

Reading with your child

Twenty minutes a day is all it takes to build key reading skills. Here are seven ways to build a better reader from birth to age five!

1. Create reading rituals and read together every day

2. Snuggle up close with a book

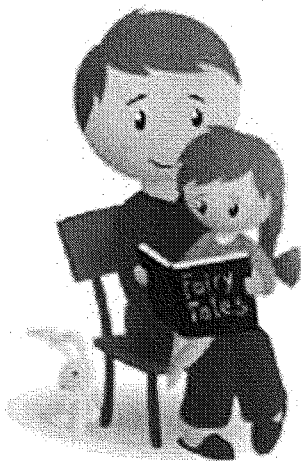
3. Talk about the pictures and ask questions

4. Share different kinds of books

5. Read with expression

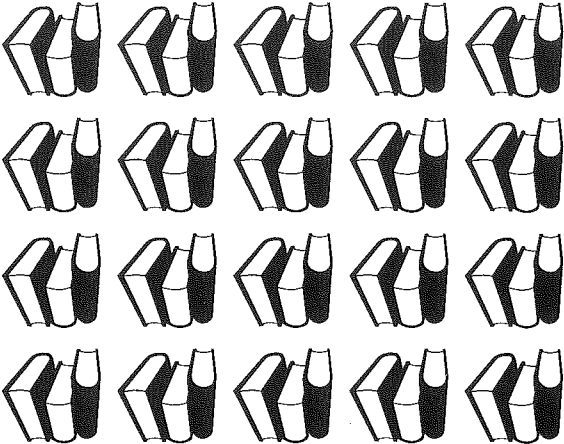
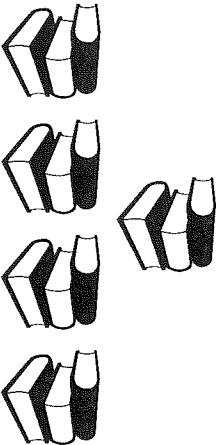

6. Read favourite books again and again

7. Record yourself reading and play it on car trips or as an alternative to television



'good readers are made
on the lap of a parent'

WHY READ 20 MINUTES AT HOME?

Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
		
❖ Scores in the 90 th percentile on standardized tests.	❖ Scores in the 50 th percentile on standardized tests.	❖ Scores in the 10 th percentile on standardized tests.

If they start reading for 20 minutes per night in Kindergarten, by the end of 6th grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 school days, and Student C will have read for 3.

(Nagy and Herman, 1987.)

WANT TO BE A BETTER READER? SIMPLY READ.