

MASON COUNTY Community Services List

For Crisis Intervention, Resources and Referrals

The Crisis Clinic of Thurston and Mason Counties

360-586-2800 - 24 Hours Every Day

Visit our website at: www.crisis-clinic.org - Like us on Facebook and Instagram

360 AREA CODE unless otherwise noted

Washington State 211 (Mon-Fri 9am – 3pm) <u>www.resourcehouse.com/win211</u> Mason County Sheriff Non-Emergency Line 426-4441 **CHILDREN / YOUTH / TEENS FOOD & NUTRITION** Big Brothers / Big Sisters of SW, WA (Children Matched w/ Adult Volunteers) Food Banks Saints Pantry 427-8847: Hood Canal 877-6507. North Mason 275-4615 943-0409 Food Stamps, DSHS - CSO 1-877-501-2233 Boys and Girls Club of North Mason County 362-1855 Child Care Action Council-Resource & Referral Line 360-754-0810 or _ 800-446-1114 Garden Raised Bounty (GRuB) 753-5522 Senior Nutrition Program (Meals on Wheels) Shelton 426-3697 Child Protective Services (24 hours) 866-764-2233 or 866-363-4276 Women, Infants, Children (WIC) Nutrition Program (CAC) 426-9726 Children and Parents First (parenting skills/child care) BHR switchboard 704-7170 Children's Mental Health Program, BHR 704-7170 or 800-825-4820 **HEALTH / HOSPITALS / CLINICS** Division of Children and Family Services, DSHS 432-2050 or 888-283-2634 Assured Home Health 236-920 or 1-800-556-1611 Hospice 352-0711 Community Youth Services (Shelter, Resource Info, & Services for At Risk Youth) 943-0780 CareNet Pregnancy Clinic (pregnancy counseling/testing, baby supplies) CHOICE Regional Health Network (low income access to health services) 427-9171 National Runaway Safeline (24 hours) 800-786-2929 539-7576 Parent to Parent (families caring for someone w/special needs) 352-1126 Dental Clinic, Sea Mar Community Health (low income) 570-8016 462-0125 **Shelton Family Center** Family Health Hotline (Watch Me Grow Washington) 1-800-322-2588 South Puget Intertribal Planning Agency - Children & Family Services
Teen Link (Crisis Connections – Texting Available) 426-3990 Franciscan Medical Center, Bremerton 377-3911 Emergency Room: 792-6710 866-833-6546 Health Care Center (Walk-ins Accepted, No Medicare/Medicaid; Spanish Avail.) 426-9717 Youth Help Line (Crisis Clinic; 24 hours) 586-2777 Health Department, Mason County (AIDS Testing, HIV/AIDS, Case Mgmt, SUBSTANCE USE DISORDER SERVICES Children's Services, Immunization, Maternity Support, Pregnancy Testing, STD Clinic, Vital 427-9670 Ext. 400 __ Belfair 275-4467 Ext. 400 _ Elma 482-5269 Alcoholics Anonymous (AA) (Alanon & Alateen; 24 hours) 352-7344 or Belfair 275-9868 Records) Alternatives Professional Counseling (Olympia) HIV/AIDS Hotline, National 800-272-2437 or 800-232-4636 357-7986 Narcotics Anonymous (NA; 24 hours) 360-664-3162 Ext. 143 or Homecare Referral (Agency on Aging) 800-970-5456 754-4433 426-2653: 800-824-8885 868-2697 or 426-0890 Mason Clinic (Walk-in, Non-emergent Illnesses/Minor Injuries) Northwest Resources (Shelton)_ Main 426-1611 or N Mason 275-8614 TDD 4279593 Mason General Hospital Recovery Services (Chemical Dependency Outpatient Program), BHR 704-7170 Medical Assistance (coupons), CSO (DSHS) 877-501-2233 704-7590 Sea Mar Behavioral Health (incl. Spanish speaking services) Olympia Free Clinic (call for hours) 890-4074 Snohomish Tribe Alcohol and Chemical Dependency 877-2008 TANF Program 877-2200 (Lacey) 413-6910 or 888-764-7243 Olympia Union Gospel Mission Dental Clinic (Dental/Vision for Uninsured) 943-6400 South Sound Clinic (Evergreen Treatment Services) Paratransit Services (transportation to medical appointments) _ 800-756-5438 TDD 800-934-5438 Planned Parenthood (birth control, pregnancy testing, counseling) ___ 800-769-0045 or 426-2933 The Harvest Program (Mothers and Expecting Women Seeking Addiction Recovery) _ True North Student Assistance & Treatment Services (Shelton) 426-1696 427-2050 Poison Center, WA (info for poison/overdose; 24 Hours) _ V/TDD 800-222-1222 Washington Recovery Help Line (Substance Abuse, Gambling, Mental Health) 866-789-1511 Providence Sound Home Care & Hospice
