shot Put- 3rd Grade
Superman Jump- 5th Grade
Long Jump- 4th Grade

10:45-11:15

200 Yard Dash- 3rd Grade Girls & Boys
 4th Grade Girls & Boys
 5th Grade Girls & Boys

11:30-12:30

Lunch Break

12:30-12:50

3rd Grade: Tug-o-War

4th Grade: Sack Race

12:50-1:10

3rd Grade: Sack Race

5th Grade: Tug-o-War

1:10-1:30

4th Grade: Tug-o-War

5th Grade: Sack Race

1:30-2:00

4x200 Relay Race- 3rd Grade Girls & Boys

4th Grade Girls & Boys

5th Grade Girls & Boys

2:00-2:30

4x100 Relay Race- 3rd Grade Girls & Boys

4th Grade Girls & Boys

5th Grade Girls & Boys

2:30-3:00- Clean Bleachers & Grounds

3:00- Playground area with teachers