

### 3/29/2022 General Notes:

- Entry deadline is noon on March 28 at <https://mo.milesplit.com/login>
- Coaches Meeting 3:30 pm in building south side of track
- Field Events start 4:00- Teams have been assigned an event (see below)
- Running events start 5:00 (exchange zone judges- see below)
- We have an all-weather track; only 1/8 pyramid spikes are allowed.
- No entry fee.
- No admission charged
- No limit of entries on individual events. Limit of 2 per school on relays
- No prelims all- running events are finals – All field events – four attempts.
- There will be a concession stand at the stadium building south of the field.
- NO spikes are to be worn in the bleachers or on the turf field.
- Please remind your athletes to stay off the football field when not in an event.
- Restrooms are located in the stadium buildings north and south of the field.
- No dressing facilities are available for the athletes other than restrooms.
- The team communities are to be located in the bleachers or outside the fence.
- Each team will furnish its own javelin, pole, shot, discus and batons.
- Girls' high jump will start at 120 cm and the boys will start at 150 cm. It will be raised in 5 cm increments
- There will be a girls and boys pole vault. Girl's pole vault will start at 210 cm and the boys' pole vault 240 cm. It will be raised in 15 cm increments
- Long and triple jumps will be run cafeteria style with a one-hour time limit.
- Starting blocks will be furnished.
- We will be having a javelin throw at the old practice football field next to softball field
- There will be a co-ed (minimum of 2 girls) 400m throwers' relay. Participants in this event must be registered as throwers that day. Pizza for the winning team!
- Schools attending- Putnam, Milan, Kirksville, and Atlanta

**Field Events (4:00):**

- 1<sup>st</sup> Girls Discus (Putnam)
- 2<sup>nd</sup> Boys Discus
- 1<sup>st</sup> Boys Shot Put (Milan)
- 2<sup>nd</sup> Girls Shot Put
- 1<sup>st</sup> Boys High Jump (Kirksville)
- 2<sup>nd</sup> Girls High Jump
- 1<sup>st</sup> Girls Triple Jump (Putnam)
- 2<sup>nd</sup> Boys Triple Jump
- 1<sup>st</sup> Boys Long Jump (Atlanta)
- 2<sup>nd</sup> Girls Long Jump
- 1<sup>st</sup> Girls Pole Vault (Putnam)
- 2<sup>nd</sup> Boys Pole Vault
- 1<sup>st</sup> Boys Javelin (Putnam)
- 2<sup>nd</sup> Girls Javelin

**Running Events (5:00)**

- 4x800-Meter Relay-Girls
- 4x800-Meter Relay-Boys
- 100-Meter Hurdles-Girls
- 110-Meter High Hurdles-Boys
- 100-Meter Dash-Girls
- 100-Meter Dash-Boys
- 4x200-Meter Relay-Girls
- 4x200-Meter Relay-Boys
- 1600-Meter Run-Girls
- 1600-Meter Run-Boys
- 4x100-Meter-Girls
- 4x100-Meter Relay-Boys
- 4x100-Meter Relay Coed Throwers' Relay
- 400-Meter Dash-Girls
- 400-Meter Dash-Boys
- 300-Meter Low Hurdles-Girls
- 300-Meter Intermediate hurdles-Boys
- 800-Meter Run-Girls
- 800-Meter Run-Boys
- 200-Meter Dash-Girls
- 200-Meter Dash-Boys
- 3200-Meter Run-Girls & Boys
- 4x400-Meter Relay-Girls
- 4x400-Meter Relay-Boys

**Exchange zone judges:**

<u>Race</u>	<u>1<sup>st</sup> Exchange</u>	<u>2<sup>nd</sup> Exchange</u>	<u>3<sup>rd</sup> Exchange</u>
4x200	Milan	Putnam County	Milan
4 x100	Putnam	Kirksville	Atlanta
Throwers Relay	Putnam	Kirksville	Atlanta

### **3/29/2022 Track Meet Worker List**

There is no admission.

JH track athletes will be assigned to help with field events, hurdles and starting blocks

Finish Line-	K. Smith, J Watt, M. Dickerson
Reporter	S. Hydorn
Computer	A. Schnakenberg, S. Seaton, D. Altiser, T. Klinginsmith
Clerk-	Kyle Fleshman, B. Mayer
Announcer-	Haley Watt
Starter-	Dave Shaw
Starter Tag	Shannon Bain
Discus-	Dane Stiles
Shot-	Milan
High Jump-	Kirksville
Long Jump-	Atlanta
Triple Jump-	C Preston
Pole Vault-	M Knowles, A.Laird
Javelin	Heath Halley
Starting Blocks and Hurdles	B. Mayer, M. Schmidli, A. Laird
Concession	C Sheehan, S. Waugh

## **JH track workers 2022**

### **High Jump**

Walter Hartwig, Kiya Ferdig

### **Long Jump**

Matthew Blanchard, Riley Bunnell, Kelsey Murphy, Riley Jones

### **Finish line runners**

Angstrom Watt, Regann Calley, Lorelei Fisher

### **Triple Jump**

Traelynn Brundage, Quinn Webb, Charli Ingersoll, Diego Lopez, Cameron Cullum, Jacob Jones

### **Javelin**

Bryanna Porras, Deacon Schoonover, Bela Lopez, Lea Simmons, Matthew McMillen

### **Pole Vault**

Corey Chapman, Brayten Spring, Regan Smith, Mira Vice

### **Shot Put**

Jocelyn Valentine, Alivia Harlan, Daxton Smith, Hoyt Halley, Payton Tilden

### **Discuss**

Ashtten Campbell, Madison Allen, Bentley McCormack, Calvin Ruiz

### **Hurdles and Blocks**

Kyann Anders, Samantha Blanchard, Boden Darling, Henry Sivetts, Sawyer Morgan, Treven Riediger

Make sure to check out with the coach before you leave and stay until the event is finished.

**Everyone** be prepared to help with the movement of hurdles.