Sea Mar Community Health Center, Medical (low income/Hispanic) Washington State Problem Gambling Help Line (24 hours) 800-547-6133 459-8311 or 800-869-7062 491-1399 **COUNSELING / MENTAL HEALTH** Senior Case Management (Area Agency on Aging) 427-2225 Behavioral Health Services (BHR) 426-1696 or 800-825-4820 SHIBA (State Health Ins. Benefit Advisers) Medicare, Sup. Ins. Info 800-562-6900 Community Youth Services (Counseling & Services for At Risk Youth) 943-0780 Skokomish Indian Tribe Health Clinic 426-5755 754-1338 or 800-270-0041 Designated Crisis Responders (Involuntary Detention 24 hours) **HOUSING ASSISTANCE / EMERGENCY SHELTERS** Mason Clinic - Behavioral Health 426-2653 Mental Health Access Program (MHAP a Service of the Olympia Free Clinic) Community Action Council (Rental, Utilities Assis, WIC) _ 426-9726 890-4074 NAMI Thurston/Mason (an affiliate of the National Alliance on Mental Illness) 493-6021 Crossroads Housing (Emergency Shelter)_ 427-6919 Providence St Peter Hospital Psychiatry (Med. Management) No Counseling Services_ 493-7064 Bremerton Housing Authority, serves Mason (housing for low-income, disabled, elderly) 373-0420 Sea Mar Behavioral Health (incl. Spanish speaking services) 704-7590 Haven House (shelter/crisis center for teens 12-17) 754-1151 S. Mason 427-6919 ext. 206; N. Mason 552-2303 Housing Crisis Support Center Skokomish Tribal Mental Health Clinic 426-7788 Housing Options for Students in Transition (for youth ages 16-21) _ South Sound Behavioral Hospital (24/7 Free Assessment) 844-949-8888 426-7664 Kitsap Community Resources (shelter) N Mason South Puget Sound Intertribal Planning Agency (tribal housing) Squaxin Island Tribe - Mental Health Program _ 426-1582 377-0053 426-3990 Washington Warm Line (Support line for anyone with mental health challenges) 877-500-9276 Turning Pointe (domestic violence shelter) 432-1212 or 877-923-1212 **DISABILITIES - PHYSICAL / MENTAL** SAFETY / LEGAL / CONSUMER ASSISTANCE & SUPPORT Adult Protective Services, DSHS (report abuse to vulnerable adults) 664-9061 or 877-734-6277 Child Support Enforcement Office, DSHS 800-345-9964 or 800-442-5437 Arc of WA State (Advocates for Rights of Citizens w/ DD) _ Olympia 357-5596 Blind, WA State Dept of Services for the 800-552-7103 CLEAR Hotline (Coordinated. Legal Ed Advice/Referral) 888-201-1014 Deaf & Hard of Hearing Services, WA State Office of Exceptional Foresters (residential support for dev disabled adults) Consumer Protection Division, (Attorney General, unfair business) 800-551-4636 800-422-7930 Department of Health, Mason County 427-9670 426-0077 Gift for Special Children (financial/referral assistance) (24 hours) 427-7058 Disability Rights Washington (dev disabled, mentally ill) _ 800-562-2702 or 206-324-1521 Olympia 956-1155 Long Term Care Program, CCS (in-home assistance) 427-2230 or 800-642-8026 Dispute Resolution Center (mediation services) _ Human Rights Commission, WA State 753-6770 or 800-233-3247 Shelton School District - Special Services (birth-21 years) 426-2151 Long-Term Care Ombudsman (mediation/advocacy in nursing homes) 800-562-6028 or 943-6018 Social Security Information Line (SSI/ Medicare) 800-772-1213 800-374-3747 or 427-5033 800-787-7233 or TTY 800-787-3224 South Sound Parent to Parent (Supporting Parents of Individuals with special needs) 352-1126 Mason Transit Authority_ National Domestic Violence Hotline (24 hours) Vocational Rehabilitation, Division of (DVR) _ 800-830-3243 P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights) _ 352-9716 or 866-343-9716 WA Talking Book & Braille Library 800-542-0866 Tenant Rights Hotline (Seattle Number) 206-723-0500 **EMPLOYMENT / EDUCATION / LITERACY** Thurston County Family Justice Center (Family Support Center)_ 754-9297 Career Quest (Employment Services for Adults w/ Disabilities) 427-7300 432-1212 or 877-923-1212 Turning Pointe (Domestic Violence Advocates, 24 Hours) CHOICE High School (alternative high school for ages 14-21) 426-7664 Victim/Witness Assistance 427-9670 Ext. 417 or N. Mason 275-4467 Ext. 417 Family Education & Support Services (Parenting Support/Child Dev) _ 877-813-2828 or 754-7629

Job Corps (Vocational Ed & life skills training, ages 16-24) _______ 754-3668 **SENIORS** Adult Protective Services, DSHS (investigates reports of abuse) 877-734-6277 Mason Co Youth Programs (employment for special needs youth, 16 - 22) 426-1200 427-2225 or 877-227-4696 North Mason School District 277-2300 Area Agency on Aging (info and case management) 586-4491 Care Connection_ Olympic College Shelton (basic college/GED prep/Adult Basic Education) 432-5400 Shelton School District 426-1687 Catholic Community Services (Home Care) 586-2960 Faith in Action (supporting independent living) 275-0535 Shelton Timberland Library 426-1362 Sound Learning (tutoring for reading, writing, ESL, GED) 426-9733 Older Adult Services, BHR (counseling/case management) 704-7170 or 800-825-4820 800-756-5438 TDD 800-934-5438 South Puget Intertribal Planning Agency (five tribes)
Work First Program, SPSCC (Pre-Employment Training/Support for those on TANF). Paratransit Services 426-3990 Senior Activities Association (meeting place/lunches) Shelton 426-7374 596-5401 Work Source-(Job Search/Training, Unemployment Comp) Senior Information & Assistance (AAA) 427-2225 Ext. 101 or 77-227-4696 427-2174 SHIBA (State Health Ins. Benefit Advisers) Medicare, Sup. Ins. Info 800-562-6900 **EMERGENCY NEEDS** South Sound Care Connection (care coordination) Olympia 586-4491 Community Action Council (Limited Utility Assistance, Food).
Community Lifeline (Food, Emergency Shelter, Showers) 426-9726 SPECIFIC POPULATIONS: SERVICES & ASSISTANCE 462-4439 Cielo Project (Hispanic/Latino services) 709-0931 Community Service Office (CSO), DSHS 877-501-2233 Crazy Love Ministries (Hot meals, Clothing, Support) 358-3355 725-6147 426-4546 Mason Transit Authority (Dial-A-Ride and Bus Routes) 427-5033 or 800-374-3747 National Suicide Lifeline (24 hours; for Veterans Crisis Line Press 1) 800-273-8255 Crossroads Housing (Émergency Shelter, Rent Assis.) 427-6919 North Mason Resources (Rental Assistance, Utility Assistance and more) 552-2303 Skokomish Indian Tribe - Social & Health Services 426-4232 426-9781 Turning Point (24 hour Domestic Violence Shelter) _ 432-1212 or 877-923-1212 Squaxin Island Tribal Center South Puget Intertribal Planning Agency (social services for five tribes) 426-3990 Red Cross (Tacoma) 253-474-0400 South Puget Intertribal Planning Agency (Assistance for Tribal Members) Veterans Benefits and Services (WA State) 426-3990 800-562-2308 United Way of Mason County 426-4999